



Who Benefits from Acute Psychiatric Home Treatment? A Systematic Review

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Abstract

Home treatment (HT) treats patients in an acute crisis through an interdisciplinary team with daily appointments for a short treatment period. The effectiveness of HT has already been confirmed. However, only few studies addressed specific patient characteristics associated with successful outcome of treatment. This study aimed to identify patient characteristics associated with successful outcomes of HT. A systematic literature search was conducted according to the PRISMA guidelines. A total of 13 studies were included in the systematic review. Being employed, having a regular income, having an anxiety disorder and family involvement were associated with a successful treatment outcome in HT. High symptom severity and former hospital admissions were associated with unsuccessful treatment outcome in HT in the selected studies. HT seems to be especially beneficial for patients with paid employment or regular income, patients with anxiety disorders, and patients with familial or other social support.

Keywords Systematic Review · Home Treatment · Predictor · Hospital Admission · Clinical Changes

Introduction

The treatment concept of providing psychiatric care to patients in their home environment has been known for several decades (Hepp & Stulz, 2017; Hubbeling & Bertram, 2012). However, previous studies and reviews have recognized the lack of a universal definition of home-based psychiatric care (Hepp & Stulz, 2017; Sjölie et al., 2010) and provided an overview of the different approaches of home-based intervention that exist (Hepp & Stulz, 2017). One of these approaches is home treatment (HT), which targets patients in an acute psychiatric crisis who would alternatively be treated in a psychiatric hospital (Gühne et al., 2011). By definition, HT is

provided by a mobile and interdisciplinary team consisting of psychiatrists, psychologists, and nurses usually with daily appointments for a short, limited treatment period. To ensure safety at home, some services provide a 24 h emergency phone (Gühne et al., 2011; Hepp & Stulz, 2017). In this study, we focus on treatment based on the aforementioned definition of HT.

Systematic literature reviews and RCTs have supported the effectiveness of HT as an alternative to conventional inpatient treatment, as the implementation of HT reduces the number of admissions to psychiatric hospitals during and after an acute psychiatric crisis (Gühne et al., 2011; Murphy et al., 2015). This was also confirmed in a recent Swiss randomised controlled trial in which over 700 adults in need of acute psychiatric treatment were randomly assigned to receive either conventional inpatient care or HT. Compared to inpatient care, HT was associated with 30% fewer days spent in hospital within two years after the initial crisis (Stulz et al., 2020).

In addition to the reduction in hospital admissions, studies focusing on changes in clinical variables found significant improvements in symptoms and level of functioning (Klug et al., 2010; Mötteli et al., 2018). These results suggest that the overall effectiveness of HT is relatively well

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Psychiatric Home Treatment

Karyn I. Morgan, Mary C. Townsend



Psychiatric Home Treatment:

Crisis Resolution and Home Treatment in Mental Health Sonia Johnson, 2008-07-31 Crisis resolution and home treatment teams respond rapidly to people experiencing mental health crises and offer an alternative to hospital admission. They are an increasingly important component of mental health care and are adopted by many health care systems around the world. This practical and pioneering book describes the evidence for the effectiveness of such teams, the principles underpinning them, how to set up and organise them, how patients should be assessed and what types of care the teams should offer. Other topics covered include integration of crisis teams with inpatient, community, residential and day care services; the service users' experiences of crisis teams; and responding to diversity in home treatment. This book is essential reading for all policy makers, service managers and mental health workers interested in establishing or operating crisis resolution and home treatment services, as well as for researchers and students seeking to understand this model.

Psychiatric Home Care Alan Menikoff, 1999-07-05 In this economic clinical review of home care services, the reader finds a brief economic history of psychiatric services in this country, several models of psychiatric care, an illustration of the burdens borne by families when such services are unavailable, and strategies for developing managed care friendly services programs. This book addresses real world issues of designing services models that meet the clinical needs of an underserved population while also appealing to the economic imperatives of managed care. Economic models of home care in a managed care environment. Standard clinical goals of home care. Recommended guidelines for home care services. Clinical vignettes. Family burdens of home care. New players in psychiatric home care. Managed care friendly payment models. Use of paraprofessionals in home care. Coordination of inpatient and home care services. *Home Treatment for Acute Mental Disorders* David S. Heath, 2005-09-26 Comparative studies of mobile crisis home treatment 1958-2001. Studies of home visiting and early intervention 1992-1993. Mobile crisis home treatment in a US managed care organization. Mobile crisis teams in US. Summary and discussion. Mobile crisis home treatment and psychiatric beds. Disadvantages of hospital treatment. How is mobile crisis home treatment an alternative to hospital admission? How does mobile crisis home treatment compare to other alternatives to hospital? Mobile crisis home treatment, early intervention and modified outpatient services. Mobile crisis home treatment and psychiatric emergency services. Mobile crisis home treatment and crisis intervention. Mobile crisis home treatment and outreach. Mobile crisis home treatment services in three countries: seven site visits: USA, Canada, Britain. Key elements and principles of mobile crisis home treatment. Key elements and principles of mobile crisis home treatment. How to set up and operate a mobile crisis home treatment service. Starting up a mobile crisis home treatment service. Should the mobile crisis home treatment team be a separate team or integrated with a standard mental health team? Operating a mobile crisis home treatment service. Daily program operations. The process of mobile crisis home treatment from start to finish. Mobile crisis home treatment of specific mental disorders: part I. A mobile crisis home treatment service for schizophrenia.

Mobile crisis home treatment of specific mental disorders part II **Psychiatric Home Care** Anita Ward Finkelman,1997

Pharmacology **Mental Health & Mental Illness** Patricia D. Barry,2002 Now in its Seventh Edition this psychiatric and mental health nursing text covers both care of patients with psychiatric disorders and the psychosocial aspects of physiological disorders Geared toward LPN LVN students the book s format reflects the nursing model and the shift of psychiatric nursing care from hospitals to community based settings New content includes care planning and psychotropic drug monitoring and the DSM IV TR Other features include an increased emphasis on communication and a family and resource support list that includes selected Web resources End of chapter review questions allow the reader to balance knowledge based analysis and application questions The Ancillary package consists of a printed Instructor s Manual and Test Bank on disk **Basic Concepts of Psychiatric-mental Health Nursing** Louise Rebraca Shives,2007 This seventh edition includes new chapters and maintains popular features from previous editions such as self awareness prompts while adding research boxes and student worksheets at the end of each chapter [Principles and Practice of Psychiatric Nursing - E-Book](#) Gail Wiscarz Stuart,2012-07-23 Using the latest clinical research and diagnoses Principles and Practice of Psychiatric Nursing 10th Edition provides a holistic biopsychosocial approach to psychiatric nursing care It follows the popular Stuart stress adaptation framework and includes comprehensive coverage to simplify important nursing and medical concepts promote quality and safety in care and address psychobiology and psychopharmacology topics integral to today s psychiatry New to this edition is a chapter on psychiatric care of military personnel plus the latest on health care reform prescription abuse and obesity issues Written by psychiatric nursing expert Gail W Stuart this market leading text makes it easy to apply classroom theory to clinical practice An easy to follow writing style makes it easy to understand both simple and complex topics A well rounded collaborative approach provides coverage of all major psychiatric disorders from nursing and medical perspectives The Stuart Stress Adaptation Model of health and wellness provides a consistent nursing oriented framework with clear explanations of biological psychological sociocultural environmental and legal ethical components An evidence based practice approach bridges the gap between clinical research and everyday practice Learning from a Clinical Case boxes begin disorders chapters with thought provoking questions and end chapters with answers and feedback Summarizing the Evidence boxes in the disorders chapters examine the research and findings that support psychiatric nursing care A family focus and discussions of outpatient care reflect current trends in psychiatric nursing A Patient Speaks and A Family Speaks boxes present short vignettes with the patient s and family s perspectives of the caregiving process Competent Caring A Clinical Exemplar of a Psychiatric Nurse boxes feature the experiences and personal insights of practicing psychiatric nurses Medical and Nursing Diagnoses boxes and Detailed Diagnoses tables emphasize the interdisciplinary approach to patient care by presenting NANDA diagnoses relevant to specific disorders and describing the essential features of the related DSM IV TR diagnoses Nursing Treatment Plan Summary tables present care plans including patient goals with

nursing interventions and rationales Patient Education Plan and Family Education Plan tables include key information that you need to share with the patient and his or her family to facilitate shorter hospital stays and more outpatient care Therapeutic Dialogue boxes offer examples of nurse patient interactions Clinical examples include selected nursing diagnoses Focus Points provide a comprehensive point by point review of the important information in each chapter

Pocket Guide to Psychiatric Nursing, 11e Karyn I. Morgan, Mary C. Townsend, 2020-09-14 2 BOOKS IN ONE 1
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Lippincott's Manual of Psychiatric Nursing Care Plans Judith M. Schultz, Sheila L. Videbeck, 2009
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VA Nursing Home Care Programs United States. Congress. House. Veterans' Affairs, 1967

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