

Leisure and Later Life: Past, Present and Future

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As the first of the Baby Boom Generation sit on the cusp of late adulthood and possibly retirement, it is an opportune time to reflect on what we know and what we should know about leisure in later life. To help me with this task I conducted an informal discussion forum via email with a group of researchers from Canada and the US who work in the area of leisure and aging. While much of this discussion has a North American focus, the content and suggestions for future action can be applied more universally.

During the early days of leisure studies, leisure and aging garnered a lot of attention, particularly in North America (notable exceptions include Parker, 1982; Long, 1987). Much of this work demonstrated through survey-based research that there is a link between leisure and later life satisfaction (e.g. Havighurst, 1961; Ragheb & Griffith, 1982; Riddick, 1985; Romsa *et al.*, 1985; Kelly, 1987; Kelly *et al.*, 1987; Russell, 1987). Nonetheless, while the findings of this era are still relevant today, many of us feel that it is time to move beyond activity theory (Hendricks & Hendricks, 1981), disengagement theory (Cumming & Henry, 1961) and continuity theory (Atchley, 1977) that framed much of this work. The question now arises, where do we go next?

Over the years, many scholars have attempted to raise the profile of our work among mainstream gerontologists. One of the obstacles to this is not necessarily the lack of respect that leisure as a concept garners from gerontologists, but the ways in which we conceptualize and operationalize leisure differently. While we may argue that leisure is more than activity, gerontologists consistently study the relationship between activity and later life well-being. They generally find that meaningful activity is beneficial in later life and they reconfirm the tenets of activity theory, thereby not moving the body of knowledge further than we did in the 1970s. However, because they view leisure in a way that is less nebulous than we

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Research About Leisure Past Present And Future

Teresa Freire



Research About Leisure Past Present And Future:

Research about Leisure Lynn Anne Barnett,1995 Each of the ten chapters explores one particular focus area including history anthropology psychology and gives a review of the past reflections on the present and thoughts regarding future research Topics include outdoor recreation management and evaluation of leisure programs and tourism and commercial recreation Experts in each particular area wrote the chapter covering their expertise Authors include John Kelly Seppo Iso Ahola Larry Allen Stanley Parker H Douglas Sessoms and Richard MacNeil **A Handbook of Leisure Studies** C. Rojek,S. Shaw,A. Veal,2006-06-20 A unique international resource for Leisure Studies in one volume the history organization and central debates in the field of Leisure Studies are defined providing a one stop shop for students and an agenda for future debate and research academics **Routledge Handbook of Leisure Studies** Tony Blackshaw,2020-07-26 This landmark publication brings together some of the most perceptive commentators of the present moment to explore core ideas and cutting edge developments in the field of Leisure Studies It offers important new insights into the dynamics of the transformation of leisure in contemporary societies tracing the emergent issues at stake in the discipline and examining Leisure Studies fundamental connections with cognate disciplines such as Sociology Cultural Studies History Sport Studies and Tourism This book contains original work from key scholars across the globe including those working outside the Leisure Studies mainstream It showcases the state of the art of contemporary Leisure Studies covering key topics and key thinkers from the psychology of leisure to leisure policy from Bourdieu to Baudrillard and suggests that leisure in the 21st century should be understood as centring on a new Big Seven holidays drink drugs sex gambling TV and shopping No other book has gone as far in redefining the identity of the discipline of Leisure Studies or in suggesting how the substantive ideas of Leisure Studies need to be rethought The Routledge Handbook of Leisure Studies should therefore be the intellectual guide of first choice for all scholars academics researchers and students working in this subject area **Outdoor Recreation**

Management J. J. J. Pigram,John Michael Jenkins,1999 Analysing leisure and outdoor recreation in terms of both their management and their wider importance to society this volume considers the future of outdoor recreation and potential social economic political and technological developments The Feminization of Sports Fandom Stacey Pope,2017-05-08 Women fans have entered the traditionally male domain of the sports stadium in growing numbers in recent years Watching professional sport is important for women for so many reasons but their expectations and experiences have been largely ignored by academics This book tackles these shortcomings in the literature and sheds new light on the many ways in which women become sports fans This groundbreaking study is the first to focus on the phenomenon of the feminization of sports fandom Including original research on football and rugby union in the UK it looks at the increasing opportunities for women to become sports fans in contemporary society and critically examines the way this form of leisure is valued by women Drawing upon feminist thinking and intersectionality it shows how women from different social classes and age groups

consume the spectacle of sport This book is fascinating reading for any student or scholar interested in sport and leisure studies sociology and gender or women s studies *Bibliography of Forest Service Recreation Research* ,1993 **Annual Review of Gerontology and Geriatrics, Volume 14, 1994** M. Powell Lawton, PhD, Jeanne A. Teresi, EdD, PhD, 1994-10-30 This volume evaluates a range of assessment measures with regard to older adults The expert contributors address topics such as assessment of health functional disability ADLs mental agility aging and personality depression and pain While the instruments themselves are readily available from other sources this book discusses the suitability strengths and weaknesses of various measures and offers current information on the rapidly changing state of the art assessment technology

Proceedings of the National Outdoor Recreation Trends Symposium III ,1990 **An Analysis of the Outdoor Recreation and Wilderness Situation in the United States, 1989-2040** H. Ken Cordell, 1990 **An Analysis of the Outdoor Recreation and Wilderness Situation in the United States** ,1990 The Analysis of the Outdoor Recreation and Wilderness Situation in the United States is intended to build upon past studies and to establish a new and better information base on outdoor recreation and wilderness demand and supply Also this assessment answers several key questions which will help identify ways to meet demand through the year 2040 Specifically it is to serve as the foundation for the Forest Service s development of a 50 year program through which that agency can help satisfy the nation s outdoor recreation and wilderness needs Abstract **Outdoor Recreation Management** John Jenkins, John Pigram, 2007-05-07 It is now widely recognized that recreation is as important as work This revealing book analyzes leisure and outdoor recreation in terms of both their management and their wider importance to society Specifically it clarifies the link between leisure recreation tourism and resource management reviews contemporary outdoor recreation management and concepts critically examines approaches to outdoor recreation planning and management in diverse recreational settings considers the future of outdoor recreation and the potential influences of economic social political and technological developments Wide ranging and topical it considers such issues as motivation and choice provision for people with special needs the impact of outdoor recreation on the environment and outdoor recreation in both urban and rural contexts This comprehensively revised second edition has many sections rewritten and expanded to reflect contemporary development in leisure and outdoor recreation management in countries such as Australia Canada the UK the US and New Zealand With an extensive bibliography of more than 500 references and including further reading sections and review questions it is an essential student purchase and one of the most comprehensive and international accounts of outdoor recreation management available **Positive Leisure Science** Teresa Freire, 2012-12-15 This book extends positive psychology by embedding leisure into the positive science field following a new paradigm and aggregating various domains and fields Positive science can be applied to the field of leisure and in turn leisure can serve as an arena to study some of the most important optimal functioning variables The book presents knowledge on a diverse range of topics about optimizing socio cognitive processes and behaviors places and contexts

societies and cultures through leisure These topics are unified by an underlying continuum that extends from individuals and subjective experiences to social worlds The contributions highlight components of everyday life showing that subjective experience and life trajectories are structured and social goals and life purposes are defined and achieved within interactions between individuals and their lived contexts and environments in daily life

General Technical Report NE ,1980 *An Analysis of the Outdoor Recreation and Wilderness Situation in the United States 1989-2040* ,1988 Handbook of Tourism and Quality-of-Life Research II Muzaffer Uysal,M. Joseph Sirgy,2023-09-23 The second volume of this handbook develops on and extends the discussion in the successful first volume published in 2012 This is a timely addition to the literature drawing on the momentum that quality of life QOL research in tourism has gained in the 21st century and on the boom in the tourism industry itself It focuses on four areas of growth in QOL research in the recent past 1 travelers tourists 2 host communities 3 service providers and 4 the role of technology The handbook helps management of tourism firms and policy makers develop specific policies and programs to ensure the most positive impact of tourism on tourists host communities and service providers The comprehensive coverage of topics in this handbook makes it a state of the art reference Academics interested in QOL research in travel and tourism tourism practitioners interested in applying the science of QOL in the tourism industry as well as policy makers involved in regulating the industry will view the handbook as indispensable source of recent research

General Technical Report RM. ,1990 *Journal of Leisure Research* ,1994 **Best Practices in Hospitality and Tourism Marketing and Management** Ana María Campón-Cerro,José Manuel Hernández-Mogollón,José Antonio Folgado-Fernández,2018-07-30 This volume analyses the positive effects that tourism generates on residents quality of life and how this influences tourists quality of life as they enjoy an enriching experience in the destination they visit It provides significant theoretical and empirical contributions as well as case studies related to quality of life in hospitality and tourism marketing and management This volume is the result of the effort that many researchers from all over the world have done to spread some new light on this outstanding research line and add knowledge on the relationship between tourism and quality of life of both residents and tourists This last is highlighted as a fundamental factor to take into account for the development of new tourism practices This volume is a true reference for researchers students and professionals working in tourism marketing and management

The Geography of Tourism and Recreation C. Michael Hall,Stephen J. Page,C.Michael Hall,2003-09-02 The Geography of Tourism and Recreation presents the first comprehensive introduction to tourism leisure and recreation and the relationships between them This accessible text includes a wealth of international case studies spanning Europe North America Australasia and China Each chapter highlights the methods used by geographers to analyse recreation and tourism It also introduces new perspectives from gender studies and postmodernism and examines key issues including the demand and supply of recreation and tourism the role of public policy planning and management the impact of tourism and recreation on urban rural mountain and coastal environments tourism and recreation in wilderness areas and

other peripheral regions The use of student text features makes it ideal for course use
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The Geography of Tourism and

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