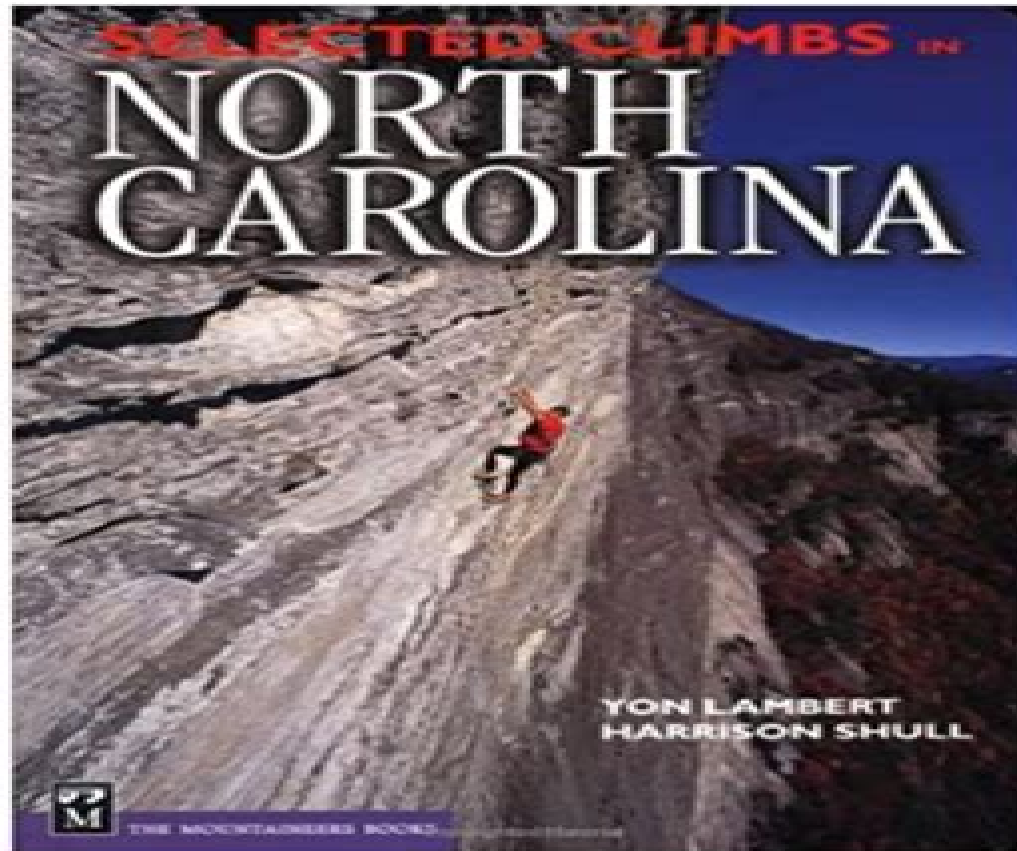


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Selected Climbs in North Carolina Yon Lambert, Harrison Shull, 2002 Packed with 450 of the coolest climbs in 10 of the hottest climbing areas in North Carolina Nail biting action photos from professional climbing photographer Harrison Shull Individual route descriptions feature 1st ascent background and more detail about the climbs 1st totally new guide to N Carolina since 1992 It is the first time that the climbing areas Rumbling Bald and Big Green have appeared in the same guide It also includes new areas such as the North Face of Whiteside Mountain Chockstone Chimney Wall in Linville Gorge and Middle Hawksbill Each chapter includes a separate history section and detailed directions N Carolina also has some of the best bouldering areas in the Southeast Don't think of North Carolina for a climbing destination Think again Located in the southern Appalachians intimidating granite domes steep quartzite walls and a variety of terrain offering short and long climbs will whet the appetites of beginning to more advanced climbers The 10 climbing areas are organized into three geographical regions Piedmont including Moore's Wall Stone Mountain Crowders Mountain the Northern Blue Ridge covering the infamous Linville Gorge often referred to as the Grand Canyon of North Carolina Ship Rock and the Southern Blue Ridge with Looking Glass Rumbling Bald Cedar Rock Big Green and Whiteside Mountain **Linville Gorge**

Wilderness Area Christopher Blake, 2009 Famed as the Grand Canyon of the East the Linville Gorge Wilderness Area is a rugged tract of more than 12 000 acres located in the Blue Ridge Mountains of Western North Carolina Native Americans once referred to the Linville River as Eeseeh or River of Cliffs a name that accurately describes the river as it twists its way through the gorge under sheer rock faces and distinctive craggy peaks Since the Native American ambush of the William Linville hunting party in 1766 the gorge has continued to make headlines with everything from movie filming to fatal accidents and forest fires Today visitors flock to the natural attraction and enjoy a seemingly pristine unexplored forest canyon But the Linville Gorge has much more to offer than just breathtaking scenery Its rich history has been documented by photographers since the 1870s and it is through these old photographs that adventure seekers of the past are linked with nature enthusiasts of the present *North Carolina Adventure Weekends* Jessie Johnson, Matt Schneider, 2017-11-07 North Carolina Adventure Weekends makes it easy for campers hikers cyclists paddlers and climbers to plan weekend after weekend of memorable outdoor trips It's written for both novice and experienced adventurers who enjoy or aspire to enjoy a variety of outdoor pursuits but don't have time to spend hours researching the best destinations or can't get away for a long trip Most outdoors enthusiasts enjoy a variety of activities and this is the ideal resource for hikers who love to climb paddlers who also pedal and everyone who wants to get the most adventure out of a weekend It's also ideal for couples families or groups who love sharing a weekend getaway but want to do different things Many guidebooks focus on one specific activity such as hiking paddling or camping and North Carolina Adventure Weekends eliminates the need for weekend warriors to spend hours thumbing through multiple guidebooks and websites trying to find the best options for their multisport weekend

trips Furthermore regional guidebooks might offer suggestions on different outdoor activities but not pinpoint the best options for adventurers who only have a weekend to explore With North Carolina Adventure Weekends readers have numerous action packed weekend itineraries at their fingertips They ll know not only where to stay to be closest to the action but also which adventures hike routes bike rides paddle trips climbing areas etc are weekend worthy Each chapter highlights a focused geographic area and includes detailed directions so readers can spend more time playing and less time driving from place to place Adventurers will also learn where to stock up on supplies what to do on a rainy day and where to go to rehash the weekend s adventures over an epic worthy meal and a beer

Cascade Alpine Guide Fred Beckey, 2000 Volume II in the classic Cascade Alpine Guide series features expert information on more than 300 climbing and high routes in the Cascades This volume covers the middle of the Cascade Range from the foothills east of Puget Sound to Lake Chelan You ll find geographical historical and geological overviews of the majestic mid Cascade

Moving to the Mountains Lan Sluder, 2014-09-11 If you re thinking about where you want to move to live out your dreams or if you re considering retiring to an exciting new area MOVING TO THE MOUNTAINS by award winning author Lan Sluder covers everything you want to know about Asheville and the North Carolina mountains consistently rated as one of the top places to live in the United States Asheville native Lan Sluder covers all the pros and cons of living in hip liberal Asheville and in the low cost small towns and villages in the highest mountains in Eastern America In nearly 600 pages and about 190 000 words Lan gives you the straight facts about living in Asheville and the mountains outdoor adventures and sports in the Great Smokies and Blue Ridge Mountains how to get the best values for your real estate dollar health care crime and safety culture art and crafts and more in the mountains As the author of more than a dozen books on retirement and travel including *Amazing Asheville* *Fodor s Belize* *Frommer s Best Beach Vacations Easy Belize* and *Living Abroad in Belize* Lan understands what you want to know He tells you the unvarnished truth Here s a sampling of what you ll learn in this comprehensive book on moving to Asheville and the beautiful mountains of North Carolina

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Amazing Asheville Lan Sluder, 2014-09-12 Amazing Asheville by Lan Sluder is the new guidebook to Asheville and the beautiful North Carolina Mountains It candidly covers all the best places to stay eat and explore in Asheville s exciting Downtown and surrounding neighborhoods and elsewhere in the North Carolina mountains In more than 150 000 words it also covers the Great Smoky Mountains National Park the Blue Ridge Parkway Biltmore House and Biltmore Estate and the hundreds of thousands of acres of national and state forests in Western North Carolina This is THE guide that gives you the ins and outs of enjoying the mountains and saving money on your Asheville and North Carolina mountains vacation Written by an Asheville native and award winning author of more than a dozen books on travel and retirement Amazing Asheville provides readable easy to use information on Asheville s many B Bs mountain lodges resorts and vacation cabins It tells you where to find great food and drink from bistros where locals go to five star splurge places It explains where to go for the most amazing experiences for your vacation Amazing Asheville doesn t just stick to the city of Asheville It covers many interesting small towns and villages in the mountains around Asheville It details where to go for the best outdoor activities in the Blue Ridge Mountains hiking scenic drives camping wildlife spotting birding river rafting boating gem mining fishing rock climbing exploring waterfalls and the backcountry and more Whether your interest is outdoor adventures art and crafts clubbing and nightlife music and culture architecture outdoor adventures or just having fun in the highest coolest mountains and most visited national parks in the East Amazing Asheville is the guide for you **Adventure Carolinas** Joe

Miller, 2014-05-12 Have you ever wanted to take up a new outdoor sport but thought Not me or Where do I begin In this unique take it with you guide outdoors and fitness writer Joe Miller introduces you to sixteen adventure sports in the Carolinas from water to land and through all four seasons No matter where you live or what your level of expertise may be he will lead you to opportunities that range from beginner level to peak experience and equip you with the tools and courage to get outdoors and enjoy nature in new and exciting ways For each experience Miller includes location how to start associated costs organizations that can help you begin physical and mental demands of each activity and whether the activities are seasonal or competitive Activities include mountain biking flat water and whitewater paddling scuba diving climbing backcountry exploration skiing snowboarding and tubing kiteboarding hang gliding and ziplining Bouldering Moore's Wall Adam Sokolow, 2012-10 **The North Carolina Historical Review** , 2006 **Report on the Activities in the ...**

Congress of the Select Committee on Aging, U.S. House of Representatives United States. Congress. House. Select Committee on Aging,1980 Mountaineering Steven M. Cox,Kris Fulsaa,2003 This classic s fully updated seventh edition features 415 completely new illustrations and a new glossary of terms A new chapter has been added to meet the rising popularity of waterfall ice and mixed climbing *Climbing* ,2007 **American Book Publishing Record** ,2003 **28th Annual Southeastern Recreation Research (SERR) Conference Book of Abstracts** ,2006 **Accidents in North American Mountaineering 1997** , *Progress in Aging* United States. Congress. House. Select Committee on Aging,1981 North Carolina Reports North Carolina. Supreme Court,1927 Cases argued and determined in the Supreme Court of North Carolina *The Publishers Weekly* ,2002 **North Carolina Education** ,1920 **North Carolina's timber, 1974** Herbert A. Knight,Joe P. McClure,1975

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