

THE SOURCEBASE GUIDE TO

SODIUM CALORIES & FAT IN YOUR FOOD

Over 30,000 food products including specialty foods, brand name and generic foods, fast food and restaurant meals. So if you are concerned about your sodium intake to control high blood pressure here is the only reference you will need to make food comparisons and buying decisions.

Nutrition Facts

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Journal of Internal Medicine 255: 105–114

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Sodium 3

Total Fat

Calories

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Nutribase Guide To Sodium Calories And Fat In Your Food:

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