



Article

Prospective Associations between Maternal Depressive Symptoms during Early Infancy and Growth Deficiency from Childhood to Adolescence

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Abstract: Maternal health represents an important predictor of child development; yet it often goes unnoticed during pediatric visits. Previous work suggests that mental state affects parenting. The relationship between infant exposure to maternal depressive symptoms suggests conflicting findings on physical growth. Body mass index (BMI) has not been rigorously examined across development. Using a prospective-longitudinal birth cohort of 2120 infants (50.7% boys), we estimated the prospective relationship between symptoms of maternal depressive symptoms at 5 months postpartum and later BMI in typically developing children. We hypothesized that maternal depressive symptom severity would predict later BMI through to adolescence. Mothers self-reported depressive symptoms at 5 months. Child BMI was measured by a trained research assistant at ages 6, 8, 10, 13, and 15 years. We estimated a series of sex-stratified regressions in which BMI was linearly regressed on maternal symptoms, while controlling for potential pre-existing/concurrent individual and family confounding factors. Boys born to mothers with more severe depressive symptoms at age 5 months had a significantly lower BMI than other boys at subsequent ages. There were no such associations observed for girls. Maternal depressive symptoms were prospectively associated with later BMI for sons and not daughters, predicting risk of faltering in growth through to adolescence. Health practitioners should routinely assess maternal psychological functioning during pediatric visits to optimize parent and child flourishing.

Keywords: maternal depressive symptoms; child development; depression; child BMI



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1. Prospective Associations between Maternal Depressive Symptoms during Early Infancy and Growth Deficiency from Childhood to Adolescence

Healthcare after childbirth is meant to ensure optimal growth and development for both mother and child [1]. Nevertheless, the focus is often centered on child well-being and maternal care falls through the cracks [2]. Yet, in most families, mothers remain charged with caregiving of new infants [3]. Consequently, the value of prioritizing maternal care to optimize subsequent child outcomes has been acknowledged by the World Health Organization [4].

The first year of infancy represents a transformative and challenging time for mothers [1,5]. There are neuroendocrine alterations, psychosocial adjustments, and the constant impact of infant-feeding and care [2]. It represents a critical period of vulnerability to changes in sleep patterns and feelings of sadness, anxiety, and social isolation [3]. The Center for Disease Control estimates that one in nine women meet diagnostic criteria for a psychiatric disorder in the first year postpartum [5]. Postpartum/postnatal (i.e., birth

Prospective Issues In Infancy Research

Salman Akhtar, Henri Parens



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Vestibular Processing Dysfunction in Children Kenneth J Ottenbacher, Margaret A Short Degraft, 2013-04-15 This collection of chapters is intended to help expand organize and enhance understanding of the scientific and clinical relevance of vestibular related research Articles present a well developed body of research with both clinical and theoretical implications including a variety of studies contributed by individuals from different backgrounds and with diverse orientations This collection contains anatomical investigations analyses of instruments designed to clinically assess specific functions descriptive behavioral studies intervention research literature reviews and analyses which place the existing research within the broader context of scientific literature Prospective Issues in Infancy Research Kathleen Bloom, 1981 First published in 1981 Routledge is an imprint of Taylor Francis an informa company *Ethical Issues in Mental Health Research With Children and Adolescents* Kimberly Hoagwood, Peter S. Jensen, Celia B. Fisher, 2014-06-03 Studies involving children with mental emotional or behavioral problems or their families have to meet certain standards of research ethics This book contains chapters on the kinds of ethical dilemmas that typically occur in different types of studies of children and then presents 65 real world cases from experts who study children's mental health These experts offer practical suggestions for how to handle these dilemmas Chapters on the perspectives of parents regulators and bioethicists provide additional points of view on these issues Written in down to earth language this book will be useful for professionals who study children for those who train students in research methods and for parents who are thinking about participating in research studies In attempting to bridge the apparent gap between ethics and science the editors close this volume on a note commonly sounded by researchers more research is needed Yet in this area a new kind of research is required The science of scientific ethics must be developed and expanded and better understanding of the determinants and circumstances under which children can comprehend and evaluate risks and benefits is needed Likewise fuller knowledge of the contextual factors affecting children's and families consent to participate in research is essential In particular development of scales to assess children's ability to comprehend risk benefit issues studies of families reactions to research procedures and empirical data on the impact of various forms of participant reimbursement will advance both science and ethics This volume should spur further research serving as a guide for current investigators participating families institutional review boards and policymakers who shape the research enterprise **Annual Progress in Child Psychiatry and Child Development, 1986** Stella Chess, Alexander Thomas, 1991-11 First published in 1992 Routledge is an imprint of Taylor Francis an informa company *Advances in the Study of Behavior*, 1984-02-01 *Advances in the Study of Behavior* **Measuring Emotions in Infants and Children: Volume 2** Carroll Ellis Izard, Peter B. Read, 1982 This complements the first volume which gave new impetus to research on social and affective development **Beyond the Symbiotic Orbit** Salman Akhtar, Henri Parens, 2013-05-13 In this tribute to Selma Kramer eminent child analyst and colleague and close friend of the late Margaret Mahler senior analysts explore the

continuing relevance of Mahler's separation individuation theory to developmental and clinical issues. Editors Salman Akhtar and Henri Parens have grouped the original contributions to *Beyond the Symbiotic Orbit* into sections that reevaluate Mahler's theory. Section I is a timely reassessment of Mahler's working model from the standpoint of contemporary clinical and research findings. It includes comparisons of Mahler with Winnicott and Kohut and commentaries on the status of separation individuation theory in relation to psychosexual theory, early ego development, and observational infancy research. Section II addresses the contribution of separation individuation theory to our understanding of pathogenesis. Neurosis, severe character pathology, psychosomatic phenomena, eating disorders, and sexual perversions are among the topics of specific chapters. The final section explores the role of separation individuation theory in the treatment of analysts of different ages and with different kinds of psychopathology; it also considers separation individuation theory with respect to specific aspects of the treatment process, including reconstruction, transference, and termination. A fresh reappraisal of a major perspective on early development. *Beyond the Symbiotic Orbit* is a fitting testimonial to Selma Kramer, who has played so important a role in elaborating Mahler's theory. Following from Kramer's own example, the contributors show how separation individuation theory, in its ability to accommodate ongoing clinical and research findings, is subject to continuing growth and refinement. They not only advance our understanding of Mahler's working model but pursue the implications of this model in new directions, underscoring the many areas of exploration that separation individuation theory opens to us.

Psychobiology and Early Development. H. Rauh, H.-C. Steinhausen, 1987-06-01. This volume is the outcome of an international symposium held in Berlin, FRG, which brought together researchers in the field of infant development. The contributors are from Europe and North America and have as their primary professional interest either pediatrics, biology, or psychology. These fields, in spite of common involvement and large overlap, still have to overcome communication problems and differences in scientific approaches. The emphasis of this book is on the efforts of the participants towards reaching a mutual understanding. In spite of disciplinary diversity, the papers in this book complement each other and set the scene for future multidisciplinary research and exchange in the field of infant development.

Seeing Babies in a New Light. Otto Koester, 2014-04-04. *Seeing Babies in a New Light: The Life of Hanus Papousek* presents the first in-depth examination of the scientific contributions and life of Hanus Papousek, 1922-2000, a leading figure in modern infancy research. The aim is to illuminate the research and ideas of this pediatrician and scholar, who was one of the first to examine systematically the world of newborns, a relatively new area of developmental research in the mid-20th century. Papousek's pioneering studies of infants in the early 1950s in Prague are examined to show how his early conditioning studies, together with those of a handful of other researchers in the U.S., shattered prevailing views of infancy in both the East and West. The book also investigates how Papousek and his work, despite Cold War attitudes and restrictions, gradually gained international attention in the early 1960s. In 1970, he left Czechoslovakia to begin a new life in the West, first at Harvard University and then at the Max Planck Institute.

for Psychiatry in Munich Until his retirement Papousek published many innovative studies on parent infant interactions and developed a theory of Intuitive Parenting with his wife Mechthild These theoretical and methodological contributions are discussed as well as contemporary applications to interventions in the area of infant mental health This book appeals to teachers and professionals working in the fields of developmental psychology early childhood education infancy studies parenting and the history of psychology as well as students preparing for careers in these areas **Current Catalog**
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