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PSYCHERESPONSE

Psychological Skills for Optimal Performance by Emergency Responders



Michael J. Asken

<u>Psycheresponse Psychological Skills For Optimal</u> <u>Performance By Emergency Responders</u>

Lisa López Levers

Psycheresponse Psychological Skills For Optimal Performance By Emergency Responders:

Psycheresponse Michael J. Asken, 1993 Even though emergency responders report that twenty to sixty percent of success in responding to emergency situations is due to psychological factors concentrating thinking staying cool there is rarely any attention paid to training emergency responders in these critical psychological skills. The text presents the first comprehensive program to teach psychological skills to control arousal improve concentration enhance confidence during the response using realistic examples and applications directly from EMS and firefighting work For emergency medial service workers firefighters and all those interested in the latest techniques in reducing stress and improving response Counseling, Second Edition Lisa López Levers, 2022-02-24 The only comprehensive text to focus on trauma stress crisis and disaster counseling from a clinical practice perspective This overarching text intended both for mental health practitioners in training and for practicing clinicians focuses on the impact of stress crisis trauma and disaster on diverse populations across the lifespan as well as on effective treatment strategies. The second edition is newly grounded in a trauma scaffold providing foundational information that therapists can build upon step by step to treat individuals affected by more complex trauma events This resource newly addresses the mental health implications of COVID 19 which has had an enormous impact on multitudes of people since the beginning of the pandemic its repercussions likely to continue for some time into the future The text also is updated to provide the most recent diagnostic information regarding trauma in the DSM 5 Two new chapters address the confluence of crises related to anthropogenic climate change and the effects of mass violence This unrivalled resource emphasizes stress management and crisis intervention skills as important building blocks for working with more complex issues of trauma and disaster It underscores the idea that trauma must be approached from multiple perspectives and in multiple dimensions encompassing individual community societal and systemic implications along with multicultural and diversity frames of reference The text integrates the latest findings from neuropsychology and psychopharmacology with an emphasis on Polyvagal Theory Additionally the text highlights the importance of clinical supervision in trauma care and examines ethical dimensions and the need for self care among trauma counselors Purchase includes digital access for use on most mobile devices or computers New to the Second Edition Reconceptualizes the text with the concept of a Trauma Scaffold as a foundation upon which to understand and develop treatment for increasingly complex trauma events Addresses the COVID 19 pandemic and its profound effect on the mental health of vast numbers of people Includes two new chapters on the confluence of crises related to anthropogenic climate change and the effects of mass violence Includes PowerPoint slides to accompany an updated Instructor's Manual Key Features Delivers both introductory and advanced clinical information addressing complex trauma Addresses trauma from a bioecological framework with emphasis on trauma informed practices multicultural pluralism diversity and social justice Considers neurobiological responses to trauma with new research and the contributions of Polyvagal Theory Examines individual familial community society and systemic understandings of stress

crisis trauma and disaster Includes a wealth of resources for further study text boxes and case studies to reinforce learning **Trauma Counseling** Lisa Lopez Levers, 2012-03-15 Print CourseSmart **Current Catalog** National Library of Medicine (U.S.),1993 First multi year cumulation covers six years 1965 70 National Library of Medicine Current Catalog Counseling Crime Victims Laurence Miller, PhD,2008-03-24 Dr Miller s National Library of Medicine (U.S.),1993 Counseling Crime Victims is extremely effective and it will occupy a central spot on my bookshelf It is really a golden find Society for Police and Criminal Psychology Here is the gold standard the book for mental health clinicians helping crime victims sort through one of life s most difficult and traumatic experiences Richard L Levenson Jr Psy D CTS Licensed Psychologist New York State As more and more mental health professionals are becoming involved in the criminal justice system as social service providers victim advocates court liaisons expert witnesses and clinical therapists there has not been a commensurate improvement in the quality of text material to address this expanding and diverse field Until now students and practicing professionals have had to content themselves with either overly broad texts on criminology or trauma theory or exceeding narrow tracts on one or another sub area of victim services Counseling Crime Victims provides a unique approach to helping victims of crime By distilling and combining the best insights and lessons from the fields of criminology victimology trauma psychology law enforcement and psychotherapy this book presents an integrated model of intervention for students and working mental health professionals in the criminal justice system. The book blends solid empirical research scholarship with practical hit the ground running recommendations that mental health professionals can begin using immediately in their daily work with victims Counseling Crime Victims is a practical guide and reference book that working mental health clinicians will consult again and again in their daily practices This book will also be of use to attorneys judges law enforcement officers social service providers and others who work with crime victims in the criminal justice system It can also serve as a college and graduate level text for courses in Psychology and Criminal Justice Key Features of this Book Victim assistance is becoming a full fledged field for social workers and counselors A practical hands on guide which offers counselors techniques for dealing with victims of a wide variety of crimes Shows counselors how to guide their clients through the legal and judicial system Straight Talk about Stress Mike McEvoy, 2004 Different faces of stress Traits of emergency responders Stress on the job Critical incident stress Stress at home Shift work and sleep Development of competence in emergency responders Personal stress management program Warrior Mindset Michael Asken, Dave Grossman, Loren W. Christensen, 2022-09-20 This practical guide teaches readers to meet stressful or dangerous situations with a combat ready mentality In high stress situations especially ones where lives are on the line mental toughness is essential But while many agree on the importance of this psychological skill set few ever provide practical training in how to achieve it Warrior Mindset explains concrete steps and techniques to develop a survival mindset and hardened focus This book offers an in depth analysis of the subject Describing the importance of mental toughness and presenting a method for

readying the mind for combat this text can help foster skills that will optimize performance success and survival in the field **Responding to Psychological Emergencies** Jeffrey A. Thomas, S. Joseph Woodall, 2006 Field Guide for Psychological Emergencies is a quick reference source for rapid intervention and mitigation of psychologically based field emergencies The guide provides a user friendly cross referenced pragmatic reference guide to a variety of psychological maladies that are encountered by emergency services personnel and a variety of other public service professionals. The field guide provides the user with a guick easy to use source that offers pertinent information that is required to successfully mitigate incidents involving people suffering from mental disorders. The field guide will be used as a supplement to the main texts used to cover Module 4 Medical Emergencies which addresses behavioral emergencies at the EMT Basic level and the content in Module 6 Special Considerations of the DOT National Standard Curriculum This module covers Pediatrics Geriatrics Abuse and Neglect and Patients with Special Challenges Field Guide for Psychological Emergencies will cover content necessary to address the section on Patients with Special Challenges In addition to supplementing the core textbook used to cover behavioral emergencies in the EMT Basic courses and Patients with Special Challenges at the Paramedic level this field guide is designed to be used in the field as a guick reference for EMTs and Paramedics as they encounter psychological Practical Police Psychology Laurence Miller, 2006 Vocational and Technical Resources for Community College Libraries Mary Ann Laun, 1995 Paramedic Emergency Care Bryan E. Bledsoe, Robert S. Porter, Bruce R. Shade, 1997 With its extensively updated text self instructional student workbook and thoroughly revised instructor s resource manual brimming with tips and handouts this complete package is designed to meet all the needs of paramedic instructors and students alike First Responder Keith J. Karren, Brent O. Hafen, 1995 Brady Pediatric Emergencies Martin R. Eichelberger, Jane W. Ball, John R. Clark, 1998 This book was developed to provide a standard of prehospital pediatric emergency care for both the basic and advanced levels of prehospital providers Differentiates ALL pediatric emergencies not just resuscitation Uses the terminology and practice guidelines of the new EMT B curriculum Contains current CPR guidelines for children Provides basic information about pediatric assessment and emergency conditions Incorporates family centered care strategy dealing effectively with families to provide optimal emergency care for children Includes a section on children with special health care needs Contains illustrations and tables throughout the book to highlight key concepts Brady Paramedic Emergency Care Bryan E. Bledsoe, Robert S. Porter, Bruce R. Shade, 1994 This edition on paramedic emergency care covers current infectious diseases airway management devices the autonomic nervous system the changes in priorities in treating asthma and reactive airway disease and stress burnout and CISD as they relate to the paramedic Medical 911,1994 The Cumulative Book Index ,1994 A world list of books in the English language

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