

REGULATION OF BODY WEIGHT

BIOLOGICAL AND BEHAVIORAL MECHANISMS

Edited by
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Regulation Of Body Weight Biological And Behavioral Mechanisms

Sharron Dalton



Regulation Of Body Weight Biological And Behavioral Mechanisms:

Regulation of Body Weight Claude Bouchard, George A. Bray, 1996 *Regulation of Body Weight* Claude Bouchard, G. A. Bray, 1996-06-19 The fact that about 30-40% of the adults in the Western world are overweight or obese testifies to the frequency of the disturbances in body weight regulation. Scientists have established that caloric intake, macronutrient composition of the diet, basal and resting metabolic rate, thermic response to food, energy expenditure associated with movement and physical activity, and preferential storage of the surplus of calories as fat or lean tissues are critical determinants of energy balance and body weight. While much has been learned, the field is poised for major advances with the advent of a variety of imaging techniques, progress in quantitative and molecular genetics, use of transgenic rodent models, and of breeding experiments with informative inbred strains, availability of stable isotopes for metabolic and behavioral studies, and a growing number of useful experimental animal and human models. This volume takes an integrative approach to obesity. It is structured around four major topics: 1) the animal and human models currently available for the study of body weight regulation with their strengths and limitations; 2) the molecular and genetic basis of the regulation of body weight; 3) the metabolic and physiological mechanisms involved; and 4) the behavioral and social determinants. The 13 background papers provide a critical overview of the present knowledge base, while the group reports summarize the extensive deliberations of 38 international experts. Particular emphasis has been given to promising research areas and on the advances needed to ensure a better understanding of the biological and behavioral mechanisms of the regulation of body weight, with a particular emphasis on overweight and obesity. Handbook of Obesity George A. Bray, Claude Bouchard, 2003-12-09 Offering perspectives on the history, prevalence, and genetics of obesity, this book examines the origins and etiology of obesity. It considers the relationship between behavioural neuroscience and obesity. **Neural and Metabolic Control of Macronutrient Intake** Hans-Rudolf Berthoud, Randy J. Seeley, 1999-10-25 When an excessive proportion of the human energy requirement is derived from fat, the likelihood of obesity increases. Any such individual is at risk for diabetes and cardiovascular disease, grave and costly health hazards. The selective control of fat ingestion is a promising solution to these concerns. Existing data suggests that macronutrient intake can be manipulated. Further research is working to create pharmacological tools that will suppress fat consumption. It will also be possible to fight obesity, heart disease, and diabetes. **Neural and Metabolic Control of Macronutrient Intake** systematically discusses the known physiological mechanisms involved in macronutrient selection, including their molecular, genetic, and neurochemical aspects. The book is also a critical review of the hypothesis that ingestion of the three nutrients is regulated by separate neural control mechanisms, leaving open the possibility that strategies could be devised to intervene in bodily control systems and alter the proportion of fat in the diet. This reference provides three types of information. First, the basic background of the biochemical and physiological systems as they relate to macronutrient selection. Second, opinions and data concerning to what degree

animals and humans show evidence of macronutrient selection And third evidence about how the central nervous system might be involved in the choices animals make among macronutrients *Obesity Management and Redux* Stylianos Nicolaidis,1996-11-21 Redux is a revolutionary new anti obesity drug that has just been approved July 1996 by the FDA It is the first weight management drug treatment to be launched in the United States in 20 years and is not addictive unlike earlier drugs used for this purpose Obesity Management and Redux includes a brief introduction which leads up to its discovery and includes an overview of new trends in obesity management The book lists the pharmacological profile of the drug given by experts involved in monitoring the effects of the drug on the brain neurotransmitters as well as detailing the results including safety data of the various clinical trials Covers all aspects of a revolutionary new drug Lists pharmacological profile of the drug Includes safety data Projects future trends in weight management Overweight and Weight Management Sharron Dalton,1997 Health Professions *Metabolic Issues of Clinical Nutrition* S. P. Allison,V. L. W. Go,2004-08-27 As widely spread health problems related to over and undernutrition have grown nowadays to an epidemic extent and even prevail over infectious diseases a better knowledge of the metabolic basis of clinical nutrition has become essential The extremes of the nutritional spectrum undernutrition and obesity are no longer considered as isolated opposites with different effects on separate risk groups but paradoxically prove to be interacting in a setting of rapidly changing lifestyles as is presently the case worldwide Recurring issues such as insulin resistance changes in intermediary metabolism fluid and electrolyte physiology genetic and non genetic inheritance are highlighted as well as the biological linkage between maternal undernutrition and the development of obesity diabetes and cardiovascular disease in later life The problems at stake present a new and enormous challenge for future healthcare policies and therefore are better tackled today This book will be an interesting source of knowledge for internists family physicians pediatricians dieticians endocrinologists gastroenterologists and public health officers **Endocrinology of Aging** John E. Morley,Lucretia van den Berg,1999-11-05 Distinguished physicians critically review the clinical consequences of the endocrinological changes that occur with aging in both men and women and examine the use of hormonal therapy to reduce them Topics range from bone disease and water balance in all older people to androgen deficiency in aging males gynecomastia and menopause The authors also discuss Type II diabetes in persons over 65 emphasizing the cognitive benefits of good glycemia control and the interaction of nutrition and metabolism focusing on hypocholesterolemia obesity the anorexia of aging trace elements and vitamins The aging of the sympathetic nervous system and its impact on hypertension in the elderly is also covered Timely and authoritative Endocrinology of Aging offers endocrinologists geriatricians and primary care physicians critical insight into the endocrine problems of our rapidly growing elderly population **The HALO Affect** Tim Atkinson,2005-03 Scientist Tim Atkinson through his experience of personal fitness and specialist knowledge of obesity tackles the thorny issue of successful weight reduction and offers a new insight into the dieting realm that combines nutrition exercise and

psychological factors The HALO Affect should inspire educate and motivate people to reduce food intake and increase activity output whilst showing how these actions will improve and benefit health Explains the nature of fat and obesity Tells us how to lose weight with easy simple and practical steps Explodes the myths of dieting regimes and why they don t really work for the majority Gives a scientific basis to nutrition and fitness Provides a holistic approach to reducing fat Practical tips on how to resist cravings Offers a recipe for success to lose and maintain weight loss Offers practical work out tips and advice Obesity Epidemiology David Crawford,2010 Obesity has now taken over from smoking as the number one public health issue This is a new edition of a successful book on the topic expanded to form part of a new public health and epidemiology series

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Table of Contents Regulation Of Body Weight Biological And Behavioral Mechanisms

1. Understanding the eBook Regulation Of Body Weight Biological And Behavioral Mechanisms
 - The Rise of Digital Reading Regulation Of Body Weight Biological And Behavioral Mechanisms
 - Advantages of eBooks Over Traditional Books
2. Identifying Regulation Of Body Weight Biological And Behavioral Mechanisms
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Regulation Of Body Weight Biological And Behavioral Mechanisms

- User-Friendly Interface
- 4. Exploring eBook Recommendations from Regulation Of Body Weight Biological And Behavioral Mechanisms
 - Personalized Recommendations
 - Regulation Of Body Weight Biological And Behavioral Mechanisms User Reviews and Ratings
 - Regulation Of Body Weight Biological And Behavioral Mechanisms and Bestseller Lists
- 5. Accessing Regulation Of Body Weight Biological And Behavioral Mechanisms Free and Paid eBooks
 - Regulation Of Body Weight Biological And Behavioral Mechanisms Public Domain eBooks
 - Regulation Of Body Weight Biological And Behavioral Mechanisms eBook Subscription Services
 - Regulation Of Body Weight Biological And Behavioral Mechanisms Budget-Friendly Options
- 6. Navigating Regulation Of Body Weight Biological And Behavioral Mechanisms eBook Formats
 - ePub, PDF, MOBI, and More
 - Regulation Of Body Weight Biological And Behavioral Mechanisms Compatibility with Devices
 - Regulation Of Body Weight Biological And Behavioral Mechanisms Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Regulation Of Body Weight Biological And Behavioral Mechanisms
 - Highlighting and Note-Taking Regulation Of Body Weight Biological And Behavioral Mechanisms
 - Interactive Elements Regulation Of Body Weight Biological And Behavioral Mechanisms
- 8. Staying Engaged with Regulation Of Body Weight Biological And Behavioral Mechanisms
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Regulation Of Body Weight Biological And Behavioral Mechanisms
- 9. Balancing eBooks and Physical Books Regulation Of Body Weight Biological And Behavioral Mechanisms
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Regulation Of Body Weight Biological And Behavioral Mechanisms
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Regulation Of Body Weight Biological And Behavioral Mechanisms
 - Setting Reading Goals Regulation Of Body Weight Biological And Behavioral Mechanisms

- Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Regulation Of Body Weight Biological And Behavioral Mechanisms
 - Fact-Checking eBook Content of Regulation Of Body Weight Biological And Behavioral Mechanisms
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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