First Step

Anger

Overconfidence

Shame

Relapse Toolkit

Practical Strategies for Professionals Treating Relapse

Strategies and reproducible handouts from a combination of 38 cognitive, behavioral, affective and spiritual modalities. Letting Go Imageries CD included.

Claudia Black, Ph.D.

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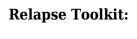
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Spiritual Journey

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Relapse Toolkit

Rosina Ehmann



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