

SHOOK OVER HELL

**POST-TRAUMATIC STRESS,
VIETNAM, AND THE CIVIL WAR**

ERIC T. DEAN, JR.



Shook Over Hell Post Traumatic Stress Vietnam And The Civil War

Eric T. Dean



Shook Over Hell Post Traumatic Stress Vietnam And The Civil War:

Shook Over Hell Eric T. Dean, 1997 Vietnam still haunts the American conscience Not only did nearly 58 000 Americans die there but by some estimates 1 5 million veterans returned with war induced Post Traumatic Stress Disorder PTSD This psychological syndrome responsible for anxiety depression and a wide array of social pathologies has never before been placed in historical context Eric Dean does just that as he relates the psychological problems of veterans of the Vietnam War to the mental and readjustment problems experienced by veterans of the Civil War Employing a multidisciplinary approach that merges military medical and social history Dean draws on individual case analyses and quantitative methods to trace the reactions of Civil War veterans to combat and death He seeks to determine whether exuberant parades in the North and sectional adulation in the South helped to wash away memories of violence for the Civil War veteran His extensive study reveals that Civil War veterans experienced severe persistent psychological problems such as depression anxiety and flashbacks with resulting behaviors such as suicide alcoholism and domestic violence By comparing Civil War and Vietnam veterans Dean demonstrates that Vietnam vets did not suffer exceptionally in the number and degree of their psychiatric illnesses The politics and culture of the times Dean argues were responsible for the claims of singularity for the suffering Vietnam veterans as well as for the development of the modern concept of PTSD This remarkable and moving book uncovers a hidden chapter of Civil War history and gives new meaning to the Vietnam War

PTSD Allan V. Horwitz, 2018-09-03 A comprehensive history of PTSD Post traumatic stress disorder and its predecessor diagnoses including soldier's heart railroad spine and shell shock was recognized as a psychiatric disorder in the latter part of the nineteenth century The psychic impacts of train crashes wars and sexual shocks among children first drew psychiatric attention Later enormous numbers of soldiers suffering from battlefield traumas returned from the world wars It was not until the 1980s that PTSD became a formal diagnosis in part to recognize the intense psychic suffering of Vietnam War veterans and women with trauma related personality disorders PTSD now occupies a dominant place in not only the mental health professions but also major social institutions and mainstream culture making it the signature mental disorder of the early twenty first century In *PTSD* Allan V Horwitz traces the fluctuations in definitions of and responses to traumatic psychic conditions Arguing that PTSD perhaps more than any other diagnostic category is a lens for showing major historical changes in conceptions of mental illness he surveys the conditions most likely to produce traumas the results of those traumas and how to evaluate the claims of trauma victims Illuminating a number of central issues about psychic disturbances more generally including the relative importance of external stressors and internal vulnerabilities in causing mental illness the benefits and costs of mental illness labels and the influence of gender on expressions of mental disturbance PTSD is a compact yet comprehensive survey The book will appeal to diverse audiences including the educated public students across the psychological and social sciences and trauma victims who are interested in socio historical approaches to their condition Praise for Allan V Horwitz's

Anxiety A Short History The definitive overview of the history of anxiety Bulletin of the History of Medicine A lucid erudite and brisk intellectual history driven by a clear and persuasive central argument Social History of Medicine An enlightening tour of anxiety set at a sensible pace with an exceptional scholar and writer leading the way Library Journal **Subjectivity** João Guilherme Biehl, Byron Good, Arthur Kleinman, 2007-04-11 Talks about the ways personal lives are being undone and remade today This book examines the ethnography of the modern subject probes the continuity and diversity of modes of personhood across a range of Western and non Western societies It considers what happens to individual subjectivity when environments such as communities are transformed **The Perfect Scout** George W. Quimby, 2018-01-16 A rare and dramatic first person account by a Union scout who served General William Tecumseh Sherman on his march to the sea After his father in law passed away Stephen Murphy found among the voluminous papers left behind an ancestral memoir Murphy quickly became fascinated with the recollections of George W Quimby 1842 1926 a Union soldier and scout for General William Tecumseh Sherman Before Quimby became a part of Sherman s March he was held captive by Nathan Bedford Forrest s troops in western Tennessee He joined Sherman s Army in Vicksburg destroying railroads and bridges across Mississippi and Alabama on the way to Georgia As the notorious march began Quimby became a scout and no longer experienced war as his fellow soldiers did Scouts moved ahead of the troops to anticipate opportunities and dangers The rank and file were instructed to be seen and feared while scouts were required to be invisible and stealthy This memoir offers the rare perspective of a Union soldier who ventured into Confederate territory and sent intelligence to Sherman Written around 1901 in the wake of the Spanish American War Quimby s memoir shows no desire to settle old scores He s a natural storyteller keeping his audience s attention with tales of drunken frolics and narrow escapes providing a memoir that reads more like an adventure novel He gives a new twist to the familiar stories of Sherman s March reminding readers that while the Union soldiers faced few full scale battles the campaign was still quite dangerous More than a chronicle of day to day battles and marches The Perfect Scout is more episodic and includes such additional elements as the story of how he met his wife and close encounters with the enemy Offering a full picture of the war Quimby writes not only about his adventures as one of Sherman s scouts but also about the suffering of the civilians caught in the war He provides personal insight into some of the war s historic events and paints a vivid picture of the devastation wreaked upon the South that includes destroyed crops and homes and a shattered economy He also tells of the many acts of kindness he received from Southerners including women and African Americans who helped him and his fellow scouts by providing food shelter or information **Frank and Jesse James** Ted Yeatman, 2003-02 Yeatman has created a thorough narrative that will be satisfying to readers who know little about the James brothers and those who have read everything about them Included are 32 pages of rare illustrations and photos of the people places and artifacts associated with the notorious James bandits **Doctors beyond Borders** Laurence Monnais, David Wright, 2016-05-09 The transnational migration of health care practitioners has become a critical

issue in global health policy and ethics *Doctors beyond Borders* provides an essential historical perspective on this international issue showing how foreign trained doctors have challenged and transformed health policy and medical practice in countries around the world Drawing on a wide variety of sources from immigration records and medical directories to oral histories the contributors study topics ranging from the influence of South Asian doctors on geriatric medicine in the United Kingdom to the Swedish reaction to the arrival of Jewish physicians fleeing Nazi Germany and the impact of the Vietnam War on the migration of doctors to Canada Combining social history the history of health and medicine and immigration history *Doctors beyond Borders* is an impressive selection of essays on a topic that continues to have global relevance

The Army of the Potomac in the Overland and Petersburg Campaigns Steven E. Sodergren, 2017-06-05 The final year of the Civil War witnessed a profound transformation in the practice of modern warfare a shift that produced unprecedented consequences for the soldiers fighting on the front lines In *The Army of the Potomac in the Overland and Petersburg Campaigns* Steven E Sodergren examines the transition to trench warfare the lengthy campaigns of attrition that resulted and how these seemingly grim new realities affected the mindset and morale of Union soldiers The 1864 Overland Campaign created tremendous physical and emotional suffering for the men of the Army of the Potomac as they faced a remarkable increase in the level and frequency of combat By the end of this critical series of battles surviving Union soldiers began to express considerable doubt in their cause and their leaders as evidenced by widespread demoralization and the rising number of men deserting and disobeying orders Yet while the Petersburg campaign that followed further exposed the Army of the Potomac to the horrors of trench warfare it proved both physically and psychologically regenerative Comprehending that the extensive fortification network surrounding them benefitted their survival soldiers quickly adjusted to life in the trenches despite the harsh conditions The army's static position allowed the Union logistical structure to supply the front lines with much needed resources like food and mail even a few luxuries The elevated morale that resulted combined with the reelection of Abraham Lincoln in November 1864 and the increasing number of deserters from the Confederate lines only confirmed the growing belief among the soldiers in the trenches that Union victory was inevitable Taken together these aspects of the Petersburg experience mitigated the negative effects of trench warfare and allowed men to adapt more easily to their new world of combat Sodergren explores the many factors that enabled the Army of the Potomac to endure the brutal physical conditions of trench warfare and emerge with a renewed sense of purpose as fighting resumed on the open battlefield in 1865 Drawing from soldiers letters and diaries official military correspondence and court martial records he paints a vivid picture of the daily lives of Union soldiers as they witnessed the beginnings of a profound shift in the way the world imagined and waged large scale warfare

Trauma in Medieval Society, 2018-06-12 *Trauma in Medieval Society* is an edited collection of articles from a variety of scholars on the history of trauma and the traumatised in medieval Europe Looking at trauma as a theoretical concept as part of the literary and historical lives of medieval individuals and communities

this volume brings together scholars from the fields of archaeology anthropology history literature religion and languages The collection offers insights into the physical impairments from and psychological responses to injury shock war or other violence either corporeal or mental From biographical to socio cultural analyses these articles examine skeletal and archival evidence as well as literary substantiation of trauma as lived experience in the Middle Ages Contributors are Carla L Burrell Sara M Canavan Susan L Einbinder Michael M Emery Bianca Frohne Ronald J Ganze Helen Hickey Sonja Kerth Jenni Kuuliala Christina Lee Kate McGrath Charles Louis Morand M tivier James C Ohman Walton O Schalick III Sally Shockro Patricia Skinner Donna Trembinski Wendy J Turner Belle S Tuten Anne Van Arsdall and Marit van Cant Weary Warriors Pamela Moss, Michael J. Prince, 2014-06-01 As seen in military documents medical journals novels films television shows and memoirs soldiers invisible wounds are not innate cracks in individual psyches that break under the stress of war Instead the generation of weary warriors is caught up in wider social and political networks and institutions families activist groups government bureaucracies welfare state programs mediated through a military hierarchy psychiatry rooted in mind body sciences and various cultural constructs of masculinity This book offers a history of military psychiatry from the American Civil War to the latest Afghanistan conflict The authors trace the effects of power and knowledge in relation to the emotional and psychological trauma that shapes soldiers bodies minds and souls developing an extensive account of the emergence diagnosis and treatment of soldiers invisible wounds *PTSD* Jerry Lembcke, 2013-12-11 Stories of soldiers suffering from Post Traumatic Stress Disorder dominate news coverage of the return from wars in the Middle East On the surface the stories call our attention to psychic trauma and the need for mental health services for veterans scratch that surface and we see that PTSD has morphed from a diagnostic category into a cultural trope with broad societal implications In *PTSD Diagnosis and Identity in Post empire America* Jerry Lembcke exposes those implications Lembcke reprises PTSD s formulation following the war in Vietnam examining how its medical discourse provided a psychological alternative to the political interpretations of veterans opposition to the war psychiatrists said veteran dissent was cathartic a form of acting out Lembcke drills deeply into the modern history of war trauma treatment picking up the threads left by nineteenth century work on men and hysteria and following them into the treatment of shell shock in World War I With great originality Lembcke also shows how art and the media led the science of war trauma and then how the followers of Sigmund Freud showed that shell shock symptoms were as likely to be expressions of fears and conflicts internal to the patients as the effects of exploding shells The line drawn by the Freudian critique of the medical neurological model would resurface in debates leading to PTSD s inclusion in the DSM in 1980 and on going deliberations over the definition and meaning of Traumatic Brain Injury In core chapters Lembcke shows the influence of film theater television and news coverage on public and professional thinking about war trauma The inglorious nature of recent wars from Vietnam through Iraq and Afghanistan leaves Americans searching for meaning in those conflicts and finding it in loss and sacrifice Lembcke warns that the image

of damaged war veterans is working metaphorically in these dangerous times to construct a national self image of defeat and damage that needs to be avenged It is a dangerous end of empire narrative that needs to be engaged he says lest its dangers reach fruition in more war The insights found in this book make it an invaluable resource for scholars of sociology medical sociology psychology military studies gender studies and history of psychiatry and a riveting read for anyone interested in the subjects it treats *The Routledge History of Global War and Society* Matthew S. Muehlbauer, David J. Ulbrich, 2018-02-21

The Routledge History of Global War and Society offers a sweeping introduction to the most significant research on the causes experiences and impacts of war throughout history This collection of twenty seven essays by leading historians demonstrates how war and society studies have dramatically expanded the chronological geographic and thematic breadth of the field of military history Each chapter addresses the ways in which recent scholarship has integrated cultural ethical environmental medical and ideological factors to explain both conventional conflicts and genocide terrorism and other forms of mass violence The broad scope of the collection makes it the perfect primer for scholars and students seeking to understand the complex interactions of warfare and those affecting and affected by conflict *Clinician's Guide to PTSD* Steven Taylor, 2017-06-14 This practitioner's guide now thoroughly updated examines the nature of posttraumatic stress disorder PTSD and provides a complete framework for planning and implementing cognitive behavioral therapy CBT Steven Taylor addresses the complexities of treating people who have experienced different types of trauma and shows how to adapt empirically supported protocols to each client's needs Rich case examples illustrate the nuts and bolts of cognitive interventions exposure exercises and adjunctive methods Purchasers get access to a Web page where they can download and print the book's 14 reproducible handouts in a convenient 8 1/2 x 11 size New to This Edition Chapter on pharmacotherapy what CBT practitioners need to know when treating clients who are also taking medication Incorporates over a decade of advances in assessment and treatment techniques outcome research and neurobiological knowledge Updated for DSM 5

Cold Harbor to the Crater Gary W. Gallagher, Caroline E. Janney, 2015-07-24 Between the end of May and the beginning of August 1864 Lt Gen Ulysses S Grant and Gen Robert E Lee oversaw the transition between the Overland campaign a remarkable saga of maneuvering and brutal combat and what became a grueling siege of Petersburg that many months later compelled Confederates to abandon Richmond Although many historians have marked Grant's crossing of the James River on June 12/15 as the close of the Overland campaign this volume interprets the fighting from Cold Harbor on June 1/3 through the battle of the Crater on July 30 as the last phase of an operation that could have ended without a prolonged siege The contributors assess the campaign from a variety of perspectives examining strategy and tactics the performances of key commanders on each side the centrality of field fortifications political repercussions in the United States and the Confederacy the experiences of civilians caught in the path of the armies and how the famous battle of the Crater has resonated in historical memory As a group the essays highlight the important connections between the home front and the

battlefield showing some of the ways in which military and nonmilitary affairs played off and influenced one another Contributors include Keith S Bohannon Stephen Cushman M Keith Harris Robert E L Krick Kevin M Levin Kathryn Shively Meier Gordon C Rhea and Joan Waugh *Administrations of Lunacy* Mab Segrest, 2020-04-14 Whew They going to send around here and tie you up and drag you off to Milledgeville Them fat blue police chasing tomcats around alleys Berenice in The Member of the Wedding by Carson McCullers A scathing and original look at the racist origins of the field of modern psychiatry told through the story of what was once the largest mental institution in the world by the prize winning author of Memoir of a Race Traitor After a decade of research Mab Segrest whose Memoir of a Race Traitor forever changed the way we think about race in America turns sanity itself inside out in a stunning book that will become an instant classic In December 1841 the Georgia State Lunatic Idiot and Epileptic Asylum was founded on land taken from the Cherokee nation in the then State capitol of Milledgeville A hundred years later it had become the largest insane asylum in the world with over ten thousand patients To this day it is the site of the largest graveyard of disabled and mentally ill people in the world In April 1949 Ebony magazine reported that for black patients the situation approaches Nazi concentration camp standards unbelievable this side of Dante s Inferno Georgia s state hospital was at the center of psychiatric practice and the forefront of psychiatric thought throughout the nineteenth and twentieth centuries in America centuries during which the South invented fought to defend and then worked to replace the most developed slave culture since the Roman Empire A landmark history of a single insane asylum at Milledgeville Georgia A Peculiar Inheritance reveals how modern day American psychiatry was forged in the traumas of slavery the Civil War and Reconstruction when African Americans carrying no histories entered from Freedmen s Bureau Hospitals and home counties wracked with Klan terror This history set the stage for the eugenics and degeneracy theories of the twentieth century which in turn became the basis for much of Nazi thinking in Europe Segrest s masterwork will forever change the way we think about our own minds **What Is Mental Illness?** Richard J. McNally, 2012-11-12 According to a major health survey nearly half of all Americans have been mentally ill at some point in their lives more than a quarter in the last year Can this be true What exactly does it mean anyway What s a disorder and what s just a struggle with real life This lucid and incisive book cuts through both professional jargon and polemical hot air to describe the intense political and intellectual struggles over what counts as a real disorder and what goes into the DSM the psychiatric bible Is schizophrenia a disorder Absolutely Is homosexuality It was till gay rights activists drove it out of the DSM a generation ago What about new and controversial diagnoses Is social anxiety disorder a way of saying that it s sick to be shy or female sexual arousal disorder that it s sick to be tired An advisor to the DSM but also a fierce critic of exaggerated overuse McNally defends the careful approach of describing disorders by patterns of symptoms that can be seen and illustrates how often the system medicalizes everyday emotional life Neuroscience genetics and evolutionary psychology may illuminate the biological bases of mental illness but at this point McNally argues no science can draw a bright line between

disorder and distress In a pragmatic and humane conclusion he offers questions for patients and professionals alike to help understand and cope with the sorrows and psychopathologies of everyday life **Hoosiers** James H. Madison, 2014-08-05 The story of this Midwestern state and its people past and present An entertaining and fast read Indianapolis Star Who are the people called Hoosiers What are their stories Two centuries ago on the Indiana frontier they were settlers who created a way of life they passed to later generations They came to value individual freedom and distrusted government even as they demanded that government remove Indians sell them land and bring democracy Down to the present Hoosiers have remained wary of government power and have taken care to guard their tax dollars and their personal independence Yet the people of Indiana have always accommodated change exchanging log cabins and spinning wheels for railroads cities and factories in the nineteenth century automobiles suburbs and foreign investment in the twentieth The present has brought new issues and challenges as Indiana s citizens respond to a rapidly changing world James H Madison s sparkling new history tells the stories of these Hoosiers offering an invigorating view of one of America s distinctive states and the long and fascinating journey of its people **Lost Causes** Bradley R. Clampitt, 2022-06-01 This groundbreaking analysis of Confederate demobilization examines the state of mind of Confederate soldiers in the immediate aftermath of war Having survived severe psychological as well as physical trauma they now faced the unknown as they headed back home in defeat Lost Causes analyzes the interlude between soldier and veteran suggesting that defeat and demobilization actually reinforced Confederate identity as well as public memory of the war and southern resistance to African American civil rights Intense material shortages and images of the war s devastation confronted the defeated soldiers turned veterans as they returned home to a revolutionized society Their thoughts upon homecoming turned to immediate economic survival a radically altered relationship with freedpeople and life under Yankee rule all against the backdrop of fearful uncertainty Bradley R Clampitt argues that the experiences of returning soldiers helped establish the ideological underpinnings of the Lost Cause and create an identity based upon shared suffering and sacrifice a pervasive commitment to white supremacy and an aversion to Federal rule and all things northern As Lost Causes reveals most Confederate veterans remained diehard Rebels despite demobilization and the demise of the Confederate States of America **Obeying Orders** Mark J. Osiel, **Iron Ties** Ann Parker, 2024-04-02 A well crafted novel that will appeal to readers of mysteries historical fiction and genre westerns Booklist The railroad is coming to Leadville and its rich Rocky Mountain mines Among those who will be on hand to celebrate the arrival of the Denver Rio Grande is Ulysses S Grant 18th President of the United States and former commander of the Union armies Like other residents in the Colorado boomtown this summer of 1880 Inez Stannert regards the news as mixed With her business partnership in the Silver Queen Saloon shaky and the bonds of family slipping her husband is still missing and her young son is still back East Inez doesn t need the lawlessness of Leadville to turn once again into murder But Inez isn t the only one with iron ties to the past Some folks have wicked memories of the war others have a stake in the competing

railroad lines And photographer Susan Carothers Inez s friend is caught in the deadly crossfire Silver Rush Mysteries Silver Lies Book 1 Iron Ties Book 2 Leaden Skies Book 3 Mercury s Rise Book 4 What Gold Buys Book 5 A Dying Note Book 6 Mortal Music Book 7 Praise for the Silver Rush Mysteries Plenty of convincing action bodes well for a long and successful series Publishers Weekly STARRED review for Iron Ties Meticulously researched and full of rich period details her characters will stay with you long after you ve finished the last page Highly recommended TASHA ALEXANDER New York Times bestselling author for Mortal Music One of the most authentic and evocative historical series around Long live Inez RHYS BOWEN New York Times bestselling author for What Gold Buys Winner of the Colorado Book Award for Best Genre Fiction Arizona Book Award Honorable Mention for Best Mystery Suspense Novel **Military Stress Reactions** Carrie H. Kennedy, 2020-04-14 Many people including some mental health professionals and service members themselves have the misconception that military deployment is highly likely to cause posttraumatic stress disorder PTSD This book gives practitioners a more nuanced understanding of military stress reactions and related mental health concerns from transient adjustment problems to clinical disorders Drawing on expert knowledge of military environments and culture Carrie H Kennedy provides vital guidance for evidence based assessment intervention and prevention Kennedy emphasizes that overdependence on the diagnosis of PTSD can lead to suboptimal care and shows how to tailor treatment to each service member s or veteran s needs A crucial addition to any practitioner s library the book is illustrated with numerous case vignettes

Uncover the mysteries within is enigmatic creation, **Shook Over Hell Post Traumatic Stress Vietnam And The Civil War**. This downloadable ebook, shrouded in suspense, is available in a PDF format (PDF Size: *). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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