



# Parenting *From* *Your Heart*

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**Inbal Kashtan**

# Parenting From Your Heart

**Tom Holladay, Chaundel Holladay**



## **Parenting From Your Heart:**

**Parenting from Your Heart** Inbal Kashtan,2004-09 The challenges of parenting are addressed with real world solutions that meet the needs of all family members

**Parenting from Your Heart** Norman Shub,2004-03-01 This guide is not an instruction manual As a parent you need to understand that a manual offering tactics and specific steps to take in specific situations would not help you Rather I offer you a guiding philosophy that will inform you and allow you to meet each situation with a set of principles that will help you guide your behavior It will help you the parent understand and develop the skills necessary to be a successful parent Those skills are the ones that parents need to possess in order to open that channel or to create that connection between them and their children Lastly this guide involves your willingness as a parent to focus on yourself rather than studying a set of specific ideas to follow by rote in specific situations I want you to focus on yourself When something goes wrong or when the parents are confused they focus on the child They try to devise strategies for dealing with their children Most parents find this is an extremely frustrating experience Our goal is to redirect parents attention away from devising strategies for dealing with their children It is to get them thinking more about themselves and the changes that they need to make in order to be the parents they want to be The more that you learn about yourself the more the experience between you and your child will be a meaningful one

[I Heart Parenting](#) H. Wallace Webster,2012-10-18 If you have ever looked into the eyes of a parent who is heartbroken over a wayward child then you have seen one of the worst types of pain imaginable When the parent comes to that point there is little you can do As a pastor I have seen that look in far too many parents eyes I have prayed with them cried with them and listened to them as they shared their pain This book is written to help keep parents from ever having to endure that pain If you can capture the hearts of your children early it can prevent them from breaking your heart later That battle is worth waging and it can be won Learn how to win the hearts of your kids to the Lord so that He may use them for His glory and your joy

**Shepherding a Child's Heart: Parent's Handbook** Tedd Tripp,2001-07-01 The Shepherding a Child s Heart Parent s Handbook is not just a fill in the blank study guide that rehearses the material in Shepherding a Child s Heart In the ten years since the publication of Shepherding Tedd Tripp has had the opportunity to teach on childrearing to thousands of young parents across the country and in many other parts of the world That coupled with ten years of insights into God s Word on the subject has resulted in a broader and deeper understanding of the content and application of Shepherding a Child s Heart Here are questions about the meaning and application of Scripture texts to the challenges of shepherding children

**Parenting: 14 Gospel Principles That Can Radically Change Your Family (with Study Questions)** Paul David Tripp,2024-05-14 Paul David Tripp s Bestselling Book on Parenting Now with Study Questions Sometimes parents wish there was a guaranteed formula for raising good kids a certain list of rules to follow to ensure they d have obedient children But if moms and dads view their role through the lens of God s grace they will see that the gospel must first shape how they parent before they can

effectively shape their children In the bestselling book Parenting Paul David Tripp unfolds a more biblical perspective on parenting than merely adhering to a list of rules He lays out 14 gospel centered principles that will radically change the way parents think about what it means to raise up a child informing everything they do as a parent This edition includes a section of engaging study questions for every chapter helping individuals and groups reflect on each topic in greater depth Christ Centered Advice for Families Explains how the gospel should affect the way parents interact with their children at every age Engaging Study Questions Reflect on each chapter alone or as part of a small group By Bestselling Author Paul David Tripp Other books include New Morning Mercies Reactivity and Lead Parenting Your Parents Dr. Grant Ethridge, Tammy Ethridge, 2019-09-03 Help and Hope for the Hard Road Ahead If you are currently providing care for your aging parents or facing the prospect of doing so in the near future you are definitely not alone Dr Grant Ethridge and his wife Tammy have been there having given care during their dads last days They know the stress and uncertainty you face Through their story and those of other caregivers Grant and Tammy share research and practical tips to aid you in dealing with everyday caregiving struggles and situations You will learn how to decide which care is best prepare legal documents handle family disputes and much more They will also share encouragement and advice from the Bible You ll discover that with God s help you can make it through even the most difficult days in your journey Looking after an elderly or sick parent is a physically and emotionally draining experience Let this book give you the tools you need to be successful without giving away your peace of mind in the process And remember as you give care to your parents your Heavenly Father is always caring for you

Spiritually Parenting Your Preschooler C. Hope Flinchbaugh, 2003 Grow them in God s image Seventy five percent of a child s character is developed by the time he is five years old which means that parents of preschoolers have a big responsibility and a lot of fun ahead of them A warm and delightful book written in parent to parent style with splashes of close to home humor Spiritually Parenting Your Preschooler helps parents to Teach your infant toddler or preschooler to encounter God in a real way Win the two year old no no war without emotional scars Build Christ esteem in your adopted child Raise your child alone Experience spontaneous praise and worship with your toddler Select the school that is right for your child and holds fast to your values Discover exciting tools to help your child model God s life and words Hear your child pray expecting answers and then see the miracles In addition to the humor sensitivity and helpful information found in these pages your entire family will be blessed with these practical and godly guidelines for parenting Well you need to read this book from cover to cover Right You ve heard all the practical parenting advice now here s the wisdom that you need to spiritually parent your preschooler **Parenting Your Adult Child** Gary Chapman, Ross Campbell, 1999-01-11 Parenting doesn t end at 18 Has your nest not emptied Has your adult child made lifestyle choices you don t agree with Has becoming an in law made you consider becoming an outlaw Many parents today answer an exasperating yes to these and many other questions that describe the frustration encountered between them and their adult children Parenting no longer ends at 18

yet very few resources are available to help parents better communicate with their child who is no longer a child Ross Campbell and Gary Chapman authors of *The Five Love Languages of Children* have teamed up again to bring us another tool for parenting They will help you deal with such issues as helping your child find success dealing with anger when adult children return with their children religious choices and positive parental love You can survive this stage in your life And with the excellent advice from Drs Campbell and Chapman you can even enjoy it

**Parenting Your Kids with Grace (Birth to Age 10)** Dr. Greg, Lisa Popcak, 2021-04-01 Believe it or not the Catholic family isn't primarily a human institution It's a divine one By uniting with the sacramental life of the Church your common ordinary crazy family becomes something sacred a domestic church Family therapist and parent Gregory Popcak and his wife Lisa are back with *Parenting Your Kids with Grace* Building on their best selling book *Parenting with Grace* first published twenty years ago this new volume draws on the same parenting principles and provides up to date research to guide parents through each stage of child development from birth to age ten Practical faithful and humorous *Parenting Your Kids with Grace* addresses four key questions Are Catholic families called to be different from other families in the way we relate to one another in the home If so how What does an authentic family based approach to Catholic spirituality look like in practice What can the latest research tell us about creating a faithful home and raising faithful kids How can Catholic families be outposts of evangelization and positive social change By checking our basic assumptions about parenting against both the Church's vision and what science can teach about living out that vision in healthy ways we can discover God's plan for parenting healthy godly kids

*Parenting Your Teens and Tweens with Grace (Ages 11 to 18)* Dr. Greg, Lisa Popcak, 2021-04-29 Being a parent of adolescents is tough work Trying to raise faithful teens and tweens can seem like an impossible mission Today's Catholic parents need access to the best tools and most up to date research to help them fully cooperate with God's grace That's what Dr Greg and Lisa Popcak seek to help you do in *Parenting Your Teens and Tweens with Grace* Building on their best selling book *Parenting with Grace* first published twenty years ago this new volume draws on the same parenting principles and provides up to date research to guide parents on how to raise preteens and teenagers with grace and joy Practical faithful and humorous *Parenting Your Teens and Tweens with Grace* will help you Discover proven strategies for raising happy faithful loving preteens and teens Overcome common parenting problems from ages 11 to 18 Create an uncommonly close joyful family life Experience your faith as the source of the warmth in your home You can experience family life as the key to becoming the person God created you to be and help your teens do the same By integrating the Church's vision for family life with what science can teach about living out that vision in healthy ways you can feel confident that you have what it takes to raise great godly teens and tweens About the Authors Dr Greg and Lisa Popcak are the authors of over twenty books and the hosts of *More2Life* a call in advice program airing weekdays on EWTN and SiriusXM 130 Together they direct *CatholicCounselors.com* a Catholic tele counseling practice serving couples families and individuals around the world In collaboration with Holy Cross Family Ministries Dr

Greg and Lisa founded the Peyton Institute for Domestic Church Life which promotes family spirituality and family well being through professional training and original research The Popcaks are members of the U S Conference of Catholic Bishops National Advisory Board for Marriage and Family Ministry

**Parenting Gen Z** Jason Jimenez,2023-01-01 Why is parenting Gen Z so challenging When it comes to raising kids in the Christian faith common challenges like lack of biblical knowledge uncertainty and doubt and the breakdown of discipleship in the home make it difficult for parents to raise spiritually healthy kids Nowhere is this more apparent than with Gen Z the most non Christian generation in American history How can parents instill a love for God in their children and help them avoid the pitfalls unique to their generation Parenting Gen Z is a must read for everyday parents looking for ways to parent their sons and daughters effectively In this motivational guidebook Jason Jimenez tackles today s parenting challenges in a fun and empowering way This book includes easy to follow steps designed to improve your parenting skills and relationships with your kids It covers understanding and relating to Gen Z setting and monitoring device and gaming limits expert advice on how to talk about faith sex porn LGBTQI issues abortion and depression tips for fruitful discipleship applying authority and discipline kids will respect

**Parenting Your Parents** Bart J. Mindszenty,Michael Gordon,2024-03-26 A compendium of family scenarios for those dealing with the guilt worry and difficult decisions that come with eldercare Is it time for your aging father to stop driving How can you balance your career opportunities with your mother s care needs Can your parents cope on their own Is it time for long term care Given their reluctance is that even an option Millions of people are dealing with aging parents and are stunned by the complexities and demands of their care As demographics change and societies adapt that caring that parenting isn t getting any simpler In the fourth edition of this eldercare classic advocate Bart J Mindszenty and geriatrician Dr Michael Gordon present twenty four case studies of families working through the eldercare puzzle With new scenarios such as legalized marijuana and medical assistance in dying this revised and updated edition makes the case for good planning family unity and being aware of your loved ones health With the help of Gordon and Mindszenty s expert advice care providers are able to shed guilt and worry and become confident that they have done all they can to make their parents latter years as fulfilling and comfortable as possible

**Parenting Your Parents** Bart J. Mindszenty,Michael Gordon,2006-10-30 Offers crucial advice to help you care for your elderly parents in the best way possible with a special focus on American resources

**Love-Powered Parenting** Tom Holladay,Chaundel Holladay,2011-12-20 Love Powered Parenting is written out of a love for parenting and a deep desire to encourage parents Yes there are experiences in parenting that can cause deep hurt Yes there are realities in parenting that certainly will cause you to feel inept Yet at the core of it all there is a deep gratefulness for the gift that God gives in the opportunity to love a child This book is a biblical guide to parenting And by biblical guide we mean these pages are intended to take you on a journey through what the truth of God s Word has to say about parenting The main goal is not to uncover psychological truths about your child there are many good resources on psychological theory nor does it include practical

tips for everyday circumstances such as how to get your kids to eat their green beans Here we will explore the simple and profound principles of God s Word to distinguish psychological truth from error educational reality from untested theory and we ll be looking at these tips within the broader context of God s principles for parenting

**The Low-Pressure Guide to Parenting Your Preschooler** Tim Sanford, Timothy L. Sanford, 2016 The Low Pressure Guide to Parenting Your Preschooler is brilliantly written to liberate parents from the expectations of having to be super parents It relieves the pressure to follow long lists of rules to be perfect and to be enslaved by the idea that If you don t do this your kids will turn out terribly This book shows parents that it s really not their job to make sure their child turns out right Instead the author encourages parents to learn the much simpler and more rewarding role God has for them This book Assists parents in recognizing the difference between controlling and influencing actions when it comes to raising preschoolers Provides a four quadrant grid that visually clarifies what parents can and can t control and what they are and aren t responsible for when it comes to interacting with their child Distills the mountain of parenting advice and material down to four overarching principles that are clear and doable The Low Pressure Guide to Parenting Your Preschooler makes the job of parenting simpler and reduces the stress parents feel when it comes to parenting

**Partnering with God in Parenting Our Children** Olan Stubbs, 2025-07-29 Parenting is hard If you are considering this book it is likely because you too think it is hard and are looking for some help In this book Olan Stubbs lets you know that you are not alone and God has not left you to parent on your own Drawing deep from God s Word and tempered by years of experience Stubbs shares godly counsel for weak and weary parents This is not just a how to manual for raising children Rather it is realistic counsel that recognizes the pains of parenthood Yet it also presents us with the hope we need to patiently partner with God in parenting our children

*Parenting Your Child Leader* Darryl Bodkin, 2013-05-24 Darryl Bodkin has written a wonderful treatise on child development and leadership He writes from a child s perspective on parenting and provides invaluable insight on the subject of leadership growth and development When I was 11 years of age my life was torn apart by the loss of my father in a tragic construction accident It was a defining moment for me Fortunately my godly grandmother sat down with me and told me that I had to be the leader in our home since I was the oldest child From that moment leadership was thrust upon me Reading this book has caused me to reflect on that landmark day in my own childhood when I started on a leadership journey I commend Darryl Bodkin s book to you for your enjoyment and personal growth I believe every parent who reads it will benefit from the lessons taught on parenting and will gain an understanding of how to encourage the development of leadership qualities in children Proverbs 3 56 is a sterling reminder of the potential for vital Christian leadership within every child that is born into God s big world Dr Stan A Toler Bestselling Author Oklahoma City Oklahoma

**Smart Leading and Parenting of Teenage Kids in the Digital Era** Dr. Siddhartha Ganguli, 2021-02-10 The physical features of teenage kids change to catch up with their brain circuits ready to take on the pre historic hunter gatherer roles The goal resource mobilisation for survival

Resource mobilisation would not only help them survive but also to earn them invisible rewards by way of positive brain chemicals and electricity. However, the post industrialisation scenario has been quite different. Teenagers get groomed via skill or academic development to take on economic roles latest by their mid twenties. Such grooming strategy does not always lead to the invisible rewards which they would have earned had they been playing their pre historic hunter gatherer roles. Most interestingly today's versatile digital gadgets offer ample scope for earning brain rewards at the cost of sedentary lifestyles. The prevailing work and study from home culture has prompted the teenagers becoming dependent on digital technology and getting addicted to the gadgets for earning rewards. There is thus a new need for the parents of today's teenagers. They must smartly lead themselves and their kids so that digital technology is utilised for their healthy all round development thus preventing any possibility of addiction. Divided into two parts, the Part 1 of this book throws light on the realities combined with tips and Part 2 introduces the new concept of Brain Tools for the use of the kids and the parents based on the author's ongoing research on Neuro management NM.

Parenting Your Premature Baby and Child Deborah L. Davis, 2016-10-19. The premature birth of a baby is both a medical and family crisis. Within the pages of this comprehensive guide, parents will find compassionate support, practical suggestions for coping and adjusting, and advice that empowers them to handle an array of emotions.

Parenting Anxious Kids Regine Galanti PhD, 2024-01-30. Learn simple effective skills to help your child manage their anxiety. The complete CBT based guide for parenting kids with anxiety for readers of *The Anxious Generation*. Do you suspect your child may have anxiety? While it's normal for children of all ages to experience fears and worries, if your child's anxiety interferes with their daily life, it's time to get some help. *Parenting Anxious Kids* is an accessible, research-based guide for parents that is filled with actionable steps to help your child conquer their anxiety and a must-have parenting tool in a world where kids' anxieties and fears are increasing. Utilizing clinically proven cognitive behavioral therapy techniques, *Parenting Anxious Kids* provides parents with the tools they need to support their children without asking them to become their kids' therapist. Author and clinical psychologist Regine Galanti guides parents to help their children grow into resilient, independent, and healthy adults. This book includes: A guide to childhood anxiety based on developmental stages; Assessments to help parents differentiate unhealthy and problematic anxiety from normal transitional anxiety; CBT skills related to parenting styles that foster brave, well-adapted children; Guidance on how parents can support brave behavior as early as toddlerhood, including how to model positive approaches to anxiety. And more. Anxiety in children is manageable; the most important thing is to get started right away so your child doesn't miss out on relationships, activities, and all the things that make being a kid fun. *Parenting Anxious Kids* is the perfect resource to help your child become their best self and learn how to manage anything life throws their way.



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