

POCKET GUIDE TO

Cardiovascular Diseases



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EDWARD K. CHURNO, M.D.
DENNIS A. TIGHE, M.D.

Pocket Guide To Cardiovascular Diseases

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Pocket Guide to Cardiovascular Diseases Edward Chung, 1999-02-02 The Pocket Guide to Cardiovascular Disease is a comprehensive yet compact guide to common cardiovascular disorders encountered in practice Twenty practical and concise chapters cover the essential information on topics ranging from arrhythmias to heart transplantation Meticulously edited by two outstanding cardiologists the Pocket Guide serves as a mini textbook a quick reference and a review for more seasoned clinicians This handbook is an indispensable resource for all those treating heart patients from primary care physicians and cardiology residents to experienced cardiologists

Heart Disease For Dummies James M. Rippe, 2011-04-27 The startling truth is one American dies of heart disease every 33 seconds almost one million deaths each year and almost one in four Americans has one or more types of heart disease However it is also true that it is possible to prevent treat and even reverse heart disease and this plain English guide shows you how Heart Disease For Dummies is for anyone who has been diagnosed with a form of cardiovascular disease knows someone who has or who wants to learn more about staying heart healthy and preventing the disease Leading cardiologist Dr James Rippe delivers the scoop on the many different forms of heart disease including angina heart attacks arrhythmias strokes heart failure and other cardiac conditions as well as the latest research diagnostic techniques treatment procedures and medications You will discover how to Recognize the risk factors and warning signs of a heart attack Determine if you have heart disease Distinguish between angina heart attack and stroke Maximize your cardiac function Find a good doctor and handle a managed care plan Reverse heart disease through diet lifestyle changes and medications Like the millions of others living with heart disease you want to take an active part in managing your health and feeling better fast This easy to follow guide explains how heart disease affects the body and shows you the steps you can take along with your doctor to improve your quality of life With the expert advice simple diagrams and valuable tips in this book you will Keep your blood pressure cholesterol and weight under control Understand the common drug and medical treatments available for treating heart disease Draw on the mind body connection to reduce stress Interpret the risk factors you can control physical inactivity hypertension tobacco use and the ones you cannot heredity age gender Form a true partnership with your doctor Explore cardiac rehabilitation programs Decide if alternative therapies are right for you Featuring heart healthy recipes and a list of resources to help smokers quit the habit Heart Disease For Dummies is an indispensable resource for living well with this manageable condition

Pocket Guide to Cardiovascular Care Susan B. Stillwell, Edith McCarter Randall, 1994 This guide offers practical thorough coverage of nursing care for patients with acute and critical cardiovascular problems The book provides information on assessing and evaluating cardiovascular conditions administering medications as well as on monitoring medical and surgical interventions 86 illus

The Physiotherapist's Pocket Guide to Exercise E-Book Angela Jane Glynn, Helen Fiddler, 2009-04-07 This book is for therapists involved in exercise therapy for the prevention and treatment of disease It covers exercise assessment current prescription guidelines

precautions exercise design and clinical case studies The book also includes exercises to increase strength power local muscle endurance range of movement and aerobic capacity and will be relevant to all areas of therapy practice In addition to the general guidelines considerations for exercise groups and exercise at home as well as exercise in special patient populations are addressed This allows therapists who are expert in one area to become familiar with exercise prescription in another The book underpins therapeutic exercise in general and also addresses specific considerations for particular clinical situations within current guidelines and practical considerations Underpinning exercise physiology Physical principles of exercise design Guidelines for exercise training Clinical exercise prescription Limitations to exercise in common conditions Example case studies *Occupational Therapy Pocket Guide - E-Book* Lyndsey Jarvis,2023-09-20 Put essential OT information at your fingertips Occupational Therapy Pocket Guide provides a quick reference that is ideal for use in the clinical setting From evaluation and assessment through diagnoses and interventions this handbook summarizes the details you need to know for safe effective client rehabilitation It also includes normal ranges for vitals and laboratory tests Written by experienced occupational therapist Lyndsey Jarvis this compact clinical reference makes lookup easy and helps you perform OT tasks and skills with confidence Concise coverage provides a quick yet thorough overview of each OT topic Logical organization includes six separate sections Assessment Conditions Additional Intervention Education Documentation and Reference Tools eBook version is included with print purchase The eBook allows you to access all of the text figures and references with the ability to search customize your content make notes and highlights and have content read aloud

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Courtney Moore,2016-07-02 MyPyramid and MyPyramid for Kids simplify diet and lifestyle planning for all age groups NEW assessment tool MEDFICTS Meat Eggs Dairy Fried foods In baked goods Convenience foods Table fats Snacks helps evaluate an individual s diet MORE information on limiting sodium intake to fight hypertension and ischemic heart disease EXPANDED content on the liver particularly related to hepatitis NEW table lists medications that can impair control of glucose and lipid levels NEW information on medications to address the nutritional implications of cancer HIV infection and diabetes

Concise Silvics of Commercial Forestry Species: A Pocket Guide Dr. Anupama, IFS,2023-12-07 This book offers a thorough examination of the role of Silviculture in developing high quality timber plantations focusing on species in India Addressing the scarcity of resources based on field experience and nursery research it provides insights into genetically superior plantations contribution to timber production and carbon sequestration Highlighting the impact of climate on growth and survival the book details various parameters for the successful journey from seed collection to seedling development covering critical germination stages and nursery processes The book serves as a guide for forestry enthusiasts researchers and climate change strategists presenting comprehensive information acquired from seed experiments and supported by extensive references

Pediatric Cardiology Walter H. Johnson,James H. Moller,2014-04-07 Caring for children with heart disease is extremely complex requiring a different and often tailor made approach compared with adults with similar cardiac problems Built on the success of previous editions and brought to you by a stellar author team Pediatric Cardiology The Essential Pocket Guide provides a unique concise and extremely practical overview of heart disease in children From history taking physical examination ECG and chest X ray the basics that enable clinicians to uncover possible problems and eliminate areas of false concern it goes on to examine the range of more complex topics in the diagnosis and treatment management of childhood cardiovascular disease New to this edition you ll find An enhanced section on imaging including recent advances in cardiac MRI and fetal echocardiography New techniques in genetic testing for heart disease in special populations Much more emphasis on the importance of echocardiography in understanding the pathophysiology of congenital cardiac malformations Expanded section on cardiac conditions in the neonate specifically on prenatal diagnosis and management neonatal screening for congenital heart disease and hypoplastic left heart syndrome Expanded and updated congestive cardiac failure section including the latest in genetic and metabolic causes of heart failure and medical surgical treatment options discussion of bridging therapies essentials of transplantation including common drug treatment regimens clinical recognition of treatment complications and rejection outcomes morbidity and survival In addition every chapter is fully updated with the very latest clinical guidelines and management options from the AHA ACC and ESC Pediatric Cardiology The Essential Pocket Guide 3rd edition is quite simply a must have guide for all members of the multidisciplinary team managing children suffering from heart disease

The Essential Pocket Guide for Clinical Nutrition Mary Width,Tonia Reinhard,2020-02-20 The Essential Pocket Guide for Clinical Nutrition Third Edition is a quick reference guide

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prime video on may 28 2021 in august 2021 the series was canceled after one season

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