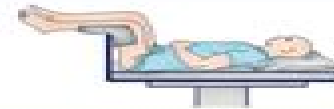


# Patient Positioning Cheat Sheet

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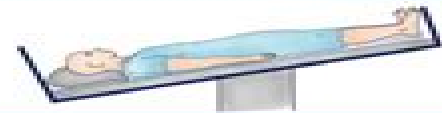
## Lithotomy

**Lithotomy** is a patient position in which the patient is on their back with hips and knees flexed and thighs apart.



## Trendelenburg's

**Trendelenburg's position** involves lowering the head of the bed and raising the foot of the bed of the patient. The patient's arms should be tucked at their sides.



## Reverse Trendelenburg's

**Reverse Trendelenburg's** is a patient position wherein the the head of the bed is elevated with the foot of the bed down. It is the opposite of Trendelenburg's position.



## Knee-Chest Position

**Knee-chest position**, can be in lateral or prone position. In lateral the patient lies on their side, torso lies diagonally across the table, hips and knees are flexed. In prone, the patient kneels on the table and lower shoulders on to the table so chest and face rests on the table.



## Jackknife Position

**Jackknife position**, also known as **Kraske**, is wherein the patient's abdomen lies flat on the bed. The bed is scissored so the hip is lifted and the legs and head are low.



## Kidney Position

In **kidney position**, the patient assumes a modified lateral position wherein the abdomen is placed over a lift in the operating table that bends the body. Patient is turned on their contralateral side with their back placed on the edge of the table.



# Patient Positioning

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## **Patient Positioning:**

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## pig surprise

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