

PRESSURE POINTS



**DO IT YOURSELF
ACUPUNCTURE
WITHOUT NEEDLES**

GIVES RELIEF FROM:

BACK AILMENTS • SNEEZING • SINUS TROUBLE
INSOMNIA • ABDOMINAL PAIN • HEADACHES

**KEITH KENYON, M.D.
PAUL WINCHELL**

Pressure Points Do It Yourself Acupuncture Without Needles

David Baud



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