

Reflective Practice

In nursing practice and especially leadership an administration, reflection remains as one of the main practices that enhance service delivery and efficacy. Any nurse that does not reflect on his or her service delivery is deemed to reduce the efficiency associated with medical services offerings. Nicol and Dosser (2016) note that nurses are bound to reflect on the information provided by the patients to ensure that they improve on service delivery. Previously and commonly, nurses have utilized reflection after an incidence. However, reflection should be utilized before an occurrence has taken place to ensure that the service delivery is improved (Nicol, & Dosser, 2016). Reflection allows individual nurses to offer better services while at the same time allowing them to upgrade on their preparation for existing and expected situations.

Nursing leadership and leadership requires a lot of reflection to allow for the enhancement of service delivery. Oelofsen (2012) notes that in frontline nursing, nurses can use the reflective practice to enhance the sense of the work they do and the mode of service delivery. According to Oelofsen (2012), reflective practice is a model that allows for nurses and especially leaders and administrators to up their skills in the way they deliver care among the patients they are taking care of. Moreover, this practice allows nurses to take more control of the clinicians by allowing them to be careful while offering care to the patients. It is imperative to, however, note that the aspect of reflective practice takes place both at group and personal level and should not be mistaken for personal milestones in healthcare.

References

Nicol, J., & Dosser, I. (2016). Understanding reflective practice. *Nursing Standard*, 30(36), 34-42. <http://dx.doi.org/10.7748/ns.30.36.34.s44>



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Reflections On Contemporary Nursing Practice

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Reflection for Nursing Life

John McKinnon, 2016-01-29 Over the past decades reflection has taken centre stage in nursing education but it is easy to get stuck in a superficial cycle of storytelling and self examination without getting any further insights into your own practice and abilities Reflection for Nursing Life starts with a basic introduction to reflective practice and moves through to look at more critical perspectives with guidance for reflecting on the complex realities of practice This accessible text is designed to support a deeper understanding of the value of reflection and its relationship with the needs of modern practice Beginning with discussions of self awareness and the reflective cycle it goes on to explore ideas about critical incidents critical reflection models and transformational learning It integrates cutting edge neuro scientific research and thinking about emotional labour and intelligence in healthcare into mainstream reflective practice drawing on both new and established ways of guiding learning and professional judgment Reflection for Nursing Life includes numerous exemplar reflective narratives diagrams and exercises to help the reader identify their strengths and weaknesses whilst tips for overcoming weaknesses and developing strengths are also provided It is the ideal text for nursing students and practitioners looking to improve their reflective practice skills

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Ethics & Issues In Contemporary Nursing - E-Book Margaret A Burkhardt, Alvita K Nathaniel, 2024-06-07 Selected for 2025 Doody's Core Titles in Legal Ethical Learn how to think beyond the theoretical in any environment Ethics Issues in Contemporary Nursing 2nd Edition examines the latest trends principles theories and models in patient care to help you learn how to make ethically sound decisions in complex and often controversial situations Written from a global perspective examples throughout the text reflect current national and international issues inviting you to explore cases considering socio cultural influences personal values and professional ethics Historical examples demonstrate how to think critically while upholding moral and professional standards as well as the law Key topics throughout explore advocacy and rights diversity nurse burnout mass casualty events effects of the COVID

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 Freshwater, 2002-11-04 Therapeutic Nursing is an inspiring read and is of immense use to those who teach and supervise
 nurses at all levels Gaining self awareness is a vital aspect of professional development for all who work in the caring
 professions In nursing especially the ability to evaluate oneself affects all areas of practice including direct patient care
 working relationships with colleagues and maintaining one's own well being in the often pressured environment of health
 care **Beyond Reflection** Susan Schutz, 2015 **A Uro-Oncology Nurse Specialist's Reflection on her Practice**
Journey Beverley Anderson, 2022-03-22 This book provides a unique insight and background of a uro oncology nurse's career
 from a personal and professional perspective one that encapsulates the ever changing dynamics in the nursing profession
 over 40 years 1970's to current 2022 In writing this book the objective is to devise a beneficial point of reference one that is
 conducive to enlightening individuals within the healthcare profession and the wider context on the art of reflection and
 acknowledging its benefits in terms of exploring their feelings and understanding their meaning Reflection is a highly
 beneficial tool In this context the process enables the author to reflect constructively on her nursing career and practice to
 highlight the positive as well as the negative aspects within that practice and illustrate how the experiences gained have
 contributed to her development personally and professionally throughout that journey Reflection includes deliberate
 reflection on experience emotions actions and responses and acknowledging how essential these have been to informing the

author's existing knowledge base and in ensuring a higher level of learning and understanding. In the continued quest to deliver optimal healthcare, the objective of reflection is in enabling healthcare individuals e.g. nursing students, newly qualified nurses or those considering change of nursing speciality to better understand their patients from a holistic standpoint: physical, psychological, psycho-social, spiritual, cultural and economic, and ultimately improving the individual patient's overall experience, cancer or otherwise, as well as improving and enhancing practice outcomes. The importance of reflection and its contribution to increasing the healthcare professional's self-awareness, emotional, personal and professional, is also well underlined. Various Modules and Case Studies within the book are used to explain and highlight key issues and to enhance content and visual acuity.

Fast Facts for the Faith Community Nurse Janet Susan Hickman, 2011-06-20 Print CourseSmart

NLN Core Competencies for Nurse Educators: A Decade of Influence Judith Halstead, 2018-09-17 Publisher's Note: Products purchased from 3rd Party sellers are not guaranteed by the Publisher for quality, authenticity or access to any online entitlements included with the product.

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Diane M. Billings EdD RN ANEF FAAN Chancellor's Professor Emerita, Indiana University School of Nursing, Indianapolis

Fundamentals of Nursing Mr. Rohit Manglik, 2024-01-17

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Nursing Practice Ian Peate, Karen Wild, Muralitharan Nair, 2014-08-07 Nursing Practice is the essential textbook to support you throughout your entire nursing degree from your first year onwards It explores all the clinical and professional issues that you need to know in one complete volume Written in the context of the latest Nursing and Midwifery Council Standards for Pre Registration Nursing Education and the Essential Skills Clusters this book covers all fields of nursing Adult Child Mental Health Learning Disabilities and also Maternity care in both acute and community settings With full colour illustrations and plenty of activities and user friendly features throughout this evidence based text encompasses essential nursing theory and practice providing students with information to support their success Learning features in the book include Hear it from the experts tips and advice from real life nurses patients and their carers and student nurses Red Flags alerting the student to potential dangers Primary Care Considerations informs students about care issues in the community setting Fields boxes giving further insight into other fields of nursing making the book relevant to all fields of nursing practice Medicines Management boxes provide key information about medicines Self assessment and activities throughout A companion website to this title is available at www.wileynursingpractice.com Here you ll find a range of resources for both the student and the lecturer including Over 350 interactive multiple choice questions Flashcards Glossary Links to references and further reading Illustrations from the book Worksheets

High Dependency Nursing Care Tina Moore, Philip Woodrow, 2004-04-08 Written by a team of nurses experienced in providing supporting and developing high dependency care this book discusses practical issues and explores the current evidence base for clinical practice It covers all important skills needed and best practice for caring for high dependency patients or undertaking post registration courses to prepare them for high dependency nursing Structured in four parts the first Perspectives on High Dependency Care explores the contest of care focusing on fundamental aspects like sleep nutrition pain management and stress demonstrating how to achieve quality nursing care Pathophysiology and Treatments describes the main diseases that cause critical illness and treatments that patients will often be given Monitoring and Skills enables nurses to interpret and understand the information gained from observation and monitoring The final part Professional Issues explores topics like clinical governance reflection practice development and managing change to assist nurses in developing their own clinical practice and professional development

Best Practices in Midwifery Barbara A. Anderson, Susan Stone, 2012-08-24 Print CourseSmart

Contemporary Nursing, Issues, Trends, & Management, 6 Barbara Cherry (Nurse), Susan R. Jacob, 2013-01-01 Contemporary Nursing Issues Trends Management 6th Edition prepares you for the rapidly evolving world of health care

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