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Prix SO-PSY 2021 «Ceci est mon récit»: les récits à la première personne récompensés

Charles Bonsack

So-Psy Suisse, Consultations de Chauderon, Place de Chauderon 10, 1001 Lausanne. **Le patient qui raconte** son vécu un trouble de santé mentale est précieux. Elle ne l'est pas seulement dans le secret de l'intimité de la consultation, mais aussi dans une prise de parole publique. Pour des personnes souvent écartées, être publié, a fortiori dans un journal scientifique, c'est retrouver un pouvoir social et personnel.

Avec le soutien de la *Fondation Jean Afichaloki*, pour la première fois le 30 septembre 2021, le *prix SO-PSY «ceci est mon récit»* a été décerné lors du congrès annuel de la Société Suisse de Psychiatrie Sociale. Ce prix met en valeur les textes publiés dans la rubrique «First person accounts» des «Swiss Archives of Neurology, Psychiatry and Psychotherapy». Deux prix du jury et un Grand prix ont été attribués par un jury composé par des écrivains, des psychiatres, un pair et une professionnelle de l'édition.

Le Grand prix SO-PSY «Ceci est mon récit» a été attribué à Virginie Oberholzer pour son texte «Devenir bénéficiaire de l'AI, tout un métier...» [1], dans lequel elle décrit avec un véritable talent d'écrivain la perte brutale de ses rôles sociaux par les préjugés et la discrimination. Les deux prix du jury ont été attribués à Natasha Arvova («Curriculum morbus et infirmum vitae : «Inferno medicinalis» [2]) et Mirsad Bachelard («Psychiatrie et délire mystiques» [3]). Toutes deux montrent les différences considérables, souvent douloureuses et déshumanisantes entre leur vécu et la perception des médecins et des soignants.

Cette première édition du prix n'a pu être ouverte qu'aux textes en langue française, car nous n'avons pas encore reçu suffisamment de textes en allemand et en italien. La société suisse de psychiatrie sociale a mis sur pied en Suisse romande des ateliers d'écriture, animés par l'écrivain fribourgeois Jon Monnard et soutenus par la *Fondation Jean Afichaloki*. Elle espère pouvoir étendre ces ateliers dans les autres régions linguistiques pour stimuler la rédaction de textes dans d'autres langues.

Les «Swiss Archives of Neurology, Psychiatry and Psychotherapy» sont fières d'avoir su ouvrir leurs colonnes à des paroles aussi importantes pour nos lecteurs. Nous espérons que vous êtes nombreux à partager le bonheur piquant d'être bousculés dans nos pratiques par ces magnifiques récits.

Encouragez vos patients à prendre la parole!

Oberholzer V. - Devenir bénéficiaire de l'AI, tout un métier.... Swiss Arch Neurol Psychiatr Psychother. 2021;171:w00993. <http://dx.doi.org/10.4414/SAHP.2020.010915>. 2293-7007.

Publin has not found an issue number in the journal reference. Please check the volume/issue information. (Ref: "Oberholzer, 2020")

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Bachelard M. - Psychiatrie et délire mystique. Swiss Arch Neurol Psychiatr Psychother. 2021;170:w00004. 2293-7007.

Publin has not found an issue number in the journal reference. Please check the volume/issue information. (Ref: "Bachelard, 2019")

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Psy Recits

James



Psy Recits:

Récits de divan propos de fauteuil Sophie Carquain, Maryse Vaillant, 2009-01-14 Du premier rendez vous avec le psy la naissance du transfert en passant par les séances cruciales sur le divan ou sur le fauteuil les témoignages rassemblés ici montrent qu'aucune malédiction n'est irrévversible Oui la psychanalyse peut changer la vie partir d'une rencontre singulière celle d'une journaliste et d'une psychologue est dans ce livre de témoignages et d'analyses Onze histoires originales qui se lisent comme des romans de portée universelle que tu du premier emprise maternelle impasses du corps deuils poids de la famille suivies d'explications sensibles et très clairantes sur la réalité d'une analyse Pourquoi s'allonger peut-il faire peur Qu'est-ce que le cadre analytique Est-il juste de payer quand on part en vacances Pourquoi ce silence de l'analyste Peut-on devenir ami avec son psy En contrepoint quelques clichés Charles Berling Marie Darrieussecq Irène Frain Frédéric Mitterrand et Christine Orban et deux psychanalystes Catherine Mathelin et Juan David Nasio confient leur parcours sur le divan Tous soulignent comment la psychanalyse leur a permis de puiser en eux suffisamment de confiance pour supporter les aléas de l'existence et devenir ce que nous devrions tous être créateurs de notre propre vie Il y a de nombreux livres qui soit racontent des cures personnelles avec plus ou moins de bonheur soit font un catalogue des thérapies en tentant de les valuer Ce livre chappe ces différents genres ainsi qu'eux d'ailleurs il est donc hautement recommandable pour qui s'interroge sur la rencontre du patient et du psy Geneviève Delaisi de Parseval Libération Des récits de thérapies souvent stupéfiants bouleversants dans leur déroulement et leur résultat qu'on lit comme un roman Française Devillers Avantages Précieux et instructif Marie France

Outlines of Logic, Psychology and Ethics Arthur Baker, 1891 **Grand Dictionnaire Universel [du XIXe Siècle]**
Français: A-Z 1805-76 Pierre Larousse, 1870 **The Principles of Psychology** James, 1890 **The Principles of Psychology** William James, 1890 **Child Psychology** Bird Thomas Baldwin, 1928 *The Principles of Psychology: Scope of psychology ; Functions of the brain ; On some general conditions of brain-activity ; Habit ; Automaton-theory ; Mind-stuff theory ; Methods and snares of psychology ; Relations of minds to other things ; Stream of thought ; Consciousness of self ; Attention ; Conception ; Discrimination and comparison ; Association ; Perception of time ; Memory* William James, 1918

The Principles of Psychology, Vol. 1 William James, 2012-07-13 Volume 1 of the famous long course complete and unabridged Covers stream of thought time perception memory and experimental methods Total in set 94 figures

Psychology and 'Human Nature' Peter Ashworth, 2012-11-12 Psychology and Human Nature problematizes what psychology usually takes for granted the meaning of the psyche or human nature Peter Ashworth provides a coherent account of many of the major schools of thought in psychology and its related disciplines including sociobiology and evolutionary psychology psychoanalysis cognitive psychology radical behaviourism existentialism discursive psychology and postmodernism For each approach he considers the claims or assumptions being made about human nature especially regarding issues of consciousness the self the body other people and the physical world Psychology and Human Nature will

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Reviewing **Psy Recits**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is truly astonishing. Within the pages of "**Psy Recits**," an enthralling opus penned by a very acclaimed wordsmith, readers set about an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve into the book's central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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