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Evidenced-Based Clinical Reviews

Catherine Ulbricht
Ethan Basch

Leah Hechtman

Natural Standard Medical Conditions Reference E-Book Natural Standard, Catherine Ulbricht, 2008-12-05 Healthcare providers are often approached by patients and clients about alternative therapies whether self prescribing or wanting to add therapies as an adjunct to the medical treatment they will be receiving In addition many healthcare providers plan to incorporate alternative treatments into their practice for a more integrative approach Whichever the case it s important for the healthcare provider to have access to information about alternative and integrative treatments and how they work with standard medical therapies Answering this need is Natural Standard Medical Conditions Reference An Integrative Approach a guick reference book with integrative medicine monographs for more than 100 of the most crucial conditions This is your best source for comprehensive evidence based integrative medicine information categorized according to evidence and proven efficacy Covers 100 of the most commonly seen conditions Integrated therapies are rated according to whether the scientific evidence is good unclear or conflicting slightly negative or strongly negative Each monograph ends with a section on prevention giving tips to help the patient prevent disease conditions or perhaps avoid recurrence after treatment is finished Conventional medical treatment is thoroughly explained as well as lifestyle changes that could benefit the patient The lead author is a PharmD from The Natural Standard Research Collaboration which is well Natural Standard Herb & Supplement Reference Natural respected in both medical and alternative communities Standard (Firm), 2005 Provides detailed evidence based reviews for 98 herbs and dietary supplements Naturopathic Medicine Leah Hechtman, 2012 Clinical Naturopathic Medicine is a foundation clinical text integrating the holistic traditional principles of naturopathic philosophy with the scientific rigour of evidence based medicine EBM to support contemporary practices and principles The text addresses all systems of the body and their related common conditions with clear accessible directions outlining how a practitioner can understand health from a naturopathic perspective and apply naturopathic medicines to treat patients individually These treatments include herbal medicine nutritional medicine and lifestyle recommendations All chapters are structured by system and then by condition so readers are easily able to navigate the content by chapter and heading structure. The content is designed for naturopathic practitioners and students both undergraduate and postgraduate levels and for medical and allied health professionals with an interest in integrative naturopathic medicine detailed coverage of naturopathic treatments provides readers with a solid understanding of the major therapeutic modalities used within naturopathic medicine each system is reviewed from both naturopathic and mainstream medical perspectives to correlate the variations and synergies of treatment only clinically efficacious and evidence based treatments have been included information is rigorously researched over 7500 references from both traditional texts and recent research papers the content skilfully bridges traditional practice and EBM to support confident practitioners within the current health care system Natural Standard Herb & Supplement Guide - E-Book

Natural Standard, 2016-07-28 Covering 400 herbs and supplements Natural Standard Herb Supplement Guide An Evidence Based Reference provides the high quality up to date unbiased information you need to advise your patients No other book can match its expertise and attention to evidence Each monograph is concise and easy to read and includes uses dosage information safety considerations and interactions with drugs and other herbs and supplements At a glance research summaries and an alphabetical organization allow for quick lookup in busy settings Monographs for the 400 most commonly used and prescribed herbs and supplements such as arnica ginseng lavender glucosamine and blue cohosh provide the information you need for effective clinical decision making A unique evidence based A F grading scale evaluates the efficacy of each herb and supplement Unique Rating scales show at a glance the quality of available evidence Updates are peer reviewed and include new scientific evidence dosage recommendations and more Dosing information includes dosages for adults and children and methods for administering Coverage of allergies side effects warnings and pregnancy breast feeding promotes safety by indicating when specific herbs and supplements should not be used or when caution is required A review of evidence includes detailed explanations of clinical trials cited and conclusions drawn especially as they relate to specific diseases and conditions Evidence tables summarize clinical trial data and provide a quick reference for clinical decision making Unique Cross referencing by condition and scientific evidence grade provides a convenient decision support tool making it easy to find the herbs and supplements that may be used for the treatment of particular conditions Pharmacist's Guide to Evidence-Based Medicine for Clinical Decision Making Patrick J. Bryant, Heather A. Pace, 2008-08-31 Take the Practical Approach to Applying EBM Principles Pharmacists who make clinical decisions based on experience alone overestimate the efficacy and underestimate the safety risks of drugs This leads to variations in services and treatment that result in inappropriate care lack of care and increased healthcare costs Evidence based medicine EBM employs the scientific method as the key source of knowledge for making clinical decisions. This easy to use new guide provides a practical approach for confidently applying EBM principles in daily practice It s a straightforward process that allows pharmacists to incorporate their own clinical judgment while they make firm decisions and recommendations based on results of rigorously conducted clinical trials Based on a five step process perfected over 10 years at the University of Missouri Kansas City School of Pharmacy this exciting new method makes it easy to apply the EBM approach in clinical settings The new process streamlines the highly technical and complex original EBM method greatly reducing its complexity while maintaining rigor Categorizing quality of the evidence in a simple and logical manner it provides critical time sensitive support for clinical decision making Pharmaceutical Care with Dietary Supplements Cydney E. McQueen, 2006-12-01 You can help your patients make informed decisions about using dietary supplements by knowing what questions to ask and what answers to give Providing care with supplements offers unique challenges compared to providing care with prescription and OTC medications Pharmaceutical Care with Dietary Supplements provides an examination of those differences that can affect

therapy decisions. This text gives you the tools for effective communication with patients and lays the groundwork for a thorough understanding of the dietary supplement industry FDA regulations types of interactions and therapeutic considerations of use with a large dose of reality and sound advice from experienced healthcare professionals Inside you will find Chapters on Regulations and Legal Issues Reliable Resources for Dietary Supplement Information Product Quality Communicating with Patients about Use of Supplements among others Reality Checks throughout the chapters that provide real life examples and practical tips about dealing with less than ideal situations Additional Insightsthat offer more in depth discussions of topics in the chapters Case Studies at the end of each chapter that serve to illustrate one or more of the major principles of that chapter and help clarify concepts Clinical naturopathic medicine - eBook Leah Hechtman, 2013-06-03 Clinical Naturopathic Medicine is a foundation clinical text integrating the holistic traditional principles of naturopathic philosophy with the scientific rigour of evidence based medicine EBM to support contemporary practices and principles The text addresses all systems of the body and their related common conditions with clear accessible directions outlining how a practitioner can understand health from a naturopathic perspective and apply naturopathic medicines to treat patients individually These treatments include herbal medicine nutritional medicine and lifestyle recommendations All chapters are structured by system and then by condition so readers are easily able to navigate the content by chapter and heading structure The content is designed for naturopathic practitioners and students both undergraduate and postgraduate levels and for medical and allied health professionals with an interest in integrative naturopathic medicine detailed coverage of naturopathic treatments provides readers with a solid understanding of the major therapeutic modalities used within naturopathic medicine each system is reviewed from both naturopathic and mainstream medical perspectives to correlate the variations and synergies of treatment only clinically efficacious and evidence based treatments have been included information is rigorously researched over 7500 references from both traditional texts and recent research papers the content skilfully bridges traditional practice and EBM to support confident practitioners within the current health care system

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