

NutritionCalc Plus + 2.0

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Higher Education

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Nutritioncalc Plus Roger L Tokheim,2003-06-01 **Nutritioncalc Plus** McGraw-Hill,2007-01-16 Nutritioncalc Plus MCGRAW-HILL COLLEGE,2007-01-16 **Combo: Loose Leaf Version of Nutrition for Healthy Living with NCP**

3.4 CD Wendy Schiff, Nutrition for Healthy Living takes an innovative approach to basic nutrition With its uniquely concise organization and a distinct focus on consumerism this engaging fun to read text will provide students with the scientific foundation needed to make informed nutritional lifestyle decisions well beyond the classroom NutritionCalc Plus 3 4 CD ROM is a suite of powerful dietary self assessment tools Use NutritionCalc Plus to analyze and monitor personal diet and health goals An easy to use interface and the reliability of the ESHA database make NutritionCalc Plus the best choice for nutrition analysis software Enhancements include a new Food List report which provides an at a glance view of amounts and calories for your food intakes a new pie chart displaying the percentage of total calories from fats and reports now track available data for Omega 3 and Omega 6 Fatty Acids

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