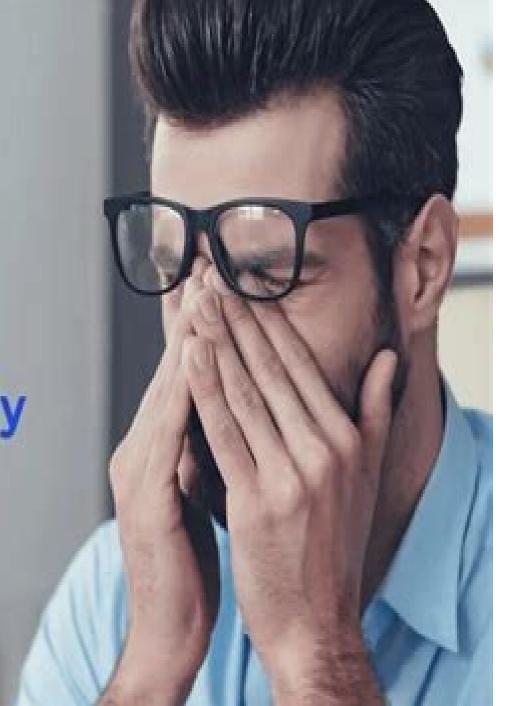


Natural Vision Improvement

10 Amazing Tips to Improve Your Eyesight Naturally at Home



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Dr. William H. Bates

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The Practical Guide to Natural Vision Improvement Carina Goodrich, Karen Gane, 2010 *Improve Your Eyesight* Naturally Leo Angart, 2007 Leo's approach is very specific You will find exercises that work for your degree of vision problem He explains how you can tone your eye muscles release tension and build up energy to regain your natural eyesight with simple exercises The book includes simple vision tests that you can use yourself to verify your level of vision and monitor your improvement Leo Angart's Vision Training approach is effective for Near sight the inability to see at a distance Astigmatism uneven stress pattern in the cornea Presbyopia the need for reading glasses Eye co ordination when the eyes point beyond or closer than the object of interest Ansiometropia when the two eyes have different degrees off visual ability Amblyopia also known as lazy eye a condition where the brain switches off the input from one eye Strabismus when one eye diverges either in or out Book jacket A Natural Vision Improvement Activity Book Dede Callichy, 1994-04-10 A Natural Vision Improvement Activity Book was privately published in 1994 after Dede healed her own strained eyesight through the activities presented in this book Being delighted she trained to become a Natural Vision Improvement teacher herself Dede created the book as notes for her workshops which she ran around Australia South Africa and other countries Using very few words and delightful explanatory cartoons created by Kathe Conover Dede has compiled a systematic series of activities to help people improve their eyesight naturally and easily through the ancient simple and natural modalities of rest exercise proper nourishment and cleansing of eyes mind and body After learning all the activities participants use the chart at the end of the book to identify those activities that will most satisfy their own healing intentions They then each create an individualised program for themselves The book is available as part of Dede s Natural Vision Improvement workshops or through private sale Ophthalmologist William H. Bates & the Bates Method History - Natural Eyesight

Improvement Dr. William H. Bates, 2011-04-10 True Story of Ophthalmologist William H Bates Battle with the Optical industry Eye Surgeons Doctors to Teach and Preserve Natural Eyesight Improvement Bates Method History Black unclear close and distant vision astigmatism crossed wandering eyes cataracts glaucoma and other conditions Natural Eyesight Improvement was practiced years before Dr Bates discovered it It is the normal natural function of the eyes Hidden from the public by eye surgeons Optometrists Optical businesses for over 100 years because this method works is easy anyone can learn teach it including children It produces healthy eyes clear vision and frees the patient from the need to purchase eyeglasses drugs unnecessary eye surgery Yes it can and has reversed cataracts Dr Bates worked his entire life treating people successfully with Natural Eyesight Improvement When he cured the eyes vision of many patients medical students and other doctors in the hospital where he worked with natural treatments without use of eyeglasses surgery drugs and proved his method is fact that some of the old theories of eye function are incorrect the eye surgeons that preferred to sell eyeglasses surgery drugs became angry and expelled him See Reason and Authority http www amazon com William H Bates e B004H9DOBC ref ntt athr dp pel pop 1 Easy on the Eyes Joy Thompson, 2014-03 This is a passionate appeal for independent common sense thinking on the subject of caring for eyes and eyesight Step back with Joy and take a more natural and holistic look at your own eyesight while being inspired by the stories of others whose eyes have benefited from the natural route out of the blur and back into clarity Over the past nineteen years Joy Thompson has emerged as a visionary in the field of Natural Vision Improvement Joy's simple but groundbreaking techniques have helped many to experience recovery when their cases have often been considered to be without hope Accessible and clearly written Joy offers tips exercises and stories of success that light our way back to clear vision

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