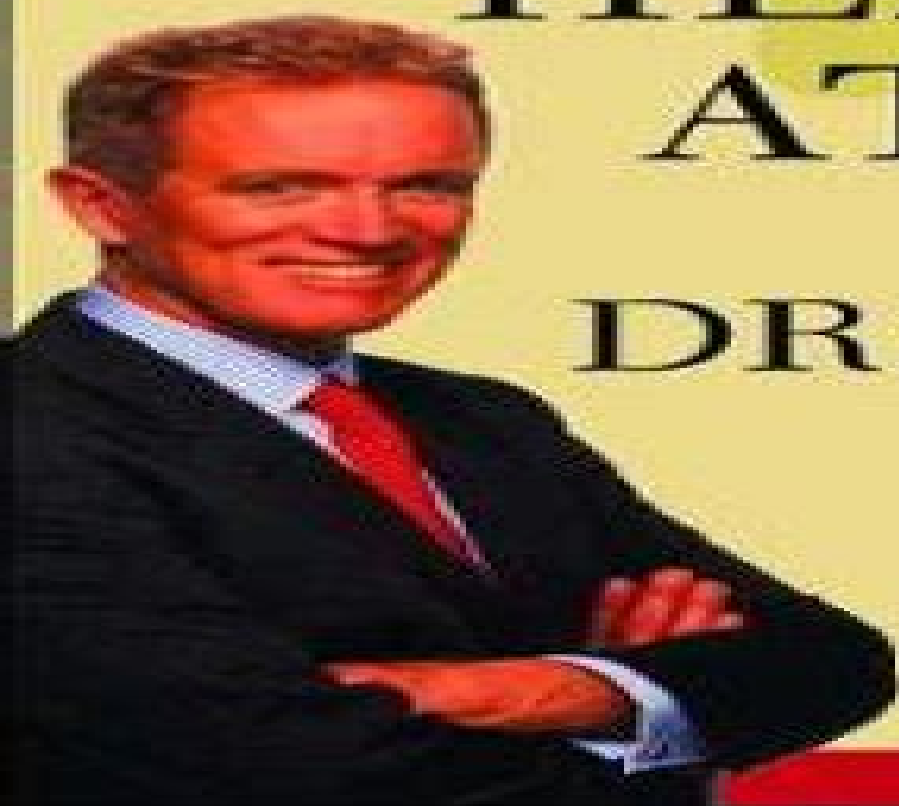


# SEVEN STEPS *to* STOP *a* HEART ATTACK

*by*  
DR. BOB  
ARNOT



*Bestselling author of  
The Breast Cancer Prevention Diet  
and Wear your Tears*

# Seven Steps To Stop A Heart Attack

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