# SENSIBLE SELF-HELP FOR PARKINSON'S PROBLEMS

ENCOURAGING GUIDANCE TO A POSITIVE FUTURE FOR

PARKINSON'S, PALSY, TREMOR, STROKE DISABILITIES, ATAXIA, HUNTINGTON'S, DISABLED VETS, ETC.

ENLARGED PRINT EDITION

By Edgar W. Nash Spenking from experience

# **Sensible Self Help For Parkinsons Problems Paperback**

**Léo Pomar** 

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