

Revised
Oct. '99

NEPA MAPS

FOR EXTREME - SOFT TREKKING AND CLIMBING

Paolo Gondoni

LOWER DOLPO

SHEY PHOKSUMDO

TREKKING ROUTES

JUMLA • GOTHIC HOUR • CHAURIKOT • KAGMARA LA • PUNGMO • PHOKSUMDO
BAGA LA • NUMA LA • DHO TARAP • TARAKOT • DUNAI • JUPHAL

1:135 000

PHOKSUMDO LAKE (3600 m. / 11808 ft)

Lower Dolpo Shey Poksumdo Trekking Map

Siân Pritchard-Jones, Bob Gibbons



Lower Dolpo Shey Poksumdo Trekking Map:

Trekking in the Himalaya Kev Reynolds, 2013-11-08 An inspirational larger format book providing an overview of 20 memorable treks in the Himalaya A stunning collection of all the best trekking ideas throughout the Himalayan range they include such well known classics as the treks to Everest K2 and Kangchenjunga base camps and the Annapurna and Manaslu Circuits The ultra long Lunana Snowman Trek and a kora around sacred Mount Kailash in Tibet are also included There are epic glacier treks like that to Pakistan s Snow Lake following in the footsteps of Shipton and Tilman towards Nanda Devi and the approach to Gangkar Punsum the world s highest unclimbed peak located in remote Bhutan Unlike a conventional guidebook detailed route descriptions are not included the book is however an excellent planning resource for those who wish to venture into the Himalayas It looks at each route in turn and provides a snapshot of what makes the trek special helping you choose the best routes to walk Perfect either for planning or for the armchair explorer Nepal Ray Hartung, 2018 Nepal ist ein Land der Superlative Neben dem Mount Everest dem höchsten Berg der Erde befinden sich weitere sieben 8000er im Norden des Landes Gerade einmal 200 Kilometer trennen die Berggiganten des Himalaya vom Flachland des Terai mit subtropischem Klima Mehr als 60 Völker leben in Nepal und ebenso vielfältig sind die Traditionen und religiösen Bräuche die Bauwerke und Tempel verschiedener Kulturen Besonders sehenswert sind die alten Königsstädte Kathmandu Patan und Bhaktapur Ein beliebtes Ziel und Ausgangspunkt vieler Trekkingrouten ist auch das schön gelegene Pokhara am Phewa See Die meisten Urlauber zieht es in die Berge In den Höhen in der Mitte des Landes lassen sich phantastische Wanderungen unternehmen mit atemberaubenden Ausblicken auf die Himalaya Gipfel Beliebte Routen führen durch das Annapurna und Everest Gebiet im südlichen Kangchenjunga Massiv oder im fernen Westen gibt es noch viele Routen auf denen man keinen anderen Touristen begegnen wird Dieser Reiseführer beschreibt alle Regionen Nepals die wichtigsten Städte und Nationalparks Zahlreiche bekannte und auch weniger bekannte Trekkingrouten werden ausführlich vorgestellt Mittlerweile sind alle Trekkingrouten die von den Erdbeben im Frühjahr 2015 betroffen waren wieder sicher begehbar Tempel und Lodges werden oder sind bereits wieder aufgebaut Himalayan Research Bulletin, 2000 **Dolpo & Mugu** Robin Boustead, 2014-02-03 Great Himalayan Trail Trekking Maps Chharkbhot Dhorpatan Dhotarap Great Himalayan Trail Jomsom Phokokhola Shey Gumpa Shey Phoksundo Tinje Trekking Around Upper & Lower Dolpo Siân Pritchard-Jones, Bob Gibbons, 2014 Trekking in the Hidden Land of Dolpo-Tarap and Shey-Poksumdo Paolo Gondoni, 2002-06 **Trekking in Hidden Land of Dolpa-Tarap and Shey-Poksumdo** Paolo Gondoni, 1989 Going to Dolpo Timothy Doyle, 2003

Lower Manaslu Community Based Eco Trail, 2014 Including a full English key sheet and some basic route ideas and descriptions as well as route height profiles

Immerse yourself in heartwarming tales of love and emotion with is touching creation, Tender Moments: **Lower Dolpo Shey Poksumdo Trekking Map** . This emotionally charged ebook, available for download in a PDF format (Download in PDF: *), is a celebration of love in all its forms. Download now and let the warmth of these stories envelop your heart.

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