

NUTRITIONAL METHODS OF INTESTINAL REGENERATION

By Dr R. Bernard (A.B., M.A., Ph.D.)

PART ONE

The normal chemical composition of the blood is disturbed either by deficiency of required constituents - which it is the purpose of vitamin and mineral therapy to replace — and also by the presence within it of toxins absorbed from the intestinal tract. These tend to work against the beneficial effects of the vitamins and minerals we take. This fact is often overlooked by people who think that merely swallowing a few vitamin capsules each day solves their health problem. As important as it is to replace chemical efficiencies of the blood by intake of vitamin dietary supplements, it is equally important to avoid autointoxication, or the poisoning of the bloodstream by toxins derived from putrefactive decay of food residues in the intestinal tract. As the result of modern researches definite nutritional methods have been developed for accomplishing this. These will be presented in this Study Course.

A bloodstream that is free from toxins and also rich in all of its necessary constituents will maintain in the body in a state of health. By normalizing intestinal functions, so that there will be complete freedom from constipation and autointoxication, the biological conditions are provided so that vitamin and mineral therapy produce optimal results.

Intestinal Regeneration is the first step in health regeneration. Blood regeneration is the next step. A third step is Endocrine Regeneration. Just as intestinal regeneration is the precondition of blood regeneration, so blood regeneration is the precondition of endocrine regeneration. The endocrine glands, in turn, determine our general vitality, our cerebral efficiency and our life span. Since it is known that the general endocrine regeneration that brings on the symptoms of senility is a product of intestinal autointoxication, we can understand why

Nutritional Methods Of Intestinal Regeneration

**Donato Francesco Altomare, Maria
Teresa Rotelli**



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Nutritional Methods of Intestinal Regeneration Raymond W. Bernard,1996-09 Many persons neglect this subject and while suffering from long standing chronic intestinal autointoxication believe that they can gain health by some magic remedy failing to realize that health must come from within Geriatrics Raymond W. Bernard,1986 1956 the science of preserving youth warding off old age and prolonging life Organic Way to Health Raymond W. Bernard,1996-09 **The Revolt Against Chemicals** Raymond W. Bernard,1996-09 Investigations by the Federal Food and Drug Administration have shown that hundreds of different chemicals are used regularly in the nation s food supply and of them few are known to be safe The rest are definitely poisonous and potentially disease p *Regenerative Engineering* Cato T. Laurencin,Yusuf Khan,2013-06-20 Distinct from tissue engineering which focuses primarily on the repair of tissues regenerative engineering focuses on the regeneration of tissues creating living functional tissue that has the ability to replace organs that are dysfunctional The challenge of working in an area like regenerative engineering lies in part in the breadth of info

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making the nutritional support essential and the same support is fundamental in bariatric surgery nowadays widely used for super obese patients There is therefore a need for a nutritional guide in surgery and in troubleshooting postoperative cases where nutrition is a major issue This book offers nutritionists insights into the possible alterations of GI tract physiology occurring after surgery and will be a valuable resource for surgeons gastroenterologists coloproctologists nutritionists and clinical specialist nurses seeking guidance on postoperative nutrition

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Table of Contents Nutritional Methods Of Intestinal Regeneration

1. Understanding the eBook Nutritional Methods Of Intestinal Regeneration
 - The Rise of Digital Reading Nutritional Methods Of Intestinal Regeneration
 - Advantages of eBooks Over Traditional Books
2. Identifying Nutritional Methods Of Intestinal Regeneration
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Nutritional Methods Of Intestinal Regeneration
 - User-Friendly Interface
4. Exploring eBook Recommendations from Nutritional Methods Of Intestinal Regeneration
 - Personalized Recommendations
 - Nutritional Methods Of Intestinal Regeneration User Reviews and Ratings
 - Nutritional Methods Of Intestinal Regeneration and Bestseller Lists

5. Accessing Nutritional Methods Of Intestinal Regeneration Free and Paid eBooks
 - Nutritional Methods Of Intestinal Regeneration Public Domain eBooks
 - Nutritional Methods Of Intestinal Regeneration eBook Subscription Services
 - Nutritional Methods Of Intestinal Regeneration Budget-Friendly Options
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 - ePub, PDF, MOBI, and More
 - Nutritional Methods Of Intestinal Regeneration Compatibility with Devices
 - Nutritional Methods Of Intestinal Regeneration Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Nutritional Methods Of Intestinal Regeneration
 - Highlighting and Note-Taking Nutritional Methods Of Intestinal Regeneration
 - Interactive Elements Nutritional Methods Of Intestinal Regeneration
8. Staying Engaged with Nutritional Methods Of Intestinal Regeneration
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Nutritional Methods Of Intestinal Regeneration
9. Balancing eBooks and Physical Books Nutritional Methods Of Intestinal Regeneration
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Nutritional Methods Of Intestinal Regeneration
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Nutritional Methods Of Intestinal Regeneration
 - Setting Reading Goals Nutritional Methods Of Intestinal Regeneration
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Nutritional Methods Of Intestinal Regeneration
 - Fact-Checking eBook Content of Nutritional Methods Of Intestinal Regeneration
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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