

By **Bonny Gainley** with **Laurie King**

Look Before You Step

Advice For
Potential Stepparents
And Their Partners



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**Thomas P. Gullotta, Gerald R.
Adams, Sharon J. Alexander**



Look Before You Step Advice For Potential Stepparents And Their Partners:

Look Before You Step Bonny Gainley,2002-10-22 Look Before You Step will help potential stepparents prepare personal strategies for facing the challenges involved in forming a stepfamily by analyzing their own values and goals in relation to the issues they will encounter By considering the issues we describe potential stepparents can objectively determine how they will handle the issues they are likely to face before the issues are upon them and fraught with emotion Look Before You Step contains a collection of real experiences and advice from real stepparents intended to spark conversations for couples contemplating forming a stepfamily because while every stepparenting experience is different there are many common threads We do not want to discourage stepfamily marriages we want to help potential stepparents understand what they are undertaking so that they can avoid some of the anguish others before them have faced Look Before You Step is based on in depth original interviews surveys personal experience and research The text contains studies survey results self inventories advice and discussion questions meant to prompt potential stepparents to recognize similarities with their own situations so that they can easily choose appropriate topics to discuss with their partners **Look Before You Step** Bonny P.

Gainley,2002-10 Look Before You Step will help potential stepparents prepare personal strategies for facing the challenges involved in forming a stepfamily by analyzing their own values and goals in relation to the issues they will encounter By considering the issues we describe potential stepparents can objectively determine how they will handle the issues they are likely to face before the issues are upon them and fraught with emotion Look Before You Step contains a collection of real experiences and advice from real stepparents intended to spark conversations for couples contemplating forming a stepfamily because while every stepparenting experience is different there are many common threads We do not want to discourage stepfamily marriages we want to help potential stepparents understand what they are undertaking so that they can avoid some of the anguish others before them have faced Look Before You Step is based on in depth original interviews surveys personal experience and research The text contains studies survey results self inventories advice and discussion questions meant to prompt potential stepparents to recognize similarities with their own situations so that they can easily choose appropriate topics to discuss with their partners **When Parents Part** Penelope Leach,2016-10-18 A practical

comprehensively researched guide to doing the best for your child during and after separation or divorce from the bestselling author of Your Baby Child one of the world s leading experts on child development and parenting Wide ranging incisive and candid Lots of sound practical advice Psychology Today Using the latest scientific research in child development Penelope Leach details the effects of divorce on children in five stages of life infants toddlers primary school children teenagers and young adults some of whom are far more deeply affected than previously thought She explains recent studies that overturn common assumptions showing for example that many standard custody arrangements for young children can be harmful Leach s advice is meticulously considered and exhaustive covering everything from access custody and financial and legal

considerations to managing separate sets of technology in two households and she includes the voices of parents and children to illustrate her points Above all she holds up mutual parenting as the ideal way to co parent after a divorce offering concrete ways for parents to put responsiveness to their children s needs ahead of their feelings about each other

Marriage without Misery Darrell Rose,Cynthia Rose,2021-09-03 How can we communicate without arguing How can I love my spouse who seems more like my enemy How did we get so distant in our relationship Is divorce the best option for us Do any of these questions sound familiar If so then this book is for you Darrell Rose and his wife Cynthia married for more than thirty five years know firsthand what it is like to struggle For two decades they have counseled hundreds of married and pre marital couples Marriage without Misery uniquely uses actual counseling scenarios that are common in most marriage problems This book not only identifies the root cause of chaos in marriages but also offers solutions that are biblical comprehensible and practical Marriage without Misery was written for those considering marriage to give hope for troubled marriages and to strengthen good marriages It is also a great counseling resource for pastors biblical counselors and church laity As you journey through the pages of this book you will come to realize that no matter how burdensome your marriage may seem there is always hope You can have a healthy thriving marriage relationship by moving from chaos to conformity in Christ

What Works in Stepfamilies Lawrence Ganong,Marilyn Coleman,Caroline Sanner,2024-11-21 This book uses a strengths based approach and resilience perspective to offer guidance on what works in creating effective stepfamily relationships sharing findings and empirically supported best practices for stepfamily members and the family professionals that work with them Drawing from over 2 500 studies Ganong Coleman and Sanner present a comprehensive overview of research on what works to create positive and satisfying stepfamily relationships Chapters address how to work with stepcouples stepparents biological parents co parents stepsiblings and half siblings and biological and stepgrandparents with illustrative case studies throughout It emphasizes the diversity and complexity of stepfamilies including work with LGBTQ stepfamilies stepfamilies from various racial and ethnic groups and stepfamily relationships across the life course from childrearing stepfamilies to those formed later in life This book is essential reading for students researchers and practitioners interested in strengthening stepfamily relationships such as those studying or working in family science marriage and family therapy psychology and social work

Children Today ,1980 Clinical Handbook of Couple Therapy Jay L. Lebow,Douglas K. Snyder,2022-11-14 Now in a significantly revised sixth edition with 70% new material this comprehensive handbook has introduced tens of thousands of practitioners and students to the leading forms of couple therapy practiced today Prominent experts present effective ways to reduce couple distress improve overall relationship satisfaction and address specific relational or individual problems Chapters on major approaches follow a consistent format to help readers easily grasp each model s history theoretical underpinnings evidence base and clinical techniques Chapters on applications provide practical guidance for working with particular populations such as stepfamily couples and LGBT

couples and clinical problems such as intimate partner violence infidelity and various psychological disorders Instructive case examples are woven throughout New to This Edition Chapters on additional clinical approaches acceptance and commitment therapy mentalization based therapy intergenerational therapy socioculturally attuned therapy and the therapeutic palette approach Chapters on sexuality older adult couples and parents of youth with disruptive behavior problems Chapters on assessment and common factors in couple therapy Chapters on cutting edge special topics relationship enhancement telehealth interventions and ethical issues in couple therapy Kiplinger's Personal Finance ,1987-04 The most trustworthy source of information available today on savings and investments taxes money management home ownership and many other personal finance topics Your Growing Child Penelope Leach,2011-07-13 An A to Z compendium of vital information and comfort for every mother and father from new parents bringing home their first infant to parents of adolescents soon to strike out on their own As invaluable as Spock An essential reference book for every parent New York Daily News From the universally admired author of the bestselling classic Your Baby and Child Whether Penelope Leach is telling you what to do when your child suddenly develops a high fever or earache or rash or suggesting how you might determine the reason behind your eight year old s unwillingness to go to school or helping you deal with your adolescent s developing sexuality Penelope Leach s full and specific advice always reflects not only the practice of leading medical authorities but her own immense expertise and experience as a child psychologist her extraordinary sensitivity to the feelings of both child and parent and her grasp of the realities financial professional and social of life today The Process of Parenting Jane B. Brooks,1991 Using a process approach this in depth introduction to parenting children from birth through adolescence includes the theories and practical strategies for how parents and caregivers can establish secure and close emotional relationships with their children The book focuses on two basic tasks of parenting creating close emotional relationships with children and establishing effective limits for children It shows how parents carry out these tasks with children of different ages and with changing life circumstances i e working parents divorce Each chapter includes a section on the joys of parenting reinforcing the positive aspects of being a parent **Cincinnati Wedding** ,2002 Cincinnati Wedding provides everything an engaged couple needs to know about planning a wedding in Cincinnati USA including the region s most comprehensive guide to reception venues gown galleries showcasing the latest trends in bridal wear and countless ideas direct from real life local weddings

Raising Happy Children Javad H. Kashani,1998 Raising Happy Children contains extensive information about common mental disorders ranging from ADD to schizophrenia to tics but the bulk of the book is devoted to answering the questions that occur in everyday life on the playground at school and in the home The roughly 100 entries include such topics as death divorce pets potty training self esteem separation anxiety and shyness as well as more serious problems such as learning disabilities and eating disorders Arranged by age and subject each problem or issue is described in detail Techniques for coping are suggested and case histories illustrate how others have dealt with similar situations **Stepfamilies Stepping**

Ahead ,1989 Today's Marriages and Families Thomas P. Gullotta,Gerald R. Adams,Sharon J. Alexander,1986 Estudio sobre la institucion matrimonial y la vida familliar de los ultimos a os Aborda el tema de los hijos dentro del matrimonio la comunicacion entre los conyuges y por otro lado el tema del divorcio la familia monoparental y los abusos dentro de la familia Dedica algunos de los capitulos a la sexualidad **Changing Times** ,1987 **Coping ... when Your Family Falls Apart** Dianna Daniels Booher,1979 Advice and guidance is given to youngsters whose parents are divorcing **Resources for Teaching Children with Diverse Abilities** Penny Low Deiner,1993 **Know Your Rights, and how to Make Them Work for You** ,1995 Know your rights is the book that empowers you to resolve the dilemma now and forever *Stepping Stones for Stepfamilies* M. Gayle Price,1997 **Stepping Stones for Stepfamilies** Charlotte Shoup Olsen,1997

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