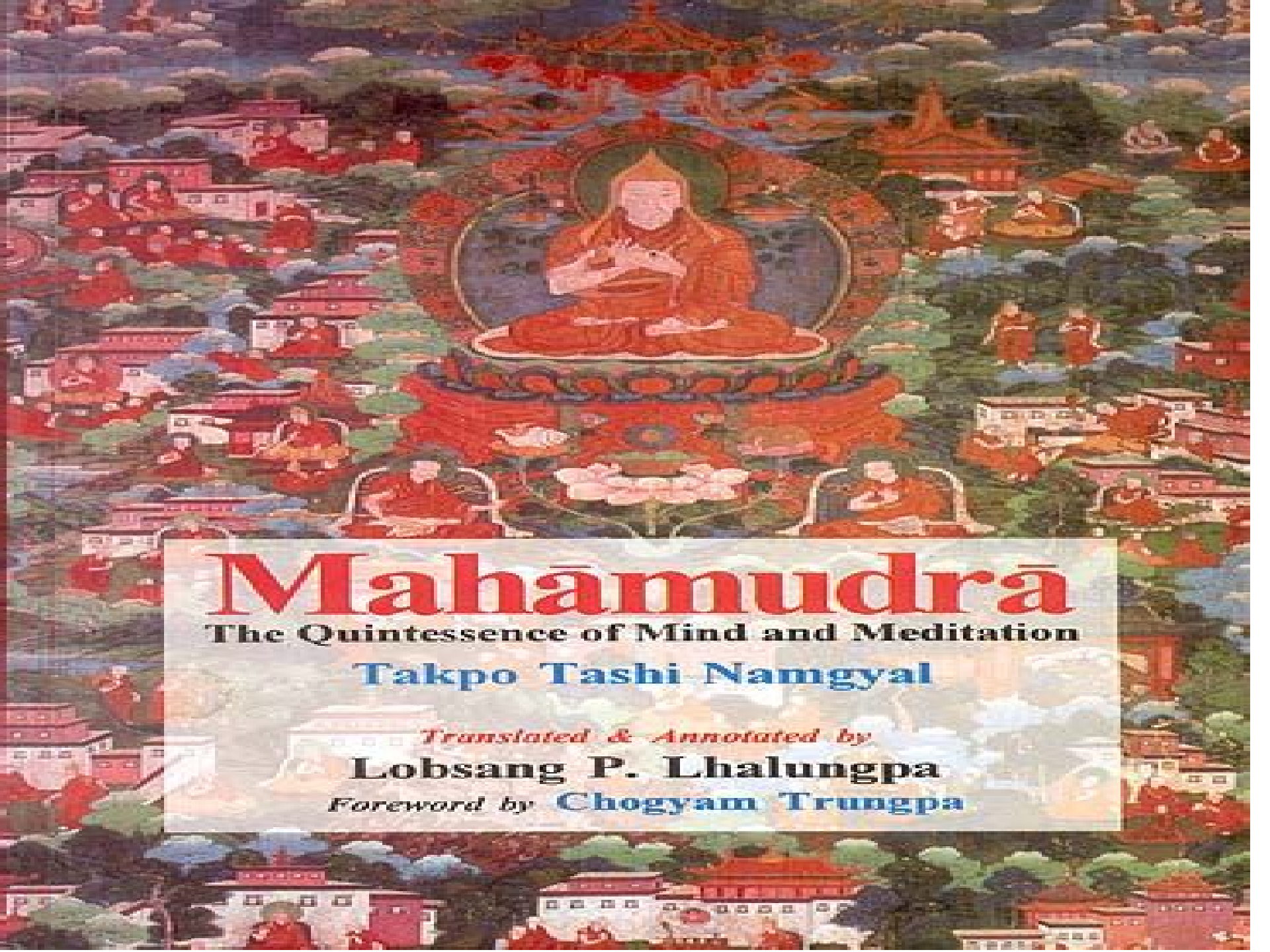




Mahāmudrā

The Quintessence of Mind and Meditation

Takpo Tashi Namgyal

Translated & Annotated by

Lobsang P. Lhalungpa

Foreword by **Chogyam Trungpa**

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