

# Moving free, a total program of post-mastectomy exercises

Carol Walter

Note: This is not the actual book cover

# Moving Free A Total Program Of Post Mastectomy Exercises

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## **Moving Free A Total Program Of Post Mastectomy Exercises:**

**Moving Free, a Total Program of Post-mastectomy Exercises** Carol Walter, Lenore Miller, 1981-01-01 NIH Publication, 1984 **The Breast Cancer Digest** National Cancer Institute (U.S.). Office of Cancer Communications, 1984 **The Breast Cancer Digest**, 1984 Current Catalog National Library of Medicine (U.S.), 1982 First multi year cumulation covers six years 1965 70 Subject Catalog Library of Congress, 1981 **National Library of Medicine Current Catalog** National Library of Medicine (U.S.), 1982 *American Journal of Public Health*, 1982 Includes section Books and reports **National Union Catalog, 1981**, 1982 *The Consumer Health Information Source Book* Alan M. Rees, Judith Janes, 1984 How can an award winning source book that helps consumers find health information be improved Health expert Alan Rees has done just that in his sixth edition by providing practical advice on using the Internet tips on where to find Spanish language health pamphlets and recommendations on what's most important in the world of alternative medicine The sixth edition provides users with an annotated guide to health related resources hotlines newsletters pamphlets Web sites CD ROMS magazines books and more Readers are given a description on each resource and how to best use it

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guidelines A Troubleshooting section in each chapter details potential pitfalls in the recovery from each procedure Over 300 photos and line drawings depict concepts procedures and rehabilitation Detailed tables break down therapy guidelines and treatment options for quick reference Expert contributors include surgeons describing the indications and considerations for surgery as well as the surgery itself and physical or occupational therapists discussing therapy guidelines New coverage of current orthopedic surgeries and rehabilitation includes topics such as disc replacement cartilage replacement hallux valgus and transitioning the running athlete New full color design and illustrations visually reinforce the content Updated Suggested Home Maintenance boxes in every chapter provide guidance for patients returning home References linked to MEDLINE abstracts make it easy to access evidence based information for better clinical decision making *Health Science Books, 1876-1982* ,1982 *Paperbound Books in Print* ,1991 *Feminist Bookstores Newsletter* ,1976 **Key Clinical Topics in Sports and Exercise Medicine** Ali Narvani,Panagiotis Thomas,Bruce Lynn,2014-05-12 Part of the Key Clinical Topics series this title is designed to enable rapid access to core information effective exam revision and the ideal quick reference for day to day practice

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