

DR. ANN WIGMORE'S
COMPLETE DIET AND HEALTH PROGRAM

REJUVENATION

BY STEPHEN BLAUER

REJUVENATION

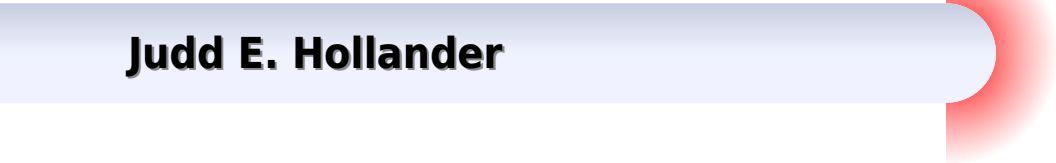
BY STEPHEN BLAUER

A breakthrough in man's quest for the fountain of youth. A startling discovery tested by thousands at the Hippocrates Health Institute, proves that you can rejuvenate your body and live longer with Living Foods, exercise and a positive attitude.

Introduction by Vern Mannon D.C.

Rejuvenation Dr Ann Wigmore's Complete Diet And Health Program

Judd E. Hollander



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