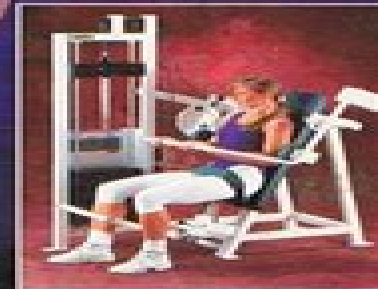


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WORKOUTS, WEIGHTS AND EQUIPMENT

Kevin Pressley



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