# INFECTION PREVENTION AND CONTROL



Handwashing is the most effective way to prevent infection.



When to perform hand hygiene

Before entering or exiting a room

> Before and after any procedure



After body fluid exposure

Before and after touching a client

### Handwashing procedure

Sono Warm running water

Paper towels







- 1. Remove jewelry.
- Adjust water temperature.
- Wet hands.
- 4. Apply sonp.
- 5. Rub hands together vigorously for 20 seconds.
- Rinse hands angled downward.
- 7. Use a paper towel to dry hands and wrist.
- 3. Use paper towel to turn off faucet.

# When to use hand sanitizer instead of handwashing

- When hands are not visibly soiled
- Before entering or exiting a room
- Hand sanitizers are less effective against certain pathogens (norovirus, Cryptosporidium, Clostridium difficile).
- Always wash hands when caring for clients with infectious diarrhea.

Use a personal moisturizer or lotion to prevent dry skin. Cracked skin increases risk of infection.

## Hand sanitizer procedure



- 1. Apply hand sanitizer with at least 60% alcohol to one hand.
- 2. Rub hands together vigorously to cover all surfaces.
- Rub hands together until sanitizer dries (" 30 seconds).

#### Insertion sites

Perform hand hygiene before and after



# Surgical sites

Use antiseptic skin

# **Nurses Guide To Infection Control Practice**

**R Sandford** 

**Nurses Guide To Infection Control Practice:** 

Nurses Guide To Infection Control Practice: Bestsellers in 2023 The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous captivating novels enthralling the hearts of readers worldwide. Lets delve into the realm of popular books, exploring the engaging narratives that have enthralled audiences this year. Nurses Guide To Infection Control Practice: Colleen Hoovers "It Ends with Us" This heartfelt tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover skillfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can prevail. Uncover the Best: Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This captivating historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids compelling storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Discover the Magic: Delia Owens "Where the Crawdads Sing" This mesmerizing coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens weaves a tale of resilience, survival, and the transformative power of nature, entrancing readers with its evocative prose and mesmerizing setting. These popular novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of compelling stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a guiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a brilliant and suspenseful novel that will keep you wondering until the very end. The novel is a warning tale about the dangers of obsession and the power of evil.

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