When Plan A No Longer Works

Plan

Stephanie Asker, LCSW

How to Get Unstuck from Work, Family, and Relationship Problems

Introducing a concrete, step-by-step system that will help you

- Recognize what's working—and what needs changing
- Discover solutions to difficult situations
- Determine your true goals and how to attain them

<u>Plan B How To Get Unstuck From Work Family And</u> <u>Relationship Problems</u>

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