

AKTUELT

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# Glimt fra NTFE-konferansen 2022

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Norsk Tidsskrift for Ernærings første konferanse ble en vellykket og engasjerende dag som dekket hele bredden av ernæringsfaget.

Fredag 2. desember 2022 arrangerte Norsk tidsskrift for ernæring (NTFE) sin aller første ernæringskonferanse. 225 deltagere var påmeldt fysisk og digitalt, og den fysiske delen av konferansen fant sted ved Georg Sverdrups hus (Universitetsbiblioteket) på Blindern i Oslo.

Redaktør i NTFE Thea Myklebust-Hansen åpnet konferansen som dagens konferansier, og de stolte eierforeningene NFE og KEFF ble presentert av henholdsvis Camilla Huseby og Åshild Kolle.

#### En historisk dag

For å markere begivenheten var det passende at tidligere redaktør Christine Henriksen, førsteamanuensis ved Universitetet i Oslo (UiO), avdeling for ernæringsvitenskap, holdt dagens første foredrag om NTFEs historie. Hun mente dette var en historisk dag, og neppe noe mange hadde sett for seg da NTFEs forløper Anonymus (senere Eutrophia) først ble gitt ut som en tynn, hjemmebrettet blekke skrevet på skrivemaskin i 1989. Samtidig med Eutrophia ble også tidsskriftet Ernæringfyiologen gitt ut av NFE på 1990-tallet. På begynnelsen

av 2000-tallet ble det imidlertid vanskelig, å opprettholde to tidsskrift og å rekruttere nok personer til redaksjonene. Dette resulterte i Norsk tidsskrift for ernæring (NTFE). Første utgave kom våren 2003, altså for 20 år siden når denne utgaven gis ut. Mer om NTFEs historie kan leses i blant annet utgave nr. 2, 2015 (1).

Flere av tidsskriftets milepæler kom med nettopp Christine Henriksen som redaktør fra 2011. Utrolig nok, sett i ettertid, fikk ikke NTFE egen nettutgave før i 2013. I 2014 ble NTFE omsider etablert som et eget AS. Samtidig begynte arbeidet med å innføre fagfellevurdering av artikler og endelig å få tidsskriftet godkjent som vitenskapelig tidsskrift (2). Hun understreket verdien av å kunne publisere vitenskapelige artikler på norsk om norske forhold, og så derfor optimistisk på NTFEs fremtid, ikke minst med den nye avtalen med Universitetsforlaget fra og med 2022.

## NNR 2022: Status og utfordringer

Professor Rune Blomhoff ved Universitetet ii Oslo leder for tiden arbeidet med de nye nordiske ernæringsanbefalingene (NNR 2022), som nå er planlagt for publisering i junii 2023. Han redegjorde for organiseringen og

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Embankments on Organic Soils J. Hartlén, W. Wolski, 1996-11-08 More and more civil engineering constructions are being built on soft soils As areas with better foundations are used up the necessity to be able to build structures on soft soils increases. The most troublesome of soft soils are organic soils due mainly to their high compressibility much higher than in mineral soils and also their very low shear strength. The large diversity of organic soils with respect to their origin as well as their properties make classification testing and engineering prediction of behaviour very difficult. For this reason engineers try in general to avoid constructing on deep layers of organic soils. If forced by necessity to do so they manage with light structures e.g. embankments or low buildings. The authors of this book have been involved in a joint research project on the testing of embankments on organic soils. This was carried out in the North Western part of Poland by the Swedish Geotechnical Institute and the Department of Geotechnics of Warsaw Agricultural University. The results of their research is presented in this new book and provides a valuable insight into this growing area in the field of engineering geology.

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