#### Alcoholism

- Alcohol: most harmful drug within society
- Alcohol hugely affects the heart
- High consumption of alcohol supress the respiratory system and affects the cerebellum so you stop breathing
- Alcohol unit calculation = (volume of alcohol x percentage of alcohol) / 1000
- National Advisory Council on Binge Drinking: a pattern of drinking alcohol that brings blood alcohol concentration to 0.08gm% or above. For a typical adult, this pattern corresponds to consuming 5 or more drinks (male) or 4 or more drinks (female) in about 2 hours
- Takes an hour for the liver to metabolise one unit of alcohol
- 90 98% metabolised in liver

#### Prevalence

- 27% of adult (16+) males and 15% of adult females are hazardous drinkers or above
- 6% of adult males and 3% of adult females are "very heavy drinkers"
- In 2001, 21% of men and 9% of women reported "binge drinking" at least once in preceding week
- Average GP sees 364 hazardous/harmful drinkers per year; however most GP's have only 7 patients registered for alcohol problems
- GPs may be missing as many as 98% of hazardous and harmful drinkers on their lists
- It has recently been estimated that alcohol-related harm costs England £20 billion each year

#### Alcohol Pharmacology

- · High water solubility but low lipid solubility
- 10/20% absorbed through the stomach begins in less than one minute
- 90/80% absorbed in small intestine

#### Alcohol Pharmacokinetics: Absorption

- · Rapidly absorbed primarily from duodenum
- Enters brain easily
- Rate of absorption is extremely variable
- Alcohol is measured through blood alcohol concentration
- Peak blood alcohol concentration (BAC) depends on:
  - Amount and alcohol concentration of beverage
  - Rate of drinking
  - Food consumption and composition
  - Metabolism rate
  - Gender differences in absorption
    - Men have naturally less fat than woman and have a lower BAC then woman

# **Notes On Alcohol And Alcoholism**

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pediatric neurology The third part reviews the surgical treatments for various neuro related problems including trauma brain tumors pain and motor disorders The fourth part considers the application of clinical psychiatry to the diagnosis and treatment of mental and emotional disorders both in children and adults This book will prove useful to neurologists clinicians pediatricians and psychiatrists Normative Approaches to the Prevention of Alcohol Abuse and Alcoholism Thomas C. Harford, Douglas A. Parker, Lillian Light, 1980 Tackling Harmful Alcohol Use Economics and Public Health Policy OECD, 2015-05-12 This book examines trends and social disparities in alcohol consumption It assesses the health social and economic impacts of key policy options for tackling alcohol related harms in Canada the Czech Republic and Germany extracting policy messages for a broader set of countries **Causes and consequences of alcohol abuse** United States. Congress. Senate. Committee on Governmental Affairs, 1988 Technical Note ,1923 The Thinking Person's Guide to Sobriety Bert Pluymen, 2015-08-25 This memoir of a high functioning professional s recovery from alcohol abuse combines fascinating facts with intriguing stories John Bradshaw New York Times bestselling author of Healing the Shame that Binds You Part autobiography part recovery tool this book is Bert Pluymen's story of struggle and triumph over alcohol addiction It also contains insightful witty uplifting and wryly humorous stories of the many people Pluymen met who were also searching for sobriety This is an informative book that will shed new light on how alcohol abuse can ruin people s lives even if they thought it could never happen to them A vital tool for awakening the alcohol abusing professional Dr Frank Sadlack Ph D executive director of La Hacienda Treatment Center Plain talk and personal experiences make Bert Pluymen s book a real guide for anyone whose life has been touched by addiction The section on women and alcohol is especially good Ann W Richards former governor of Texas The Control of the Drink Trade Henry Carter, 1918 Summary Interviews with Jean Baudrillard and others by Catherine Francblin and others United States Code United States, 2001 United States Code. 1982 Edition United States, 1984 **Experiment Station Record** U.S. Office of Experiment Stations, United States. Agricultural Research Service, United States. Office of Experiment Stations, 1923 Experiment Station Record ,1923

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