

Making Love With Light



Contemplating Nature with Words and Photographs

John Daido LOOKI

Making Love With Light Contemplating Nature With Words And Photographs

John and Barbara Gerlach



Making Love With Light Contemplating Nature With Words And Photographs:

Making Love with Light John Daido Looi, 2007-01 This book of exquisite photographs arises from the premise that unless we love nature we will not work to save it from exploitation and eventual destruction The rich mixture of photographs Zen poems and essays presented on these pages is intended to open our hearts to the wild and the wilderness and to direct us to the ways in which we can heal the earth The author is an award winning photographer and videographer and his art and wildlife photography from the core of a unique teaching programme that integrates art and wilderness training and cultivates an experiential appreciation of the relationship of Zen spirituality to our natural environment [The Eight Gates of Zen](#) John Daido Looi, 2002-09-10 This accessible introduction to the philosophy and practice of Zen Buddhism includes a

program of study that encompasses practically every aspect of life The American Zen teacher John Daido Looi shows us that Zen practice should include not only meditation the study of Zen literature and liturgy and moral and ethical action but should also manifest in work artistic and everyday activities The Eight Gates are 1 Zazen a type of meditation described as sitting Zen 2 Face to face meetings between teacher and student 3 Academic study of the sutras related to Zen training other schools of Buddhism Buddhist history psychology and philosophy 4 Zen rites and rituals and their meaning 5 The moral and ethical requirements set in the Buddhist Precepts 6 Art practice as an extension of Zen practice 7 Body practice as an extension of Zen practice 8 Work as an active function of zazen Beautifully illustrated with Looi's own photographs this edition also includes a new introduction and an updated reading list *The True Dharma Eye* John Daido Looi, 2009-08-11 A

collection of three hundred koans compiled by Eihei Dogen the thirteenth century founder of Soto Zen in Japan this book presents readers with a uniquely contemporary perspective on his profound teachings and their relevance for modern Western practitioners of Zen Following the traditional format for koan collections John Daido Looi Roshi an American Zen master has added his own commentary and accompanying verse for each of Dogen's koans Zen students and scholars will find *The True Dharma Eye* to be a source of deep insight into the mind of one of the world's greatest religious thinkers as well as the practice of koan study itself **Bringing the Sacred to Life** John Daido Looi, 2008-03-11 Zen rituals such as

chanting bowing lighting incense before the Buddha statue are ways of recognizing the sacredness in all of life A ritual is simply a deliberate and focused moment that symbolizes the care with which we should be approaching all of life and practicing the Zen liturgy is a way of cultivating this quality of attention in order to bring it to everything we do Here John Daido Looi demystifies the details of the Zen rituals and highlights their deeper meaning and purpose We humans are all creatures of ritual he teaches whether we recognize it or not Even if we don't make ritual part of some religious observance we still fall into ritual behavior whether it be our daily grooming sequence or the way we have our morning coffee and paper We run through our personal rituals unconsciously most of the time but there is great value to introducing meaningful symbolic rituals into our lives and to performing them deliberately and mindfully because the way we do ritual affects the

way we live the rest of our lives The book includes instructions for a simple Zen home liturgy as it is practiced by students of the Mountains and Rivers Order of Zen **Invoking Reality** John Daido Looi, 2007-06-19 There is a common misconception that to practice Zen is to practice meditation and nothing else In truth traditionally the practice of meditation goes hand in hand with moral conduct In *Invoking Reality* John Daido Looi one of the leading Zen teachers in America today presents and explains the ethical precepts of Zen as essential aspects of Zen training and development The Buddhist teachings on morality the precepts predate Zen going all the way back to the Buddha himself They describe in essence how a buddha or awakened person lives his or her life in the world Looi provides a modern interpretation of the precepts and discusses the ethical significance of these vows as guidelines for living Zen is a practice that takes place within the world he says based on moral and ethical teachings that have been handed down from generation to generation In his view the Buddhist precepts form one of the most vital areas of spiritual practice **Riding the Ox Home** John Daido Looi, 2002-08-13 Maps and guideposts are helpful when we undertake a journey The ten Ox Herding Pictures the accompanying ancient poems and a modern commentary by John Daido Looi sketch the spiritual path encountered in Zen training a path of exhaustive study of the self and the realization of the ultimate nature of reality The Ox Herding Pictures can be our companion on the Way of self discovery our compass and perspective when we need one They are a bottomless source of mysterious wisdom to which we can return again and again for inspiration and they translate easily into the gritty reality of spiritual practice that emerges from and grounds us in the inescapable relevance of our daily lives **Finding the Still Point** John Daido Looi, 2020-07-07 One of the simplest easiest to understand guides to Zen meditation with audio exercises to serve as meditation companions Through Zen meditation it is possible to find stillness of mind even amidst our everyday activities and this book reveals how With easy to understand instructions practical lessons and short but sweet tid bits of useful information beloved Zen master John Daido Looi shares the way of Zen meditation in terms that even those starting from the very beginning can understand Guided audio instructions available for download online supplement the teachings throughout the book giving beginners the tools they need to take that first step into Zen practice and meditation *Cave of Tigers* John Daido Looi, 2008-06-10 Dharma combat is a practice form unique to Zen in which student and teacher confront each other before a live audience so to speak The Zen master takes a seat at the front of the meditation hall and is approached by students one by one who challenge the master with questions The Zen master challenges them in return and the pithy energetic exchanges become a teaching for all involved *Cave of Tigers* is proof that the ancient practice of dharma combat is alive and well in American Zen It consists of records of actual dharma combat sessions between John Daido Looi Roshi and his students at Zen Mountain Monastery The highly charged encounters range from koan like exchanges to practical discussions of meditation Buddhist philosophy and the always pertinent issue of bringing spiritual practice into everyday life *Mountain Record of Zen Talks* John Daido Looi, 2008-12-02 In this treasury of Zen wisdom based on his talks the abbot of Zen Mountain Monastery in Mt

Tremper New York explores the eight areas of study that are the focus for training in his community meditation study with the teacher liturgy art practice body practice the study of scriptures work practice and the moral and ethical teachings John Daido Looi also covers such topics as koans the martial arts and illness and healing and he makes intriguing observations about the spirit and requirements of Zen in America

Introducing Contemplative Studies Louis Komjathy, 2017-11-29

The first book length introduction to an exciting new interdisciplinary field written by an internationally recognized leader of the Contemplative Studies movement This is the first book length introduction to a growing and influential interdisciplinary field focused on contemplative practice contemplative experience and contemplative pedagogy Written by an internationally recognized leader in the area Introducing Contemplative Studies seeks to provide readers with a deep and practical understanding of the nature and purpose of the field while encouraging them to find a place of their own in an increasingly widespread movement At once comprehensive overview critical reflection and visionary proposal the book explores the central approaches and issues in Contemplative Studies tackles questions and problems that sometimes go unaddressed and identifies promising new developments The author also discusses contemplative pedagogy an experiential approach to teaching and learning informed by and expressed as contemplative practice This is a major introduction to a fast emerging interdisciplinary field that will be invaluable to those interested in the area The only comprehensive introduction to the emerging interdisciplinary field of Contemplative Studies Written by a distinguished leader in the Contemplative Studies movement who is founding Co Chair of the Contemplative Studies Group of the American Academy of Religion Informed by ten years of research and practice the book explores the field's varied approaches and expressions Offers critical reviews of trends which will create discussions both within and outside the Contemplative Studies Liberally illustrated with both images and charts Introducing Contemplative Studies is a must read for advanced undergraduates graduate students teachers and scholars in Contemplative Studies as well as anyone who is curious about contemplative practice meditation contemplative experience contemplative pedagogy contemplative science and of course the exciting field of Contemplative Studies generally

Tricycle, 2002

Peter Goin and the Photography of Environmental Change Cheryll Glotfelty, Peter Goin, 2022-06-30

Peter Goin and the Photography of Environmental Change narrates the forty year quest of award winning and internationally exhibited contemporary photographer Peter Goin to document human altered landscapes across America and beyond It is a collaborative work between an artist and a literary critic a retrospective of an accomplished environmental photographer and an innovative education in visual reading Enduring howling wind pounding rain and blistering sun Goin bears witness to radioactive landscapes abandoned mines simulated swamps rechanneled rivers controlled burns overgrown ruins industrialized agriculture shrinking reservoirs feral spaces in the city architected wilderness sacred wastelands contested borderlands and more Based on more than seventy hours of taped interviews with the artist spanning over a decade trailblazing ecocritic Cheryll Glotfelty narrates the arc of Goin's career sharing excerpts from their conversations that reveal

his brilliant mind and piquant personality while situating his work within the broader context of environmental thinkers This beautifully illustrated volume with 200 images in color and black and white showcasing Goin s work will be a fascinating and insightful read for upper level students academics and researchers in photography environmental history and culture landscape studies and environmental humanities **Making Love with Light** John Daido Looi,2000 **Contemplation**

and the Cross Thomas Joseph White,White Op Thomas Joseph,2025 What are the aims of the Christian spiritual life and how can we deepen our life in Christ What is the Catholic form of the spiritual life and what are its causes This book serves as an introduction to Catholic spirituality by examining the mystery of Jesus Christ His Crucifixion and His Resurrection as the center of our spiritual life The central argument of the book is that the life death and resurrection of Jesus present us with the form or essence of the Christian spiritual life and orient us toward union with the Trinity as the final end or aim of human existence The means of union with God through sacraments the interior life of the theological virtues faith hope and charity and the virtue of religion are considered as vehicles by which we rejoin God in Christ The effects of the Cross are considered in our life by a study of the spiritual and corporal works of mercy The Virgin Mary is considered as a model of the spiritual life What results is a Christ centered spirituality that is sacramental and Marian and that depicts the life of the Church living in contemplative charity as the basic expression of Catholic spirituality Thomas Aquinas and Contemplation Rik Van

Nieuwenhove,2021-02-24 Contemplation according to Thomas Aquinas is the central goal of our life This study considers the epistemological and metaphysical foundations of the contemplative act the nature of the active and contemplative lives in light of Aquinas s Dominican calling the role of faith charity and the gifts of the Holy Spirit in contemplation and contemplation and the beatific vision Rik Van Nieuwenhove argues that Aquinas espouses a profoundly intellectual notion of contemplation in the strictly speculative sense which culminates in a non discursive moment of insight intuitus simplex In marked contrast to his contemporaries Aquinas therefore rejects a sapiential or affective brand of theology He also employs a broader notion of contemplation which can be enjoyed by all Christians in which the gifts of the Holy Spirit are of central importance Thomas Aquinas and Contemplation will appeal to readers interested in this key aspect of Aquinas s thought Van Nieuwenhove provides a lucid account of central aspects of Aquinas s metaphysics epistemology theology and spirituality He also offers new insights into the nature of the theological discipline as Aquinas sees it and how theology relates to philosophy

The Nature of the Atonement John McLeod Campbell,1873 On Prayer and Contemplation Matthew Levering,2005-03-03 This is a rich informative and inspiring compendium of the Christian tradition of prayer and contemplation from the earliest days of the Church to the present day Included are selections from St Ignatius of Antioch Justin Martyr St Clement of Rome St Gregory of Nyssa John Cassian St Augustine St Gregory of Sinai St Thomas Aquinas St Bonaventure St Ignatius Loyola St Teresa of Avila St John of the Cross St Catherine of Siena St Julian of Norwich Brother Lawrence St Francis de Sales St Vincent de Paul Lancelot Andrewes St Elizabeth of the Trinity St Edith Stein Dietrich

Bonhoeffer Hans Urs von Balthasar and Pope John Paul II Levering has selected readings that capture how Christian saints and spiritual leaders through the ages have understood what prayer is why we pray and how we pray The selections also integrate the Eastern Orthodox and Western understandings of prayer and contemplation The book is perfect for study meditation and inspiration *Contemplation in a World of Action* Thomas Merton,1998-02-15 The spiritual and psychological insights of these essays were nurtured in a monastic milieu but their issues are universally human Thomas Merton lays a foundation for personal growth and transformation through fidelity to our own truth and inner being His main focus is our desire and need to attain a fully human and personal identity This classic is a newly restored and corrected edition and the inaugural volume of Gethsemani Studies in Psychological and Religious Anthropology a series of books that explores through the twin perspectives of psychology and religion the dynamics and depths of being fully human When I speak of the contemplative life I do not mean the institutional cloistered life I am talking about a special dimension of inner discipline and experience a certain integrity and fullness of personal development Discovering the contemplative life is a new self discovery One might say it is the flowering of a deeper identity on an entirely different plane Thomas Merton from the book Library Journal ,2003 Includes beginning Sept 15 1954 and on the 15th of each month Sept May a special section School library journal ISSN 0000 0035 called Junior libraries 1954 May 1961 Also issued separately **Close Up Photography in Nature** John and Barbara Gerlach,2014-07-17 Capturing the grandeur of landscapes or mood of a certain natural light is challenging but often the simple details of a texture or color evade photographers most of all In Close Up Photography in Nature best selling authors and nature photography pros John and Barbara Gerlach share the tips and techniques necessary to successfully photograph the beauty all around you The Gerlachs are celebrated teachers who understand a photographer s mind so they begin this book with a brief overview of the fundamentals before delving into some of the more advanced and unique challenges of close up photography Topics covered include advanced flash techniques specific for close up shooting as well as a discussion on focus stacking strategies and tilt shift lenses for getting maximum depth of field The Gerlachs also discuss their strategy of mixing flash with natural light when shooting close up which opens up all sorts of photographic possibilities opening up shadows creating shadows separating the subject from the background reducing contrast between the subject and the background improving the color rendition shooting sharper images and much more This book will change the way you see the world as well as the way you share it through your work the world through your work

Unveiling the Magic of Words: A Report on "**Making Love With Light Contemplating Nature With Words And Photographs**"

In some sort of defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their capability to kindle emotions, provoke contemplation, and ignite transformative change is actually awe-inspiring. Enter the realm of "**Making Love With Light Contemplating Nature With Words And Photographs**," a mesmerizing literary masterpiece penned by way of a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve in to the book is central themes, examine its distinctive writing style, and assess its profound effect on the souls of its readers.

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