

Senior Citizen Handbook: A Self-Help and Resource Guide

Stokell, Marjorie

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Senior Citizen Handbook A Self Help And Resource Guide

SJ Ball



Senior Citizen Handbook A Self Help And Resource Guide:

The Senior Citizen Handbook Marjorie Stokell, Bonnie Kennedy, 1985 Offers practical advice on exercise and nutrition clubs education Medicare second careers health problems legal aid and personal finances *The Senior Citizen Handbook*

Marjorie Stokell, Bonnie Kennedy, 1985 *A Resource Guide for Fitness Programs for Older Persons* Alan Pardini, Connie Mahoney, 1987

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Marjorie Bogaert-Tullis, Sarah Samuels, 1985 **Online Resources for Senior Citizens, 2d ed.** Charles C.

Sharpe, 2003-02-28 This book facilitates and expands Internet access and usage by seniors assists them in finding the information they want and need and contributes to their knowledge of the aging process and the challenges it presents by providing a list of online resources of particular interest to them *Resources in Education*, 1997 **People Power** U.S.

Office of Consumer Affairs, 1984 *People Power* U.S. Office of Consumer Affairs. Consumer Information Division, 1980

Abstract A resource book is presented for community groups and individual citizens on consumer action projects related to food housing energy and health Successful local projects are described in each category A section on basic tools provides guidelines for organizing a community project and obtaining necessary resources Appendices contain organization names and addresses and other resource materials *Journal of Human Services Abstracts*, 1984 *The Nonprofit Manager's*

Resource Directory Ronald A. Landskroner, 2002-04-30 A newly revised and updated edition of the ultimate resource for nonprofit managers If you re a nonprofit manager you probably spend a good deal of your time tracking down hard to find answers to complicated questions The Nonprofit Manager s Resource Directory Second Edition provides instant answers to all your questions concerning nonprofit oriented product and service providers Internet sites funding sources publications support and advocacy groups and much more If you need help finding volunteers understanding new legislation or writing grant proposals help has arrived This new updated edition features expanded coverage of important issues and even more answers to all your nonprofit questions Revised to keep vital information up to the minute The Nonprofit Manager s Resource Directory Second Edition Contains more than 2 000 detailed listings of both nonprofit and for profit resources products and services Supplies complete details on everything from assistance and support groups to software vendors and Internet

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