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How diet and nutritional supplements can ease the symptoms of this common disorder

> Ronald L. Hoffman, M.D. Author of Lyme Disease

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explore all promising treatments both mainstream and alternative and connect emotionally To physicians these patients seem needy and demanding They expect a lot of attention but are all too quick to question authority and battle doctors for control of medical care To patients though such physicans come off as distant and stodgy even arrogant Many walk away entirely from mainstream medicine seeking a better partnership or they neglect to mention the alternative tretments they re using for fear of disapproval Less assertive patients simply clam up put off by doctors increasingly brusque bedside manner and shorthand use of medicalese The unfortunate result in each case is the same miscommunication and missed opportunities Patiens fail to receive the best care available to them and doctor patient relationships fall far short of the caring and mutually satisfying exchanges they should be How to Talk with Your Doctor is a book for patients and doctors alike It arms patients with the tools and knowledge they need to communicate better with physicians about using the best high tech and alternative treatments while also helping doctors balance their skepticism of complementary and alternative approaches with open mindedness Mayo Clinic Medical Manual and Mayo Clinic Internal Medicine Review H.M. Oliveira Guilherme, Gillian C. Nesbitt, Joseph G. Murphy, Thomas M. Habermann, 2007-06-14 Written by seasoned faculty at the Mayo Clinic this Seventh Edition is a completely revised and updated study tool that has proven invaluable for the American Board of Internal Medicine certification or recertification Using this source readers will access a virtual blueprint for exam preparation and acquire clear guidance on question format types of questions and hints on topics commonly encountered on Pathophysiology, Evaluation and Management of Valvular Heart Diseases Jeffrey S. Borer, O. Wayne the test Isom, 2004-01-01 Written by faculty members of the international symposium Valves in the Heart of the Big Apple Evaluation and Management of Valvular Heart Diseases this book is intended to complement and supplement the first volume published in 2002 While the first volume reviews current information on valvular disease pathophysiology epidemiology and evaluation as well as management strategies for affected patients the current volume covers areas not discussed in the first and updates information on critical prognostication and management issues Topics discussed include the selection of patients for surgery current surgical approaches natural history and management of selected complex congenital abnormalities involving heart valves cellular and molecular pathophysiology of myocardial dysfunction Consideration is also given to prognostication strategies and results as well as technical approaches to measuring disease characteristics Providing a comprehensive overview of contemporary thinking about valvular heart diseases this book will be of great value not only to cardiologists and cardiac surgeons but also to medical students medical and surgical residents cardiology and cardiac surgery fellows and Yoga Daren Callahan, 2015-01-28 Millions of people practice some form of yoga but they often do so general internists without a clear understanding of its history traditions and purposes This comprehensive bibliography designed to assist researchers practitioners and general readers in navigating the extensive yoga literature lists and comments upon English language yoga texts published since 1981 It includes entries for more than 2 400 scholarly as well as popular works manuals

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