

LOW-CALORIE FOODS

* all calories are per
100 gr

@thoresenfitness



Cucumber
15 cals



Lettuce
13 cals



Broccoli
33 cals



Celery
15 cals



Bell Pepper
33 cals



Strawberries
34 cals



Watermelon
35 cals



Tomato
18 cals



Pineapple
50 cals



Lemon
23 cals



Honey melon
35 cals



Peach
39 cals

Low Calorie Foods And Food Ingredients

RJ Alexander



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