



Loving Mr. Spock

Understanding an Aloof Lover
Could it be Asperger's Syndrome?

Barbara Jacobs

Foreword by Tony Attwood



Loving Mr Spock Understanding An Aloof Lover Could It Be Aspergers

Kate McNulty LCSW



Loving Mr Spock Understanding An Aloof Lover Could It Be Aspergers:

Loving Mr. Spock Barbara Jacobs,2003 As a popular advice columnist in the UK Barbara Jacobs never suspected she d be the one needing the relationship advice But when she fell in love with Danny a man with Asperger s Syndrome she quickly learned to expect the unexpected In this book Barbara candidly delves into the dynamics of their relationship She lovingly compares Danny to Mr Spock a character who thrives on logic rather than emotion while admitting that she was quite opposite Join Barbara and Danny on their tumultuous journey in love and learn about Asperger s along the way through figures diagnostic guidelines quotes and surveys by other couples and more If you love someone with Asperger s or have Asperger s yourself you can learn a lot from this book Note This book addresses some mature topics Helpful chapters include The Handsome Stranger Syndrome First Steps in a Parallel Universe Other wired Bringing Up Baby A Working Model Breakthrough Nuts and Bolts

Loving Someone with Asperger's Syndrome Cindy Ariel,2012-03-01 Loving Someone with Asperger s Syndrome is an essential resource for anyone in a relationship with a partner who has Asperger s This book explains how Asperger s may cause problems in a relationship and offers help for communicating coparenting and building an emotional connection with a partner who has Asperger s syndrome

The Complete Guide to Asperger's Syndrome Tony Attwood,2007 A guide to Asperger s syndrome describes what it is and how it is diagnosed along with information on such topics as bullying emotions language movement cognitive ability and long term relationships

Connecting with Your Asperger Partner Louise Weston,2010 Drawing on her experience of being married to a man with AS Weston shows that the road to intimacy begins with letting go of expectations and looking after your own emotional needs She provides strategies for connecting with your AS partner tips for coping with hurtful words and meltdowns and finding further sources of help and support

Voices from the Spectrum Cindy N. Ariel,Robert A. Naseef,2006 This compelling collection of personal accounts from people on the autism spectrum and those who care for them presents insights into autism from many different perspectives The contributors describe their experiences including reactions to diagnosis and childhood memories

Alone Together Katrin Bentley,2007-04-15 Since receiving her husband s diagnosis of AS Katrin Bentley s marriage has improved substantially This book shares the struggle of one couple to rescue their marriage It is uplifting and humorous and includes plenty of tips to making an Asperger marriage succeed It offers couples hope encouragement and strategies for their own marriages

Asperger Syndrome in Adulthood: A Comprehensive Guide for Clinicians Kevin Stoddart,Lillian Burke,Robert King,2012-07-10 Despite the dramatic proliferation of research clinical perspectives and accounts of Asperger Syndrome AS in the last 15 years much of this writing has focused on the application of the diagnosis to children As more people become familiar with the signs and symptoms of AS increasing numbers of adults are seeking assessment and treatment for AS and its comorbid conditions Here Stoddart Burke and King present the most comprehensive volume to date on the subject of understanding supporting and treating affected adults

Le syndrome d'Asperger Tony Attwood,2018-11-06 LA r f rence

sur le syndrome d Asperger un guide l usage des parents et des professionnels Tony Attwood l un des meilleurs sp cialistes du Syndrome d Asperger et de l autisme de haut niveau fait ici un tat des lieux complet de ce syndrome encore mal connu Le pr sent ouvrage constitue la synth se exhaustive et actuelle des nombreux travaux de recherche issus d une exp rience clinique de plusieurs d cennies Con u comme un v ritable guide ce livre passe en revue tous les aspects de ce syndrome et les complications qu il engendre au quotidien alt ration de la communication et des codes sociaux int gration scolaire insertion professionnelle difficult de poser un diagnostic pr cis etc Chaque explication des particularit s de ce Syndrome est suivie de conseils pratiques pour rem dier aux difficult s qu il peut engendrer Tous les concepts scientifiques Th orie de l esprit Th rapies cognitives et comportementales sont expliqu s de mani re accessible pour le lecteur non avis Cet ouvrage est destin aux psychologues sp cialistes des troubles du d veloppement m decins psychiatres orthophonistes enseignants ducateurs de m me qu tous les parents et les proches des personnes atteintes du Syndrome d Asperger il constitue une v ritable r f rence et permet de d couvrir l univers des personnes atteintes du Syndrome sous un jour r solument positif constructif et humain

Hulpguids Asperger-syndroom Tony Attwood,2007 Dit boek dat zich goed leent voor psycho educatie over stoornissen uit het autistisch spectrum heeft een belangrijke voorlichtende waarde Het is geschreven vanuit een diepe empathie voor mensen die lijden aan het syndroom De auteur kruipt als het ware in hun huid en verwoordt wat in deze autisten omgaat Ze zijn vaak specifiek begaafd maar zoeken vanuit hun behoefte om bij zichzelf te zijn ook een isolementspositie **Loving Mr Spock** Barbara Jacobs,2004 Unnervingly clever obsessively logical and infuriating to live with but also disarmingly childlike and able to make you laugh sound familiar Asperger s syndrome AS is the high functioning end of the autistic spectrum that affects as many as one in ten people With humour optimism and compelling honesty throughout this is an insightful handbook that provides invaluable practical advice including bull bull AS facts and figures bull Aspergers questionnaires bull Advice and guidelines on diagnosis bull Aspergers and employment bull How to handle the difficult time bull Personal accounts from sufferers and their partnersBy researching expert opinion and telling her own compelling human story Barbara Jacobs reveals the truth about Aspergers and those who love them **Loving Mister Spock** Barbara Jacobs,2003 Asperger s Syndrome AS is a complex neurological disorder that produces a wide range of antisocial symptoms Sufferers are often highly intelligent in certain ways yet completely inept when it comes to relating to other people Very few encyclopedias even mention this condition yet expert estimates suggest that as many as one in ten may be directly affected In this text Barbara Jacobs reveals the truth about AS by detailing the story of one man and an impossible love affair *Loving Mister Spock* Barbara Jacobs, Asperger s Syndrome AS is a complex neurological disorder that produces a wide range of antisocial symptoms Sufferers are often highly intelligent in certain ways yet completely inept when it comes to relating to other people Very few encyclopedias even mention this condition yet expert estimates suggest that as many as one in ten may be directly affected In this text Barbara Jacobs reveals the truth about AS by detailing the story of one man and an impossible love affair

Loving Someone with Asperger's Syndrome Cindy Ariel, 2012-03-01 If you're in a relationship with someone who has Asperger's syndrome it's likely that your partner sometimes seems cold and insensitive. Other times he or she may have emotional outbursts for no apparent reason. And in those moments when you can't understand each other at all, you both feel fed up, frustrated, and confused. The behavior of people with Asperger's can be hard to understand and easy to misinterpret, which is why it's so important to learn more about your partner's condition. The tools presented in Loving Someone with Asperger's Syndrome will help you build intimacy and improve the way you and your partner communicate. Filled with assessments and exercises for both you and your partner, this book will help you forge a deeper, more fulfilling relationship. This book will teach you how to understand the effect of Asperger's syndrome on your partner, practice effective communication skills, constructively work through frustrations and fights, establish relationship ground rules to help you fulfill each other's needs.

The Asperger Love Guide Genevieve Edmonds, Dean Worton, 2005-11-22 This book breaks down the social, emotional, and practical aspects of relationships so usefully that it is a good resource for teachers and others working with neurotypical individuals. In fact, the book so sensibly discusses pitfalls, strategies, and individual responsibilities that it would be valuable reading for teenagers generally, as well as for individuals with Asperger syndrome. Tess Coll, autism outreach teacher. The Asperger Love Guide is recommended reading for those with Asperger's syndrome who are seeking or within a relationship. The authors provide a clear explanation of how the characteristics of Asperger's syndrome can affect the development of a relationship and the expression of love. They then provide sound, practical advice for individuals and couples. I really enjoyed reading The Asperger Love Guide and will be recommending the book to my clients. Professor Tony Attwood. This is the first book I've read in a long time that once started, I couldn't put down until it was finished. It is an exceptionally good read. The 77 pages are written succinctly with no waffle, just straight to the point. I will definitely buy a copy of this book for the whole family to use. I will use it to guide Joe, my 17-year-old Asperger son, when he's ready for it. It's not a book he would read himself. In fact, I read the section on the merits of single life out loud to him, a bit like a bedtime story.

Action for ASD: There is a great need for more awareness of Asperger syndrome and how it affects personal relationships. The National Autistic Society finds this a helpful guide. Cathy Mercer, NAS. This book sets out some helpful facts about relationships in a neat, simple form. Asperger United. An excellent self-help text, the book is a clear and matter-of-fact guide to relationships and is unapologetic in offering straightforward and helpful advice for romantic success. Not a word is wasted, and as well as being highly recommended for individuals with Asperger's Syndrome, should also be read by education professionals supporting young people with Asperger's Syndrome in schools, colleges, and universities. SENCO Update. Aimed primarily at individuals with Asperger syndrome, this very readable book is in fact of use to a much wider audience. The issues are discussed openly and logically, and the advice given is both sympathetic and very matter-of-fact. The book breaks down the social, emotional, and practical aspects of relationships so usefully that it is a good resource for teachers and others working

with neurotypical individuals Infact the book so sensibly discusses pitfalls strategies and individual responsibilities that it would be valuable reading for teenagers generally as well as for individuals with Asperger syndrome British Journal of Special Education Material based on the experiences of the people on the Autistic Spectrum is usually written by neurotypical writers Here Genevieve and Dean both adults with Asperger s Syndrome share their advice and tips for romantic success The chapters cover o building self esteem o the best places to meet potential partners o dating o maintaining relationships Both authors work with the Asperger community either providing support or training so their insight is based upon other people s experiences as well as their own This is shown in a number of case studies that support the elements described in each chapter They write in a clear accessible and non patronizing way which will suit their audience This will prove to be an invaluable book to those with Asperger s or those that support Asperger people Dean Worton is a 31 year old high functioning individual with a very positive expression of Asperger Syndrome He runs a successful UK based website for adults with Asperger Syndrome and hosts real life meet ups around the UK for its members His key interest is in encouraging adults with AS to live positively and successfully with the gifts that Asperger Syndrome provides He also works in adminstration and resides in North West England Genevieve Edmonds is a 23 year old with residual Asperger Syndrome which she views as a significant gift She works as an associate of the Missing Link Support Service in Lancashire supporting those disabled by society including individuals with ASD She speaks and writes frequently in the field of Autism along with giving training workshops and soon counselling She aims to empower those with ASD carers and professionals in the understanding of Asperger Syndrome as a difference rather than an impairment She lives and works in a solution focused way and is based in North West England

22 Things a Woman Must Know If She Loves a Man with Asperger's Syndrome Rudy Simone,2009-05-15 This book looks at 22 common traits that women may discover when they are dating living with or married to a man with Asperger s Syndrome Simone explores Asperger s relationships with honesty and understanding drawing on research and personal experience to inform and advise women with AS partners

What Men with Asperger Syndrome Want to Know about Women, Dating and Relationships Maxine Aston,Tony Attwood,2012 Helps men with Asperger s understand the emotional side to relationships and women s needs thus improving their confidence Original **Love and Asperger's** Kate McNulty LCSW,2020-10-27 Life with a partner whose neurotype is different than yours is filled with moments that can be surprising unique and sometimes challenging Love and Asperger s is a helpful guide to everyday techniques to strengthen empathy and connection between neurodiverse couples while keeping your love for each other at the center of everything Life with a partner whose neurotype is different than yours is filled with moments that are surprising unique and sometimes challenging If one of you is on the Autism Spectrum and the other is neurotypical this Aspergers books is a helpful and inclusive guide to understanding the nature of your relationship and navigating its particular obstacles while keeping your love for each other at the center of everything Even though Aspergers

is no longer an official diagnosis many people like you or your partner may still fit the Aspergers profile and identify with the term This book is designed with you in mind featuring expert advice from relationship therapist Kate McNulty Inside you ll find engaging scenarios of couples experiencing similar challenges combined with practical evidenced based solutions that address the needs and perspectives of both partners equally Love and Asperger s helps you Work together Find easy ways to improve communication cultivate emotional and physical intimacy and maintain a commitment to learning about each other Appreciate your differences Open a window into the inner world of your partner and the ways in which their experiences differ from yours so you can convey your own perspective more effectively Break through the stereotypes Sort out myths and facts so you can understand neurotypical and neurodiverse thinking and make your life together as a couple more loving and more rewarding Deepen your relationship and your communication with an enlightening book on Aspergers and love *The Autism Partner Handbook* Joe Biel, Dr. Faith G. Harper, Elly Blue, 2023-04-11 So your partner is autistic Or you suspect they might be And you re wondering What does this mean for my relationship This guide is for you Learn key communication skills for succeeding in a neurologically mixed relationship gain a better understanding of your partner s mental processes troubleshoot your sex life and level up your appreciation for your partner s relationship strengths Autistic allistic relationships as well as relationships between two neurodivergent people can work out splendidly but there are a few consistent and predictable areas where they can get in trouble which you can work through together once you know how to spot them Dr Faith G Harper author of *Unfuck Your Brain* and *Unfuck Your Intimacy* joins Joe Biel an autistic publisher and author and Elly Blue a partner of an autistic person to offer hard won guidance on a wide range of relationship topics

Loving Someone With Asperger's Syndrome Justin McCartney, 2014-12-25 There is nothing fake about a meltdown and nothing the person can do about it until it has run its course Learning about Asperger s Sharing thoughts processes and communicating in a better way Read this book to know more *The Other Half of Asperger Syndrome (Autism Spectrum Disorder)* Maxine Aston, 2014-02-21 Does your other half have Asperger Syndrome AS or do you suspect that he or she is on the autism spectrum This quick and helpful guide provides all the information you need for relationship success with your AS partner Maxine Aston offers relationship advice that draws on over a decade of counselling experience

Uncover the mysteries within Crafted by is enigmatic creation, **Loving Mr Spock Understanding An Aloof Lover Could It Be Aspergers** . This downloadable ebook, shrouded in suspense, is available in a PDF format (PDF Size: *). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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