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AND IMPROVING IT

JAMES W. NEWMAN
INTRODUCED BY ALAN LANKFESTER

Release Your Brakes

James W. Newman



Release Your Brakes:

Release Your Brakes! James W. Newman, 1995-12-31 **Release Your Brakes!** James W. Newman, 1977 Mr Newman's methods have been polished and perfected during his years of directing the PACE Personal And Company Effectiveness seminar workshops that have been attended by hundreds of thousands of men women and teenagers whose happier and more successful lives demonstrate the validity of PACE principles Perhaps you have been one of those participants If so you have a head start but you will still be fascinated by the expanded information offered in this book If you have never had the opportunity to attend one of the PACE Seminars **RELEASE YOUR BRAKES** will introduce you to techniques and ideas that will open a whole new world of personal and professional growth and success *Release Your Brakes!* Jim W.

Newman, 2016-07-04 **Release Your Brakes** was written by the PACE Organization founder the late James Newman In this exciting roadmap for success Jim Newman was blessed with a great gift He could distill the essence of what he called high performance behavior into practical easy to follow steps He devoted his life to sharing this gift with others Those of us fortunate enough to have known him are infinitely richer for it He is gone now but this book **Release Your Brakes** is his profound legacy **Release Your Brakes!** James W. Newman, 1988 1912, 1912 *Safetyline*, 1994 **I Have The Controls** Manish Kumar, 2011-02-03 In this inspirational fiction the author talks about the unlimited power and potential lying dormant in every soul waiting to be awakened The moment we become aware of the power within we stop being a victim of circumstances get off the autopilot called fate and take the reins of life in our hands **I Have The Controls** is about the journey of a boy from a small town who realises his dream of becoming a pilot learns the lessons of life on the way and goes on to inspire others to follow their dreams His Flying Instructor implants wisdom into the flying lessons and teaches him to take the flight of faith The book shows the way how by aligning personal desires to the benefit of mankind it is possible to lead a deeply rich and satisfying life Manish Kumar has penned this extremely enjoyable story using flying as a metaphor Peppered with the author's insights this book is sure to touch and inspire you to break the shackles of self limiting beliefs and to take off in life Foreword by John Harricharan I lead a hectic life and generally cannot answer the tens of thousands of emails that come to me every month Much as I would like to respond it's almost practically impossible And so it was that I came upon a note sent to me by Manish Kumar I don't quite remember when it started but I kept seeing his name here and there sometimes on my FaceBook page other times through something a dear friend Yasminder Verdi would mention in an email And that is how I got to know Manish It is not that we had met or had daily conversations After all he lives on the other side of the planet from where I am It's more like his spirit was shining so brightly through his words and across the miles that I had to stop and take note I am happy very happy that I did Why am I happy about this Because I was given an opportunity to discover a rare treasure You see Manish had written a book called **I Have the Controls** He was kind enough to send me a draft copy to look at I thought I would just glance through it but then as I started reading I could not put it down

Manish uses the metaphor of flying to bring us some of the most life affirming messages possible In simple language he leads us into a world where we find the gentle hints of that which we need to know His chapter It s all about balance as well as his formula for success which he refers to as IVR would help anyone to reach goals that may have seemed unreachable And NO I will not tell you what IVR stands for You will have to find out for yourself and experience the thrill of discovery just as I did You will be happy that you found the formula In some ways I Have the Controls reminds me of one of my favorite authors Richard Bach Richard s books such as Jonathan Livingston Seagull and Illusions sit in a special place on my favorite bookshelf I go there often for guidance and wisdom Manish s book will be on that same special bookshelf My suggestion is that you get yourself a copy of this book and read and reread it I think you ll find the answers to problems that have been challenging you for quite a while And while you are at it pick up a copy for someone near and dear to you Share it with those you love They will be grateful very grateful Thank you Manish Thank you for sharing your insights with us Thank you for writing a book that has the potential to change many lives And thank you for giving me the opportunity to read it I look forward to reading your future books I am sure many others will also John Harricharan is a world renowned speaker mentor life teacher author of the bestseller When You Can Walk On Water Take the Boat and an incredible human being John Harricharan leads us along the enchanted path of enlightenment with magic charm love and compassion Dr Deepak Chopra author and spiritual guru **Katy Employees' Magazine** ,1916 *New York Supreme Court* , Popular Science ,1964-11 Popular Science gives our readers the information and tools to improve their technology and their world The core belief that Popular Science and our readers share The future is going to be better and science and technology are the driving forces that will help make it better **State of New York Supreme Court** , **Popular Mechanics** ,1968-05 Popular Mechanics inspires instructs and influences readers to help them master the modern world Whether it s practical DIY home improvement tips gadgets and digital technology information on the newest cars or the latest breakthroughs in science PM is the ultimate guide to our high tech lifestyle *Supreme Court Appellate Division Fourth Department* , Real World 101 Autumn McAlpin,2013-05-28 Congratulations graduate You did it You re finally out on your own But as you walk off the stage and into the Real World you re going to need more than a diploma to survive Suddenly for the first time you re facing questions like How do I get a job What do I do with all this laundry What s a major and how do I pick one How do I go grocery shopping And what s for dinner What s a budget anyway and do I need one How do I set up a bank account Where should I live Don t panic help is on the way Author Autumn McAlpin gives you the common sense advice and reassurance you ll need to tackle just about any challenge with style grace and enough humor to make the whole thing fun From cap and gown to total independence Real World 101 is the only graduate guide you ll ever need Autumn McAlpin is a humor and entertainment columnist for the Orange County Register A former high school teacher she knows how unprepared some high school graduates are for the real world and has taken matters into her own hands With her sharp wit and hilarious anecdotes

she is a favorite speaker for youth audiences *Proceedings of the National Safety Council ... Annual Safety Congress*
National Safety Council. Safety Congress,1925 *Transactions of the National Safety Council ... Annual Safety Congress*
National Safety Congress (U.S.),National Safety Council,1925 The Science of Motivation Brian Tracy,2018-10-09 The
legendary college football coach and analyst Lou Holtz once said When all is said and done more is said than done These few
yet extremely profound words explain one of the biggest predicaments that individuals face today Many of us say we want to
be successful happy and influential Yet very few of us follow up what we say whether said to others or ourselves with specific
actions that move us directly toward those goals The idea of being successful is an attractive dream that fills us with positive
emotions Whereas the actions required to be successful at work in our relationships in sports competition etc are often
difficult and lengthy So what do we need to bridge this gap between what we say we want and what we must do to achieve it
We need goal oriented motivation This specific kind of motivation is the fuel that takes us across the long and often uncertain
bridge to our desired destination in life What would it mean to you to learn how to develop this kind of motivation on demand
sustain this motivation through the difficult periods of life and instill this motivation so intricately into your daily life that you
make the very idea of motivation unnecessary All of that and more is available to you in this cutting edge all new program
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