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Sensitive *Soul*

The Unseen Role of Emotion
in Extraordinary States



MICHAEL A. JAWER

FOREWORD BY

CHRISTINE SIMMONDS-MOORE, Ph.D.

Sensitive Soul

Stephan Schmid



Sensitive Soul:

The Sensitive Soul Theresa Cheung, 2020-05-15 Have you ever been told to toughen up or stop taking everything so seriously Or do you feel that in a harsh world where the way to get noticed is to shout the loudest your heartfelt approach just doesn't cut it Some of us are born sensitive We live our lives vividly through the lens of emotion and with our senses perpetually on high alert Even those whom others might label insensitive will experience times in their lives when their innate sensitivity is activated and they feel overwhelmed or sense and feel things they can't explain Based on strategies proven to be effective by scientists and psychologists combined with her own research including real stories Theresa Cheung will show you how to unlock the potential of your sensitivity She'll guide you through the steps that will transform the challenges of being a gentle person into a strength and shine a light on how traits such as empathy intuition creativity and compassion have the power to unite us *The Sensitive Soul* is a vital resource for the highly sensitive anyone who has gone through sensitive times or simply longed for the world to be a little kinder This book was previously published as *The Sensitivity Code* Read what everyone is saying about *The Sensitive Soul* Theresa Cheung provides a timely guide for individuals who feel life deeply to take a step back and reflect upon sensitivity and how it fits in the modern world's emotion paradigm It reminded me there are steps I can use in my life to increase my self-care I recommend this book to anyone who wishes to explore sensitivity in themselves or others Goodreads Reviewer 5 stars A thorough explanation of the highly sensitive individual the problems they need to wrestle with in their day-to-day life and their amazing gifts they can deploy at work and at home Once the book talked us through these basic ideas it then moves on to offering solutions to this high sensitivity and to enjoying its pros rather than dealing with its cons *Affair With Psychology* 5 stars I found this book absolutely fascinating As someone who has been told to toughen up a lot I could relate to it so much I really feel like this book has given me some great strategies for both me and my very sensitive 4-year-old son Fantastic and recommended to anyone who feels it could help them Goodreads Reviewer 5 stars Looking at individual case studies really resonated with me It is helpful on many levels from the identifying traits of being sensitive to acknowledging what people have said to you since a child It makes you see the positives of being sensitive instead of the negatives Unlike some psychology books it is very accessible and friendly and non-judgemental Karen Reads and Recommends The aim of *The Sensitive Soul* is to help gentle people recognise their own worth To give them the coping tools to manage emotions and navigate insensitive environments To help sensitive people identify the red flags of toxic relationships It's truly helped me through the past few tricky weeks Thank you Goodreads Reviewer 5 stars

The Ballad of the Sensitive Soul Pasquale De Marco, 2025-05-17 In a world where conformity often stifles the flame of creativity this book stands as a beacon of inspiration a testament to the indomitable spirit of the artist Through the eyes of those who dare to dream we embark on a journey into the depths of the creative soul exploring the intricacies of their process and the magic of their craft With each turn of the page we delve into

the artist's sanctuary a realm where imagination reigns supreme and emotions find their voice We witness the birth of masterpieces the painstaking labor of love and sacrifice that transforms raw experience into something tangible something that resonates with the universal human condition This book is more than just a collection of words it is a tapestry woven from the threads of passion perseverance and triumph It is a celebration of the artist's spirit a tribute to their unwavering dedication to their craft Within these pages you will find solace inspiration and a renewed appreciation for the beauty and power of art Whether you are an aspiring artist seeking guidance an art enthusiast yearning for deeper understanding or simply a soul searching for meaning in a world often devoid of it this book will ignite your imagination and touch your heart It is an invitation to see the world through the eyes of the artist to experience the transformative power of creativity and to embrace your own unique voice Join us on this extraordinary journey into the heart of the artist and the soul of art itself Discover the secrets of their creative process the challenges they face and the triumphs they achieve Let their stories inspire you to embrace your own creativity and to leave your mark on the world If you like this book write a review on google books

Social Justice for the Sensitive Soul Dorcas Cheng-Tozun,2023 We often assume social justice work is raised voices and raised fists But for those who don't feel comfortable battling in the trenches Dorcas Cheng Tozun expands the possibilities of positive social impact offering sensitive souls ways to meet a hurting world with a quieter but equally passionate path to collaborate for social good

The Evolution of the Sensitive Soul Simona Ginsburg,Eva Jablonka,2019-03-12 A new theory about the origins of consciousness that finds learning to be the driving force in the evolutionary transition to basic consciousness What marked the evolutionary transition from organisms that lacked consciousness to those with consciousness to minimal subjective experiencing or as Aristotle described it the sensitive soul In this book Simona Ginsburg and Eva Jablonka propose a new theory about the origin of consciousness that finds learning to be the driving force in the transition to basic consciousness Using a methodology similar to that used by scientists when they identified the transition from non life to life Ginsburg and Jablonka suggest a set of criteria identify a marker for the transition to minimal consciousness and explore the far reaching biological psychological and philosophical implications After presenting the historical neurobiological and philosophical foundations of their analysis Ginsburg and Jablonka propose that the evolutionary marker of basic or minimal consciousness is a complex form of associative learning which they term unlimited associative learning UAL UAL enables an organism to ascribe motivational value to a novel compound non reflex inducing stimulus or action and use it as the basis for future learning Associative learning Ginsburg and Jablonka argue drove the Cambrian explosion and its massive diversification of organisms Finally Ginsburg and Jablonka propose symbolic language as a similar type of marker for the evolutionary transition to human rationality to Aristotle's rational soul On Human Nature Thomas Aquinas,Saint Thomas (Aquinas),1999-01-01 Indeholder Thomas Aquinas kommentarer til Aristoteles De anima og hans egen Summa theologica

The Overwhelmed Empath - A Guide For Sensitive Souls Kelly

Wallace,2020-11-19 Being an empath is a double edged sword On the one hand most of us like having such deep emotions We can feel a sunset clear through to our soul and love more deeply than any normal person could imagine We also tend to have intuitive knowledge about people and places that can be truly helpful if we listen On the other hand we usually absorb far too much energy from those around us and can easily feel overwhelmed to say the least With sensitive souls our brains are hardwired differently When people ask me what it feels like to be an empath I can only explain it as being wide open all the time I know that being a highly sensitive person can often feel like a curse and more stress than it s worth Once you learn to protect and strengthen yourself inside and out I m hoping that you ll see what a wonderful gift it is to be an empath Sensitive make some of the best psychics artists musicians writers counselors friends and parents as well as other roles where compassion and deep feeling are helpful We see the world in ways others can t and we experience life at an unmatched level In this book I want to show you that you re unique not crazy or neurotic and that with practice you can feel far less overwhelmed In my practice I ve seen clients who spent years as anxiety ridden introverts come to understand and work with their empathy In doing so they ve become stronger calmer more outgoing and far happier I want this for you too

Salsa for Sensitive Souls Joseph Rebholz,2000-08 Great fun for all adults who savour a better life and are willing to enjoy it Has nothing to do with cooking except for romance in the kitchen Psychology Antonio Rosmini,1886 The Problem of the Rational Soul in the Thirteenth Century Richard C. Dales,1995-07-01 The Problem of the Rational Soul in the Thirteenth Century traces the Latin scholastics attempt to deal with two essentially incompatible notions of the human soul the scientific view of Aristotle which considers it to be a form and the Augustinian view of the soul as a substance in its own right from Gundissalinus to the Parisian condemnation of 1277 It traces the growing disarray of Latin notions of the soul the growth of the monopsychism controversy the solutions of Bonaventure and Aquinas through the variety of responses to Aquinas s De unitate intellectus Among its conclusions are that the traditional dualism diminished with time that there was little agreement among the heterodox Aristotelians and that with two exceptions no one in the thirteenth century taught the present position of the Catholic Church that the rational soul is infused at conception *Philosophy of Mind in the Late Middle Ages and Renaissance* Stephan Schmid,2018-07-06 Characterized by many historically significant events such as the invention of the printing press the discovery of the New World and the Protestant Reformation the years between 1300 and 1600 are a remarkably rich source of ideas about the mind They witnessed a resurgence of Aristotelianism and Platonism and the development of humanism However philosophical understanding of the complex arguments and debates during this period remain difficult to grasp *Philosophy of Mind in the Late Middle Ages and Renaissance* provides an outstanding survey of philosophy of mind in this fascinating and still controversial period and examines the thought of figures such as Aquinas Suarez and Ficino Following an introduction by Stephan Schmid thirteen specially commissioned chapters by an international team of contributors discuss key topics thinkers and debates including mind and method the mind and its illnesses the

powers of the soul Averroism intentionality and representationalism theories of self consciousness will and its freedom external and internal senses Renaissance theories of the passions the mind body problem and the rise of dualism and the cognitive turn Essential reading for students and researchers in philosophy of mind medieval philosophy and the history of philosophy Philosophy of Mind in the Late Middle Ages and Renaissance is also a valuable resource for those in related disciplines such as religion literature and Renaissance studies

Summa Theologiae Prima Pars, 50-119 St. Thomas Aquinas,2012-12-01 The most important work of the towering intellectual of the Middle Ages Thomas Aquinas Summa Theologiae remains one of the great seminal works of philosophy and theology while extending to subjects as diverse as law and government sacraments and liturgy and psychology and ethics Aquinas begins his famous Summa Theologiae by getting right to the heart of what every person longs to see the face of God With Latin and English side by side this edition is perfect for students teachers pastors or anyone wanting to have a deeper understanding of God

Summa Theologica: First Part St. Thomas Aquinas,2018-02-06 The first volume in this epic and classic undertaking by one of the most notable theologians of the Roman Catholic Church This volume features theological considerations towards such topics as God the Trinity Creation Angels Humanity Good and Evil and other important topics that we often take for granted in our thinking in the church and in worship towards God These topics must be carefully considered if we are to ever have a deep understanding and love of the one true God and his son Jesus Christ

The Routledge Companion to Medieval Philosophy Richard Cross,JT Paasch,2021-01-12 Like any other group of philosophers scholastic thinkers from the Middle Ages disagreed about even the most fundamental of concepts With their characteristic style of rigorous semantic and logical analysis they produced a wide variety of diverse theories about a huge number of topics The Routledge Companion to Medieval Philosophy offers readers an outstanding survey of many of these diverse theories on a wide array of subjects Its 35 chapters all written exclusively for this Companion by leading international scholars are organized into seven parts I Language and Logic II Metaphysics III Cosmology and Physics IV Psychology V Cognition VI Ethics and Moral Philosophy VII Political Philosophy In addition to shedding new light on the most well known philosophical debates and problems of the medieval era the Companion brings to the fore topics that may not traditionally be associated with scholastic philosophy but were in fact a veritable part of the tradition These include chapters covering scholastic theories about propositions atomism consciousness and democracy and representation The Routledge Companion to Medieval Philosophy is a helpful comprehensive introduction to the field for undergraduate students and other newcomers as well as a unique and valuable resource for researchers in all areas of philosophy

Sensitive Soul Michael A. Jawer,2020-08-04 Explores how emotion underlies personality triggers the development of non ordinary states and perceptions and connects all life Shows how the flow of our emotions shapes individual minds and personalities Reveals the significant role of emotion in PTSD alexithymia not knowing what one is feeling autism savantism synesthesia overlapping senses d j vu phantom pain migraines and extreme empathy Looks at the

emotional lives of animals demonstrating how life threatening emergencies can trigger amazing sensitivities and abilities in them Emotion as it exists within and between people underpins personality spirituality and a range of extraordinary perceptions conditions and experiences These include d j vu phantom pain post traumatic stress disorder PTSD and extreme empathy where people instantaneously feel the physical or emotional pain of another Many gifted children those with synesthesia and people with autism not to mention highly sensitive people in general report forms of innate knowing and even paranormal experiences In this exploration of the role of emotion in non ordinary states and abilities Michael Jawer shows how the flow of our emotions and those of the people around us greatly influences the development of exceptional capacities and sensitivities Drawing on a range of scientific studies Jawer explores how 5 remarkable kinds of people individuals with autism synesthesia savantism child prodigies and children who remember past lives are linked through the biology of emotion and how a hidden emotional intensity underlies both autism and anomalous perception He examines the psychological concept of thin and thick boundaries and how those with thin boundaries those who are more environmentally sensitive have a greater predisposition toward empathy synesthesia psi abilities and extraordinary states of perception Sharing extraordinary examples the author explores how strong emotion may endure through time and space possibly even after death He also looks at the emotional lives of animals our soulful connections with them and how life threatening emergencies can trigger amazing sensitivities and abilities in our fellow creatures Revealing the unseen role of emotion in mind and personality Jawer shows that emotion is the binding force that connects us with one another with all of life and with nature itself

Studies in Analogy Ralph M. McInerny, 2012-12-06 The present volume brings together a number of things I have written on the subject of analogy since the appearance of *The Logic of Analogy* in 1961 In that book I tried to disengage St Thomas teaching on analogous names from various subsequent accretions which in my opinion had obscured its import The book was widely reviewed various points in it were rightly criticized but its main argument namely that analogical signification is a logical matter and must be treated as such was if often confronted left finally I think standing The studies brought together now reflect the same concentration on the teaching of Aquinas I am not of the opinion that everything important on the question of analogy and certainly not everything of importance on those problems which elicit the doctrine of analogy was said by Thomas Aquinas But it was my decision for my personal work first to achieve as much clarity as I could with respect to the teaching of Thomas and then to go on to other writers both ancient and modern I am currently engaged in working out the relations among equivocation analogy and metaphor in Aristotle When that study is completed I shall turn eagerly to some quite recent contributions to the nature of religious language In short the present work which is by and large a prolongation of my attempt at an exegesis of Thomistic texts marks the end of one phase of my research into the problem of analogy

Aristotle on Sexual Difference Marguerite Deslauriers, 2022 *Aristotle on Sexual Difference* is a book about Aristotle's understanding of the differences between male and females and men and women It considers what he

says about biological differences between the sexes and about psychological differences that he thinks justify different political roles for men and women It discusses the authors who preceded Aristotle highlighting that they treat sexual difference as a misfortune and women as an evil inflicted on men This book demonstrates that Aristotle rejects that view and that he argues for the benefit of sexual difference to animal species and the value of women to their political communities It also traces a connection between Aristotle s accounts of the physiological defects of women and of their political limitations

Christian Collection: Scripture, History, Theology, Spirituality and Fiction Johann Wolfgang von Goethe, Martin Luther, Henryk Sienkiewicz, Dante Alighieri, Henry Van Dyke, David Hume, James Allen, Ralph Waldo Emerson, Andrew Murray, John Bunyan, Grace Livingston Hill, Thomas Paine, Voltaire, Lew Wallace, John Milton, Charles M. Sheldon, Ludwig Feuerbach, G. K. Chesterton, Friedrich Nietzsche, Thomas à Kempis, Leo Tolstoy, Fyodor Dostoevsky, Charles Spurgeon, Prentice Mulford, St. Teresa of Ávila, Saint Augustine, Florence Scovel Shinn, H. Emilie Cady, Gregory of Nyssa, Pope Gregory I, Athanasius of Alexandria, John of Damascus, Brother Lawrence, Arthur Pink, 2023-12-22 Christian Collection Scripture History Theology Spirituality and Fiction is a captivating anthology that deftly intertwines the realms of faith philosophy and narrative storytelling The compendium explores a wide array of themes from the foundational tenets of Christian doctrine to probing examinations of faith and morality With a tapestry of literary styles that ranges from profound theological discourse to rich allegorical fiction this collection stands as a monumental exploration of the Christian literary tradition The selected works curated with an eye towards diversity and depth include standout pieces that challenge and inspire the reader collectively forming a cohesive dialogue that spans centuries This anthology draws on the talents of an impressive array of authors whose backgrounds span epochs and continents from luminaries such as Augustine and Luther to dynamic voices like Dostoevsky and Emerson The collection situates itself within a rich tradition that mirrors key cultural and theological movements providing a platform for these thinkers to illuminate their interpretations of Christianity By merging the thoughts of classical theologians with those of innovative storytellers the anthology offers a comprehensive vista of Christian thought underscoring the enduring influence of each author s contribution to the burgeoning tapestry of spiritual discourse A must have for any scholar or enthusiast of Christian literature this collection offers an invaluable opportunity to immerse oneself in the depth and variety of Christian intellectual history Readers are invited on an enlightening journey through myriad perspectives savoring the distinctive voices and ideas that have shaped theological dialogue across different eras It is an essential resource that promises to both educate and invigorate encouraging a contemplative engagement with the many layers of theological historical and literary insights contained within its pages In this enriched edition we have carefully created added value for your reading experience An Introduction draws the threads together discussing why these diverse authors and texts belong in one collection Historical Context explores the cultural and intellectual currents that shaped these works offering insight into the shared or contrasting eras that influenced each writer A combined Synopsis Selection briefly

outlines the key plots or arguments of the included pieces helping readers grasp the anthology's overall scope without giving away essential twists A collective Analysis highlights common themes stylistic variations and significant crossovers in tone and technique tying together writers from different backgrounds Reflection questions encourage readers to compare the different voices and perspectives within the collection fostering a richer understanding of the overarching conversation

The Greatest Books of Spiritual Wisdom Martin Luther, John Stuart Mill, David Hume, James Allen, Ralph Waldo Emerson, Andrew Murray, Thomas Paine, Ludwig Feuerbach, G. K. Chesterton, Friedrich Nietzsche, Thomas à Kempis, Leo Tolstoy, Charles Spurgeon, Wallace D. Wattles, Prentice Mulford, St. Teresa of Ávila, Saint Augustine, Florence Scovel Shinn, H. Emilie Cady, Gregory of Nyssa, Pope Gregory I, Athanasius of Alexandria, Basil the Great, John of Damascus, Saint Thomas Aquinas, Brother Lawrence, Arthur Pink, 2023-12-22 The Greatest Books of Spiritual Wisdom is an extraordinary anthology that traverses a broad spectrum of spiritual and philosophical insights capturing timeless debates and teachings that have shaped human thought across centuries This collection compiles an eclectic mix of literary styles from the meditative prose of spiritual mystics to the piercing rationality of philosophical giants It presents a rich tapestry of reflections on faith morality and human existence enticing readers to explore profound ideas laid out by diverse thinkers Standout pieces delve into the human soul's pursuit of truth and the search for a higher purpose inviting readers to question reflect and seek deeper understanding The contributors to this anthology span a vast historical and cultural landscape each bringing a unique perspective to the spiritual discourse From Martin Luther's Protestant reformation insights to Friedrich Nietzsche's existential provocations the authors represent pivotal movements such as Enlightenment rationalism Christian mysticism and Transcendentalism Their collective voices create a dialogue that transcends time offering a mosaic of perspective on the human condition Together these authors forge an intricate narrative that not only complies with but also questions traditional spiritual paradigms This compendium is essential for readers eager to immerse themselves in the multiplicity of spiritual thought and philosophical inquiry that has defined human history It provides an unparalleled opportunity to engage with the profound personal and spiritual insights of history's greatest thinkers making it a treasure trove for educators students and seekers alike By traversing these disparate voices readers are encouraged to find their own path amidst the dialogue fostering deeper reflection and understanding of diverse spiritual ideologies within one cohesive volume **An**

Introduction to the Philosophy of Animate Nature Henry J. Koren, 2023-04-26 The purpose of this book is to serve as an introduction to the metaphysical study of life in undergraduate colleges It presupposes that the student has made a study of general metaphysics or at least has been given a good introduction to the general problems of philosophy At the end of each chapter a summery has been added to make it easier for the student to obtain a comprehensive view of the matter

SUMMA THEOLOGICA Thomas Aquinas, 2023-11-25 Summa Theologica composed by the eminent theologian Thomas Aquinas in the 13th century stands as a monumental synthesis of Christian theology and philosophy Written in a systematic

and methodical style this comprehensive work addresses fundamental questions regarding God morality and human existence employing a dialectical approach that combines Aristotelian logic with Christian doctrine The text is divided into three main parts meticulously exploring topics such as the nature of God the moral life and the sacraments making it not only an intellectual cornerstone of scholastic thought but also an essential guide for understanding the interplay between faith and reason Thomas Aquinas a Dominican friar and philosopher was profoundly influenced by the theological currents of his era particularly the reconciliation of faith with the burgeoning philosophy of the ancient Greeks His extensive education including studies at the University of Naples and Paris equipped him with the tools to engage rigorously with philosophical questions leading him to pen this seminal work Aquinas s background in both theology and philosophy allowed him to articulate a vision of a unified truth reconciling competing ideas within Christianity and the surrounding intellectual culture Summa Theologica is invaluable for scholars and lay readers alike offering insights into the nature of faith ethics and the quest for truth Its timeless appeal lies in its ability to address existential questions that continue to resonate today Delve into Aquinas s profound reflections that have shaped centuries of thought and remain pivotal in contemporary discussions on theology and philosophy In this enriched edition we have carefully created added value for your reading experience A succinct Introduction situates the work s timeless appeal and themes The Synopsis outlines the central plot highlighting key developments without spoiling critical twists A detailed Historical Context immerses you in the era s events and influences that shaped the writing An Author Biography reveals milestones in the author s life illuminating the personal insights behind the text A thorough Analysis dissects symbols motifs and character arcs to unearth underlying meanings Reflection questions prompt you to engage personally with the work s messages connecting them to modern life Hand picked Memorable Quotes shine a spotlight on moments of literary brilliance Interactive footnotes clarify unusual references historical allusions and archaic phrases for an effortless more informed read

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