

THE LOST DIARY OF

HERCULES'
PERSONAL TRAINER

Found by Steve Barlow and Steve Skolmore



Lost Diary Of Hercules Personal Trainer

Arthur James Wells



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The Athenaeum ,1860 **Athenaeum and Literary Chronicle** James Silk Buckingham, John Sterling, Frederick Denison Maurice, Henry Stebbing, Charles Wentworth Dilke, Thomas Kibble Hervey, William Hepworth Dixon, Norman Maccoll, Vernon Horace Rendall, John Middleton Murry, 1860 *Punch* Mark Lemon, Henry Mayhew, Tom Taylor, Shirley Brooks, Francis Cowley Burnand, Owen Seaman, 1889 **The Examiner** ,1855 The Illustrated London News ,1863 **Punch** ,1889
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