

Foreword by Dr. Hans Selye

A Financial Post/Macmillan Book

# **RUSTING OUT, BURNING OUT, BOWING OUT**

## **STRESS AND SURVIVAL ON THE JOB**

Dr. John Howard, Dr. David Cunningham, Dr. Peter Rehnitzer

# Rusting Out Burning Out Bowing Out Stress And Survival On The Job

**Yi-Tong Ma**



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