

## Theory in Recreation and Leisure Research: Reflections from the Editors

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*The evolution and importance of theory in leisure research have been recognized as essential to broaden understandings of leisure. The purpose of this reflective piece is to describe and critique the contributions that theory has made by examining the research documented in American leisure and recreation research journals during the 1990s and projecting those contributions toward the future. From our perspective as individuals associated with Leisure Sciences during the past two years, we provide a review of literature regarding the meanings of theory, note summaries of other studies in our field that have empirically examined theory, compare leisure research from the 1980s to the 1990s, and offer suggestions regarding trends in the future theoretical development of the parks, recreation, leisure, sport, and tourism fields. We also advocate "post approaches" such as postmodernism that may be essential in the next stage of theory evolution.*

**Keywords** concepts, models, methods, structuralism, postmodernism

In a research class taught at the University of North Carolina at Chapel Hill, we emphasize the value and importance of theory as the foundation for research done in our field. Our students usually have great ideas for problem-based research that they want to undertake, but sometimes they struggle with what theory or conceptual foundations to use when addressing their research questions. One frustrated student joked one day, "Isn't there a website I can go to like INeedATheory.com?" The frustrated question was not new to us but underlined the need to reflect again what theory is, why it is important, and how it can be used in leisure research.

Ellis (1993) called parks, recreation, and therapeutic recreation research a developing social science. Three approaches to studying social behavior (Hollander, 1976) in the contemporary period also seem to have paralleled leisure sciences research in the past 40 years. Leisure research evolved from the early works of people like Brightbill (1960), Nash (1969), and Parker (1971), who explained the meanings of leisure through social philosophy, which

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# Reflections On Leisure Play And Recreation

**Mitchell Duneier, Philip  
Kasinitz, Alexandra Murphy**



## **Reflections On Leisure Play And Recreation:**

Reflections on Leisure, Play, and Recreation David L. Jewell, 1997 In this rich and unique reference David L Jewell compiles the first anthology of reflections on leisure play and recreation Disproportionately high budget cuts in parks and recreation services demonstrate too clearly society's view of leisure activities as frivolous and expendable By selecting these voices of reason and making them available in a single volume Jewell hopes to emphasize the frailties of a capitalistic society's demeaning perception of anything other than work In this collection of wise words he provides ammunition for those charged with selling leisure play and recreation to the public and to political leaders **Reclaiming Leisure** H.

Ramsay, 2005-09-20 Leisure activities account for much of our time and money But are contemporary forms of leisure good for us Are they really leisure And how much does and should leisure matter Classical philosophers paid attention to these questions Increasingly modern philosophers too are realizing the importance of leisure and of a good leisure work balance Hayden Ramsay looks at the meaning of leisure and the links between recreation relaxation virtue and happiness By focussing on leisure activities such as sport travel music and reading Ramsay explores the need for good play in a good life

**Reflections of a Christian Pilgrim** Girard J. Etzkorn, 2007-05-03 In this book Dr Etzkorn puts this belief into practice With his background in philosophy and theology he reflects on some of the problems and he questions many of the choices made both individually and collectively by our American society and by the Catholic Church What are the consequences What are the moral implications These reflections written over the course of his life confront many of the issues facing us both today and in the future The Interrelationship of Leisure and Play Robert A. Stebbins, 2016-02-04 Augmentative play is a

special activity that substantially aids the pursuit of a larger encompassing leisure activity This approach to the study of play is unique It recognizes the hundreds of activities in which play and leisure come together **Advanced Studies in**

**Efficient Environmental Design and City Planning** Ferdinando Trapani, Nabil Mohareb, Federica Rosso, Denia Kolokotsa, Sreetheran Maruthaveeran, Mahmoud Ghoneem, 2021-09-24 This book explains how learning from past mistakes in urban design can help to enhance sustainable cities and how the principles of Green Urbanism can yield more resilient urban settlements Environmental design is a fundamental principle in shaping cities However environmental challenges like increased resource consumption water degradation and waste related issues are among the greatest problems now facing humanity which is why these issues need to be considered with regard to smart cities either for the development of new urban centers or for the transformation of existing cities The book not only discusses the importance of integrating sustainability principles in the urban design process but also demonstrates their application to the development of sustainable cities As such the book offers essential information and a source of inspiration for all those who want to build more sustainable cities **The Excellence Of Play** Moyles, Janet, 2014-12-01 This is a must read book for all students studying early childhood at a range of levels and practitioners who are looking to deepen their understanding of play and

playful practices      **The Course Reflection Project** Nicole Schonemann, Emily Metzgar, Andrew Libby, 2015-05-01 Service learning is entering a post initiatory phase At tertiary institutions of all types and sizes service learning programs are common and service learning requirements for graduation are growing in popularity Taken together alongside continued faculty interest in effective teaching these factors have raised the visibility and popularity of service learning Now the greater need in service learning is not to prove the need for or efficacy of service learning but to turn the focus squarely back on practice Following established best practice is not enough instructors also need to reflect on how this fits within the specific context and application of each unique course and service learning partnership While there are many excellent resources that detail best practice and showcase exemplary service learning courses faculty reflection and course revision often goes unmentioned In response to the lack of attention on the role of reflection and course revision we convened groups of faculty from a variety of disciplines to reflect deeply on their courses paying specific attention to obstacles and challenges These conversations were converted to articles for this edited collection each chapter representing the process of reflection and revision and serving as a guide to develop effective practice in varied curricular contexts This text contributes to the body of literature on service learning in a unique and practical manner Faculty teaching or interested in teaching service learning classes would benefit from this text as well as university administrators and community service directors involved in service learning at a programmatic and institutional level This book should be marketed to faculty teaching disciplinary service learning classes and service learning pedagogy classes and administrative offices involved in service learning This could be a supplementary text for graduate level pedagogy courses Higher education institutional libraries would benefit from this text as well as the national and state campus compact offices      **The Municipalization of Play and Recreation; the Beginnings of a New Institution** Joseph Richard Fulk, 1922      **Introduction to Physical Education, Fitness, and Sport** Daryl Siedentop, Hans Van Der Mars, 2022-08-02 This revised text offers five new chapters and substantial updates throughout as it explores various careers in physical activity fields Students learn about concepts programs and professions in physical education fitness sport recreation dance and health education They also learn about problems in those fields and how to provide solutions      *Military Chaplains' Review* ,1979      **Moments of Reflection** Jean Howarth, Mike Walton, 1995 This collection of readings is designed for use in tutor group or year group assemblies and is based around 39 weekly themes which comply with the 1988 Education Act The themes include spiritual awareness living as a family healing friendship human rights and inter cultural harmony      **Annual Report of West Chicago Park Commissioners** Chicago (Ill.). West Chicago Park Commissioners, 1921      **ORRRC Study Report** United States. Outdoor Recreation Resources Review Commission, 1962      ORRRC Study Report. 1-27 ,1962      **Making Play Just Right: Unleashing the Power of Play in Occupational Therapy** Heather Kuhaneck, Susan L. Spitzer, 2022-05-19 At the heart of Making Play Just Right Unleashing the Power of Play in Occupational Therapy is the belief that the most effective way to ensure pediatric occupational therapy is

through incorporating play The Second Edition is a unique resource on pediatric activity and therapy analysis for occupational therapists and students This text provides the background history evidence and general knowledge needed to use a playful approach to pediatric occupational therapy as well as the specific examples and recommendations needed to help therapists adopt these strategies

**The Right of the Child to Play** Naomi Lott, 2023-05-19 This book provides a vital and original investigation into and critique of the situation facing the realisation of the child's right to play The right to play has been referred to as a forgotten right forgotten by States implementing the Convention on the Rights of the Child by the Committee on the Rights of the Child in monitoring and providing guidance on the Convention and by human rights academics Through multidisciplinary original archival novel doctrinal and primary empirical research the work provides a thorough investigation of the right to play It offers an innovative insight into its value the challenges facing the realisation of the right its raison d'être and its scope content and obligations It also critiques the Committee's engagement with the right to play and shares lived experiences of efforts to support its implementation in the United Kingdom and Tanzania The book highlights elements of best practice challenges and weaknesses and makes recommendations for the continued and improved realisation of the right to play The book will be a valuable resource for researchers academics advocates and policy makers working in the areas of Children's Rights International Human Rights Law Public International Law Child Welfare and Education

**What to Study** Eric Freedman, Edward Hoffman, 1997 Essential facts on 101 fields of study to help students make more informed decisions when selecting college courses and ultimately a major

**The Idea of Leisure** Robert A. Stebbins, 2011-12-31 A range of thinkers in philosophy religion and the social sciences have argued that thanks to science technology and the organization of society the human condition has improved and will continue to do so People are becoming progressively happier and enjoying an ever improving quality of life they say mostly because they are putting their skills and reason to work The Idea of Leisure is based on the assumption that leisure also fits into the social order and it provides a singular vector by which to measure progress even though it is rarely mentioned in writings about the idea of progress Robert A Stebbins believes that leisure fosters positive development in both the individual and community Progress through free time activity may sometimes be hard to grasp because of the all too common manifestations of deviant behavior from schoolyard bullying to date rape Despite these examples the vast majority of leisure activities often have profound positive consequences for participants and society Stebbins makes a solid case for linking leisure with progress Although leisure has huge importance for humanity observations about the idea of leisure as part of the idea of progress have been sporadic It is no accident that the World Leisure Organization promotes the motto Leisure integral to social cultural and economic development Nor is it an accident that Article 24 of the United Nations Universal Declaration of Human Rights declares that Everyone has the right to rest and leisure including reasonable limitation of working hours and periodic holidays with pay For whole nations to find satisfaction and self fulfillment based on leisure would be a true sign of progress Stebbins book

offers original insight into this basic human requirement      *The Urban Ethnography Reader* Mitchell Duneier, Philip Kasinitz, Alexandra Murphy, 2014-01-16 Urban ethnography is the firsthand study of city life by investigators who immerse themselves in the worlds of the people about whom they write Since its inception in the early twentieth century this great tradition has helped define how we think about cities and city dwellers The past few decades have seen an extraordinary revival in the field as scholars and the public at large grapple with the increasingly complex and pressing issues that affect the ever changing American city from poverty to the immigrant experience the changing nature of social bonds to mass incarceration hyper segregation to gentrification As both a method of research and a form of literature urban ethnography has seen a notable and important resurgence This renewed interest demands a clear and comprehensive understanding of the history and development of the field to which this volume contributes by presenting a selection of past and present contributions to American urban ethnographic writing Beginning with an original introduction highlighting the origins practices and significance of the field editors Mitchell Duneier Philip Kasinitz and Alexandra Murphy guide the reader through the major and fascinating topics on which it has focused from the community public spaces family education work and recreation to social policy and the relationship between ethnographers and their subjects An indispensable guide The Urban Ethnography Reader provides an overview of how the discipline has grown and developed while offering students and scholars a selection of some of the finest social scientific writing on the life of the modern city      **The Social, Economic and Cultural Rights of Children in Africa** ,2024-12-30 September 2024 marks 100 years since the first internationally recognised reference to children s rights was drafted The then League of Nations adopted the Geneva Declaration of the Rights of the Child in September 1924 The Declaration articulates that everyone owes children the right to means for their development special help in times of need priority for relief economic freedom and protection from exploitation and an upbringing that instils social consciousness and duty At the African regional level the African Children s Charter marks 34 years in July 2024 since it was adopted and 25 years in November 2024 since it came into force This book therefore is a recognition of these milestones as it spotlights selected social economic and cultural rights of children protected in the African Children s Charter The book is a collection of chapters written for policymakers practitioners advocates activists postgraduate students and academics aimed at promoting and protecting children s social cultural and economic rights in Africa The book contains valuable scientific information about contemporary children s socio economic and cultural rights developments in Africa and serves as an ideal resource for researchers academics and legal practitioners The book unquestionably is a thorough investigation and analysis of children s socio economic rights in Africa It is an essential contribution to the debate on children and the law

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