



On My Own Terms

Carolyn Gammon



On My Own Terms:

On My Own Terms Darlene Barriere, 2004 *On My Own Terms* A Memoir TWENTY FOUR YEAR OLD DARLENE BARRIERE is borderline anorexic when she enters psychotherapy She s there to prove she doesn t need professional help even though she hates everything about herself She s afraid of being labeled neurotic or psychotic but mostly Darlene is afraid that she might be as crazy as her mother And so begins ten months of grueling sessions with Dr Stein Darlene shares and faces the memories that led to a suicide attempt a planned teenage pregnancy and subsequent abortion promiscuity a stint in detention morbid obesity eating disorders and a voluntary tubal ligation when she was twenty one years old But she doesn t share the fact that in her purse are three boxes of Ex Lax Darlene must face the reality that her mother hated her She must come to terms with her love hate feelings for her violent lord and master father Twelve years later Darlene learns her estranged mother has terminal bone cancer As the family congregates to prepare for their mother s death Darlene attempts to re establish the emotional connection she once had with her brothers and sisters But religious feuds unresolved childhood squabbles and Darlene s public trustee relationship with her mother take their toll Now she must deal with what happens when the past collides with the present For more information please visit www.members.shaw.ca/darbarriere

My Own Terms 2 , *My Own Terms 2: Never Settle* T. Nicole, 2010 The sequel to *My Own Terms* this novel wraps up all of Shana s unfinished business **In My Own Words** Paul Galvin, 2014-10-30 One of the greatest GAA footballers of the modern era Paul Galvin has enjoyed a brilliant and at times controversial career Winning four senior All Ireland medals with Kerry and eight Munster championships he was also a three time All Star and 2009 Footballer of the Year His inter county career took off in the late 1990s when he picked up a Munster minor championship medal in 1997 and another at under 21 level in 1999 But it was in the senior team throughout the 2000s that Paul came into his own In a period defined by great rivalry with Tyrone he became a key playmaker for Kerry never failing to give his all in pursuit of victory Over the course of a career marked by courage physicality and an intense passion for the Green and Gold there were many glorious days There were other days too with controversial incidents that led to a number of suspensions most notably in 2008 the year in which Paul also had the honour of being the Kerry captain 2009 brought redemption But 2010 presented new challenges In this fiercely honest autobiography Paul offers in his own words a compelling unflinching account of a career that has fascinated football fans for over a decade

On Our Own Terms Meredith McCoy, 2024-06 *On Our Own Terms* contextualizes recent federal education legislation against the backdrop of two hundred years of education funding and policy to explore two critical themes the racial and settler colonial dynamics that have shaped Indian education and an equally long and persistent tradition of Indigenous peoples engaging schools funding and policy on their own terms Focusing primarily on the years 1819 to 2018 Meredith L McCoy provides an interdisciplinary methodologically expansive look into the ways federal Indian education policy has all too often been a tool for structural violence against Native peoples Of particular note is a historical

budget analysis that lays bare inconsistencies in federal support for Indian education and the ways funds become a tool for redefining educational priorities McCoy shows some of the diverse strategies families educators and other community members have used to creatively navigate schooling on their own terms These stories of strategic engagement with schools funding and policy embody what Gerald Vizenor has termed survivance an insistence of Indigenous presence trickster humor and ironic engagement with settler structures By gathering these stories together into an archive of survivance stories in education McCoy invites readers to consider ongoing patterns of Indigenous resistance and the possibilities for bending federal systems toward community well being

On Our Own Terms Fernanda Moura e Taciana Mello,2019-01-22 The book On Our Own Terms Stories of Women Entrepreneurs around the World brings together stories from 24 countries The book is the result of The Girls on the Road project spanning 99 534 000 kilometers and more than 300 interviews on 5 continents with women entrepreneurs and experts Women still face more obstacles to become entrepreneurs no matter the country culture or environment Over the course of 15 months the duo also navigated the sociocultural aspects of the countries visited and had an experience that went beyond the interviews We had the opportunity to get to know a little of the role and perception of women through them It was an excellent exercise to break our own paradigms and prejudices said the authors

On Her Own Terms Carolyn Gammon,2021-09-25 Internationally acclaimed author Carolyn Gammon conjures a kind and unflinching portrait of her mother s dementia ultimately revealing the love joy and life which remain even as memory and past fade Learning to speak in maybes perhaps I told you Were you there and to let a mother direct memory as memory vanishes Gammon threads a path through time bringing us into the heart and heat of a mother daughter relationship that is changing as each day passes That one day may not offer the pleasure of a daughter s company but only that of a warm hand Each poem reveals the intimacy of this mother daughter relationship thrusting the reader into their dialogue and communication At the end of each poem is a quote from Gammon s mother often eerily insightful reflecting her own youthful ambition to write I am still clinging to the vine and I find forgetting easy Kind often funny and always honest this collection is for anyone who has loved someone who is beginning to forget has forgotten but will not be forgotten These words offer an archive a testament to the memory that lives in books and a reminder that memory loss is not an insurmountable barrier to living a good life

My Own Terms T. Nicole,2010-01-12 Leaving Philadelphia could only mean one thing for Shana a new beginning She had no choice she was forced out Her husband couldn t accept her leaving him and he made every attempt to make her come back The stalking of friends and family was too much for her to handle She had an out and it was three thousand miles away Drastic times call for drastic measures

On My Own: Finding Meaning and Fulfillment in a World That Doesn't Always Understand Pasquale De Marco,2025-05-06 Are you single and looking for a book that will speak to your heart Look no further than On My Own Finding Meaning and Fulfillment in a World That Doesn t Always Understand a new book that offers a fresh perspective on singlehood In On My Own Finding Meaning and Fulfillment in a

World That Doesn't Always Understand author Pasquale De Marco draws on her own experiences and insights to help readers navigate the challenges and joys of being single in a world that doesn't always understand. With warmth, humor, and honesty, Pasquale De Marco explores the topics that matter most to single people, including how to find happiness and fulfillment on our own terms, how to build a strong support system, how to overcome the challenges of loneliness, how to find love and companionship if we so desire. But more than anything, *On My Own: Finding Meaning and Fulfillment in a World That Doesn't Always Understand* is about empowering single people to embrace their own unique journey. Pasquale De Marco believes that being single is not a lack or a waiting period, but a time of growth, self-discovery, and boundless possibilities. If you are single and looking for a book that will help you to see your own journey in a new light, find the joy, fulfillment, and love that you deserve, embrace your own unique journey. Then *On My Own: Finding Meaning and Fulfillment in a World That Doesn't Always Understand* is for you. Open your heart and mind to the possibilities and let Pasquale De Marco be your guide on this extraordinary journey. *On My Own: Finding Meaning and Fulfillment in a World That Doesn't Always Understand* is a must-read for anyone who is single, regardless of their age, background, or relationship status. It is a book that will inspire, motivate, and empower you to live your best life on your own terms. If you like this book, write a review on Google Books.

Something on My Own Glenn D. Smith, Jr., 2015-02-25 In 1929 *The Goldbergs* debuted on the air, introducing Gertrude Berg and her radio alter ego, Bronx housewife Molly Goldberg, to the nation. The show would become one of the most beloved and enduring sitcoms of Golden Age radio and early TV. At the helm was Berg, who as creator, star, writer, and producer became a force to be reckoned with. This multi-faceted biography provides a penetrating look at how Gertrude Berg carved a special place for herself in the annals of broadcast history. Decades before Lucille Ball, Berg triumphed as a woman of commercial and creative consequence in what was essentially a male-dominated arena. For over three decades, Berg's Molly fluttered about and hung out her kitchen window, dispensing motherly advice laced with engaging malapropisms, insights, and lots of schmaltz. The show offered a warmly comedic look at the lives and dreams of working-class American Jews and subtle insights into the nature of assimilation. While Molly, husband Jake, and Uncle David represent Old World Jewish stereotypes, children Rosalie and Sammy are as American as apple pie. Berg makes it clear that the only thing separating shtetl and middle-class New World values is style. Drawing on Gertrude Berg's papers at Syracuse University's Bird Library and rare interviews with her family and colleagues, the author reveals her as shrewd, creative, and forthright. Unlike Molly, Berg was a cultivated woman and a Columbia graduate. A pioneer in the concept of product tie-in, she parlayed the show's popularity into a movie, short stories, and even a cookbook. In 1951, she stood up to the blacklist by refusing to fire longtime co-star Philip Loeb, who was under fire by the House Un-American Committee. The book also chronicles Berg's accomplishments in theater, film, and literature.

A World of My Own Pasquale De Marco, 2025-05-22 In a world yearning for transformation, one person embarked on a quest to discover a realm beyond the ordinary. A world of their own, where dreams take flight and

boundaries dissolve This captivating tale follows the protagonist as they navigate the labyrinth of life encountering challenges that ignite their spirit and forge their resilience Through trials and tribulations they uncover a hidden wellspring of strength within themselves learning to embrace adversity as a catalyst for growth Along their journey they encounter fellow travelers kindred spirits who share their thirst for adventure and their unwavering belief in the power of human connection Together they forge bonds that transcend time and space creating a tapestry of memories that will forever warm their hearts The world they discover is a kaleidoscope of vibrant colors a symphony of sounds and a tapestry of textures They marvel at the beauty of nature in its infinite forms from towering mountains to tranquil valleys from sparkling oceans to lush forests They immerse themselves in the diverse cultures of the world embracing the unique traditions customs and beliefs of people from all walks of life Through their travels they gain a profound appreciation for the interconnectedness of all things They realize that we are all part of a vast tapestry of life and that our actions have the power to uplift or diminish the world around us They resolve to live their life with intention and purpose striving to make a positive impact on the world and to leave it a better place than they found it As they continue their journey they uncover hidden depths within themselves They discover talents and abilities that they never knew they possessed and they realize that they are capable of achieving more than they had ever imagined They embrace new challenges with newfound confidence knowing that they have the strength and resilience to overcome any obstacle that comes their way This book is an invitation to embark on a journey of self discovery to break free from the confines of the ordinary and step into a world of your own making It is a celebration of the human spirit a testament to the power of resilience and a reminder that we are all capable of creating a life that is extraordinary If you like this book write a review on google books

On My Own Diane Rehm, 2017-02-07 A beloved NPR radio host speaks about the death of her husband of fifty four years and of her struggle to reconstruct her life without him in an eloquent deeply moving book that invite s comparisons to Joan Didion s own memoir of loss The Year of Magical Thinking The Guardian John Rehm was 74 when he was diagnosed with Parkinson s Nine years later he passed away having made the difficult choice to end his extended illness by refusing to eat drink or accept medication This process transformed Diane into an advocate for increased conversation end of life care and the right to die on one s own terms as well as a brave and sympathetic voice for anyone who must learn how to live again after bereavement

Dancing on My Own Two Feet Jenn Todling, 2025-04-29 An inspirational book club read of one woman s journey of taking the bold step to leave her disabled and volatile spouse and moving across the country in search of adventure tango and love At the tender age of twenty Jenn faces a pivotal moment when her boyfriend Morey proposes marriage after only a few weeks of dating Her intuition urges her to say no but she s spent the entirety of her teenage years caregiving for family she yearns for adventure and she thinks relocating to California with Morey will give her the freedom she craves So she says yes only to find herself back in the caregiver role after he becomes disabled a few years into their marriage But it s Morey s volatile personality that ultimately leads Jenn to

make a brave decision it's time to leave Dancing on My Own Two Feet takes a poignant turn as Jenn relocates to New York City after her divorce Here she rediscovers a long forgotten passion for dance and embarks on a transformative journey that transcends the physicality of movement Each dance becomes a channel to tap into her inner wisdom providing the courage to explore the world and embrace new adventures Then Jenn encounters Gable a potential suitor prompting new questions to arise for her Is she better off on her own Or could Gable be the love and dance partner she's been longing for

My Own Dear People Dwight Thompson, 2025-04-01 A young Jamaican man struggles to overcome toxic masculinity his culture's and his own in this Caribbean coming of age novel Manhood masculinity what it means to grow up in a world where who you are and who you are expected to be exist in powerful soul deep struggle Dwight Thompson's My Own Dear People tackles all these issues and more in an important beautifully written novel about a young man's struggle to come to terms with the actions and inactions of his own past This is one of the best books I have read in a long long time Jerry Stahl author of *Nein* *Nein* *Nein* In high school in Montego Bay Jamaica teenager Nyjah Messado witnessed the rape of Maude Dallmeyer a teacher trainee Some of the boys who committed the assault are his friends and he's soon torn between the masculine code at the all boys school and his own conscience This guilt haunts him during his years away at college It continues to weigh heavily upon him when he returns home and Nyjah finds it increasingly difficult for him to spend time with his best friend Chadwell who participated in the rape A unique chance to reunite with Maude gives Nyjah the opportunity to admit his complicity as a do nothing witness and ask for forgiveness But will he take it And will she accept it or will his own journey for inner peace only renew her trauma My Own Dear People is a multilayered story exploring both the effects of toxic masculinity and the bonds of friendship We see Nyjah trying to come to terms with his own place in multiple worlds in his family at school with its colonial Eurocentric ethos and within the religion and politics of Montego Bay and the city's criminal gangs Through his time away at college he is beginning to develop his own sense of accountability and an understanding of the life he is living Stylistically engaging and ambitious in scope the novel takes us through a sweeping movement between the younger and more mature selves of Nyjah from the homophobia prevalent in Jamaican boys schools and the institutionalized form it takes to the paranoia and denial surrounding adolescent sexuality to the corruption of a society that runs so nakedly on power relations and social class Similar to Hanya Yanagihara's *A Little Life* and Kate Walbert's *His Favorites* My Own Dear People looks unflinchingly at proclivities toward cruelty particularly toward women and LGBTQ people Dwight Thompson elevates the tradition of the coming of age novel by boldly examine how sexual predation crosses both gay and straight worlds

I Know My Own Heart Helena Whitbread, 1992-06-01 Upon publication the first volume of Anne Lister's diaries I Know My Own Heart met with celebration delight and some skepticism How could an upper class Englishwoman in the first half of the nineteenth century fulfill her emotional and sexual needs when her sexual orientation was toward other women How did an aristocratic lesbian manage to balance sexual fulfillment with social acceptability Helena Whitbread the editor of these

diaries here allows us an inside look at the long running love affair between Anne Lister and Marianna Lawton an affair complicated by Anne s infatuation with Maria Barlow Anne travels to Paris where she discovers a new love interest that conflicts with her developing social aspirations For the first time she begins to question the nature of her identity and the various roles female lovers may play in the life of a gentrywoman Though unequipped with a lesbian vocabulary with which to describe her erotic life her emotional conflicts are contemporary enough to speak to us all This book will satisfy the curiosity of the many who became acquainted with Lister through I Know My Own Heart and are eager to learn more about her revealing life and what it suggests about the history of sexuality

Words of Gold... Deep from My Soul Words of Pain... Thoughts of Rain Melquiades Ortiz,2010-05 This book is written in the hopes of reaching other victims of traumatic events whether they might be combat Veterans first responders or just average citizens that are living and re living acts of violence or painful stressful moments in their lives

Denis Edwards in His Own Words ATF Press,2020-05-01 Denis Edwards was a theoloian concerned with the science and religion discourse and eco theology He died in March 2019 This book is a collection of his till now unpubshlished talks and essays

From Women to the World Elizabeth Filippouli,2021-07-01 An Independent Book of the Month Featured in Vogue Arabia Featured by Vanity Fair Acclaimed writer Elif Shafak writes a letter to Jacinda Ardern Prime Minister of New Zealand after the Christchurch attack Actress Yasmine AlMassri pens a poem about war for her mother Activist and TV presenter June Sarpong addresses designer Diane Von Furstenberg These are a few of the moving and insightful letters that make up From Women to the World a book by journalist author and executive Elizabeth Filippouli which brings together letters from a global group of accomplished women politicians royalty actors writers activists and more every one addressed to a woman who means something to each of them The results are extraordinary heartfelt letters to historical figures mentors family members or inspiring ordinary people Each is based on these women s personal histories and experiences drawing attention to social issues such as homelessness war LGBT activism mental health care or the plight of international refugees From Women to the World is more than a simple collection of letters it is a book that shows a new model of leadership based on emotional intelligence and demonstrates how we have the wisdom to inspire motivate and reinvent our world

In My Own Time Humphrey Burton,2021 This long awaited autobiography is a must read for classical musical enthusiasts and those fascinated by some of the twentieth century s star performers It also offers unique insights into the history of music the BBC and arts broadcasting in twentieth century Britain Sir Humphrey Burton is one of Britain s most influential post war music and arts broadcasters Witty humorous and full of humanity Burton s account presents us with never before recorded perspectives on the world of British cultural broadcasting and classical music Burton worked with such outstanding directing talents as Ken Russell and John Schlesinger before becoming the BBC s Head of Music and the Arts Already in the 1960s in conversations with Glenn Gould for instance Burton helped to create innovative ways of presenting music to new audiences Following Sir David Frost s call to LWT ITV

Burton rose to prominence with presenting the award winning arts series Aquarius 1970 1975 The early 1970s saw the beginning of Burton's long association with Leonard Bernstein Burton was at hand filming the maestro's educational programs as well as concerts with the Vienna Philharmonic Unforgettable are his chronicles of Bernstein's last years culminating in a worldwide broadcast of the conductor's Berlin Freedom Concert after the fall of the Berlin Wall Burton's gift for communicating music turned him into a celebrated Bernstein biographer With multi award winning television programmes to his name such as the BBC's Young Musician of the Year Burton left an indelible mark on Britain's music and arts broadcasting history Sir Humphrey Burton offers us many encounters with twentieth century classical music's superstars and former broadcasting colleagues What transpires is a creative mind at work that never lost sight of the demand that the appropriate presentation of music can only go hand in hand with a deep understanding of music itself This long awaited autobiography is a must read for classical musical enthusiasts and those fascinated by some of the twentieth century's star performers It also offers unique insights into the history of music the BBC and arts broadcasting in twentieth century Britain association with Leonard Bernstein Burton was at hand filming the maestro's educational programs as well as concerts with the Vienna Philharmonic Unforgettable are his chronicles of Bernstein's last years culminating in a worldwide broadcast of the conductor's Berlin Freedom Concert after the fall of the Berlin Wall Burton's gift for communicating music turned him into a celebrated Bernstein biographer With multi award winning television programmes to his name such as the BBC's Young Musician of the Year Burton left an indelible mark on Britain's music and arts broadcasting history Sir Humphrey Burton offers us many encounters with twentieth century classical music's superstars and former broadcasting colleagues What transpires is a creative mind at work that never lost sight of the demand that the appropriate presentation of music can only go hand in hand with a deep understanding of music itself This long awaited autobiography is a must read

A Place of My Own Pasquale De Marco,2025-03-18

In a world clamoring for our attention A Place of My Own offers a sanctuary of solitude a retreat from the relentless demands of external distractions Within these pages you ll embark on a journey of self discovery delving into the depths of your own being to uncover hidden truths ignite passions and heal wounds that shape your existence Through introspection and self reflection you ll unravel the tapestry of your unique narrative a story woven from experiences both joyful and sorrowful triumphant and tragic Find solace in solitude strength in community and beauty in the natural world as you confront the challenges of adversity embrace the transformative power of love and uncover the hidden gifts of time This book is not a guidebook or a self help manual It is a companion a fellow traveler on your journey of self discovery It won t provide easy answers or quick fixes Instead it challenges you to confront the depths of your own being to embrace the totality of your experiences and to embark on a voyage of self transformation that will leave you forever changed As you traverse the chapters of A Place of My Own you ll discover a wellspring of creativity a reservoir of untapped potential and a universe of possibility Learn to harness the power of your thoughts channel your emotions and manifest your dreams into reality Awaken to the beauty of the present moment the interconnectedness of all living things and the infinite possibilities that lie dormant within you With poetic prose and profound insights this book guides you through the labyrinth of your inner world revealing the hidden treasures that await discovery It is an invitation to create a legacy that will inspire generations to come a masterpiece of self expression a symphony of passion and purpose Welcome to the journey of a lifetime where you ll uncover the place of your own a sanctuary of self discovery and limitless potential If you like this book write a review

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