

LYF Life Skills training increases the employability in this competitive world. LYF Life Skills training is almost equivalent to any MNC's Induction Training Program. It creates a good impact on the participants, and they can be able to play a holistic role in the society.

LYF Life Skills have been designed on years of experience in dealing with thousands of students from different backgrounds: Cultural, Social and Regional, by the highly experienced and senior most Teachers, Lecturers, Professors, Senior Facilitators, Trainers, and Project Managers, etc.,

LYF LIFE SKILLS DIVIDED INTO FOUR CATEGORIES.

PERSONAL SKILLS

- Who am I?
- Dreams, Expectations Vs. Goal Setting
- SWOT
- Attitude
- Brand Yourself with Self-Esteem
- Hard Work Vs. SMART Work
- Study through Index Method

MANAGING SKILLS

- Individuality Vs. Group & Team Work
- Leaders Vs. Members
- Communication Skills
- Effective Speaking
- Time Management
- Financial Literacy

SOCIAL SKILLS

- Age, Sex, Gender Vs. Realities
- Values, Perceptions Vs. Changes
- Decision Making
- Problem Solving

EMPLOYMENT SEEKING SKILLS

- Introduction Vs. Introduce
- Group Discussion
- JAM Session
- Bio-Data Vs. Resume Vs. Curriculum Vitae
- Covering Letter
- SWOT the Resume
- Pre & Post Interview Preparation
- Dress Code Vs. Body Language
- Fresher's Vs. Work World

Lyf Making The Team

AN Whitehead



Lyf Making The Team:

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