

THE MAGIC

DAUGHTER

A MEMOIR OF LIVING WITH
MULTIPLE PERSONALITY DISORDER

"PROVOCATIVE AND UNIVERSAL" —NEW YORK NEWSDAY

JANE PHILLIPS

Magic Daughter A Memoir Of Living With Multiple Personality Disorder

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Magic Daughter A Memoir Of Living With Multiple Personality Disorder:

The Magic Daughter Jane Phillips,1996 A memoir in which the author a college professor in her late thirties provides details about what it was like to live with multiple personality disorder and discusses how she was able to uncover her other selves and eventually integrate them into one personality with the help of a therapist

The Magic Daughter Jane Phillips,1995-06-01 Describes the author s day to day experience of living with Multiple Personality Disorder as well as her work with a remarkable therapist over the course of nearly a decade trying to decode the workings of her mind she teaches herself to differentiate between remembered pain current illness much more

Dissociation Made Simple Jamie Marich, PHD,2023-01-10 Dissociation 101 The go to guide for understanding your dissociative disorder breaking the stigma and healing from trauma related dissociation Just as important as The Body Keeps the Score but an easier read for me 5 star reader review Guided by clinical counselor Jamie Marich a trauma informed clinician living with a dissociative disorder herself this book tells you everything you need to know about dissociation but were too afraid to ask Here you ll learn What dissociation is and why it s a natural response to trauma How to understand and work with your parts the unique emotional and behavioral profiles that can develop from personality fragmentation There s nothing shameful about dissociating that in fact we can all dissociate Skills and strategies for living your best authentic and most fulfilled life What to look for in a therapist choosing a healer who sees you and gets it Foundational elements of healing from trauma including PTSD and C PTSD With practical guided exercises like The Dissociative Profile and Parts Mapping this book is written for those diagnosed with dissociative disorders clinicians and therapists who treat trauma and dissociation and readers who are exploring whether they may have dissociative symptoms or a condition like dissociative identity disorder DID Dissociation Made Simple breaks it all down accessibly and comprehensively with empowerment and support and without stigma judgment or shame

Treating Dissociative Identity Disorder Sarah Y. Krakauer,2013-10-28 This is a book about the triumph of inner authority over the debilitating effects of trauma and abuse In a simple and straightforward style a three phase model for treating dissociative identity disorder previously known as multiple personality disorder is introduced The Collective Heart model is consistent with the current standards of care which emphasize caution and restraint Additionally the Collective Heart model has several unique features It highlights the retrieval of personal authority rather than the retrieval of traumatic memories identifies the fundamental inner unity underlying the fragmented personality system and introduces techniques that facilitate communication between personalities and between each personality s conscious mind and the collective heart Six chapters of fascinating case vignettes illustrate therapeutic techniques and show how clients tap into their underlying inner unity to create the conditions for their own maturation making it safe for their alters to grow heal and eventually join the host as a seamless harmonious whole

The Therapist's Encounters with Revenge and Forgiveness Mary Sherrill Durham,2000-01-01 Mary Sherrill Durham explores the concepts of vengeance revenge fantasies and the granting or

withholding of forgiveness as they are manifested to the therapist during treatment She also examines potential for the therapist patient relationship to become a re enactment of an abusive or controlling situation

Writing Madness, Writing Normalcy Lisa Spieker, 2021-05-27 What does it mean to be mad in contemporary American society How do we categorize people's reactions to extreme pressures trauma loneliness and serious mental illness Importantly who gets to determine these classifications and why This book seeks to answer these questions through studying an increasingly popular media genre memoirs of people with mental illnesses Memoirs like the ones examined in this book often respond to stigmatizing tropes about the mad in popular culture and engage with concepts in mental health activism and research This study breaks new academic ground and argues that the featured texts rethink the possibilities of community building and stigma politics Drawing on literary analysis and sociological concepts it understands these memoirs as complex at times even contradictory approaches to activism

Multidimensional Evidence-based Practice Christopher G. Petr, 2009 Expanding on the evidence based practice approach this book incorporates diverse perspectives on best practices that include qualitative research professional practice wisdom and consumer values and experiences

From Madness to Mental Health Greg Eghigian, 2009-12-10 From Madness to Mental Health neither glorifies nor denigrates the contributions of psychiatry clinical psychology and psychotherapy but rather considers how mental disorders have historically challenged the ways in which human beings have understood and valued their bodies minds and souls Greg Eghigian has compiled a unique anthology of readings from ancient times to the present that includes Hippocrates Julian of Norwich's Revelations of Divine Love penned in the 1390s Dorothea Dix Aaron T Beck Carl Rogers and others culled from religious texts clinical case studies memoirs academic lectures hospital and government records legal and medical treatises and art collections Incorporating historical experiences of medical practitioners and those deemed mentally ill From Madness to Mental Health also includes an updated bibliography of first person narratives on mental illness compiled by Gail A Hornstein

Illness in the Academy Kimberly Rena Myers, 2007 Illness in the Academy investigates the deep seated widespread belief among academics and medical professionals that lived experiences outside the workplace should not be sacrificed to the ideal of objectivity those academic and medical professions so highly value The 47 selections in this collection illuminate how academics bring their intellectual and creative tools skills and perspectives to bear on experiences of illness The selections cross genres as well as bridge disciplines and cultures

Auto/biography Studies, 2001

Creating Hysteria Joan Acocella, 1999-08-27 Asked to search within themselves for hidden personalities they came up with entire squadrons children harlots angels devils BOOK JACKET This book describes how a group of reckless therapists used hypnosis drugs and sheer persuasion to mold their patients symptoms into multiple personality disorder BOOK JACKET

Finding Courage to Speak Paige Alisen, 2003 Haunted by their horrific pasts and suffering in silence girls traumatized by severe child abuse often endure debilitating medical ailments and serious psychiatric problems well into adulthood They withstand clinical depression anorexia sleep

dysfunction post traumatic stress disorder alcoholism and one of the most extreme conditions dissociative identity disorder DID the development of multiple personalities Paige Alisen herself diagnosed with DID as a result of repeated sexual ritual and psychological abuse skillfully blends her own painful experiences with the powerful testimonies of other survivors to present a disturbing yet inspiring account of childhood trauma and its long term consequences for women s mental and physical well being She also delivers a strong indictment against a society that permits and perpetuates the brutal treatment of women and children and offers an informative practical and encouraging guide for survivors on the journey to healing and recovery Bringing together personal psychiatric social and feminist perspectives Alisen defines the different types of child abuse describes why children remain silent about their ordeal explores the ways in which they try to speak through their behaviors and their bodies and examines how they develop extraordinarily complex and extreme strategies including the creation of alter personalities to cope with and survive the torment She faults government churches schools the health care system and other institutions for their failure to adequately recognize and deal with the widespread problem of childhood trauma Included in the volume are useful self help resources and crucial advice for survivors and their support networks Alisen s innovative and courageous approach to a difficult subject will empower the countless women who bear the emotional and physical scars of severe childhood trauma In addition her compelling work will raise awareness about the devastating effects of child abuse and sound a call to those in key positions to advocate for and effect social change that will end the vicious cycle of abuse

Books in Print ,1991 **Forthcoming Books** Rose Arny,1999 **Curve** ,1996 *Feminist Bookstore News* ,1996 Talking Book Topics ,1998 *Cassette Books* Library of Congress. National Library Service for the Blind and Physically Handicapped,1997 **New Books on Women and Feminism** ,1996 *Living to Tell the Tale* Jane Taylor McDonnell,1998-03-01 Writing is a second chance at life writes Jane McDonnell I think all writing constitutes an effort to establish our own meaningfulness even in the midst of sadness and disappointment In *Living to Tell the Tale* McDonnell draws on this impulse as well as on her own experiences as a writer and teacher of memoir to give us what should become the definitive book on writing crisis memoirs and other kinds of personal narrative She provides specific techniques and advice to help the writer discover his or her inner voice recognize and then silence the inner censor begin a narrative and develop it with such aids as photographs and documents Citing many landmark works such as Maxine Hong Kingston s *The Woman Warrior* and Frank McCourt s *Angela s Ashes* as well as unpublished writings McDonnell shows how writers can recreate past experiences through memories and imaginatively reshape material into the story that needs to be told Each chapter concludes with exercises to help the writer grapple with particular problems such as trying to write about experiences that are only partly recalled McDonnell also offers a list of recommended reading Memoirs such as Mary Karr s *The Liars Club* Penguin have hit bestseller lists nationwide during the past year and are of great interest to aspiring writers

Reviewing **Magic Daughter A Memoir Of Living With Multiple Personality Disorder**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is really astonishing. Within the pages of "**Magic Daughter A Memoir Of Living With Multiple Personality Disorder**," an enthralling opus penned by a highly acclaimed wordsmith, readers set about an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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