

## Medium and long term follow-up

Ensure perticipation in cardiac rehabilitation

Admission

- Annual assessment with GP or nurse to:
- · Review adherence to medication
- Review cardiovascular ICVI symptoms.
- Assess improvements in CV risk factors.
- Assess improvements in CV risk sectors, including 89 diabetes, and serum lipids
- Review smoking , physical activity , diet, and psychological wellbeing
- Signpost patients to sources of information.
- · Advise about red flag symptoms

# Follow-up: within 4 weeks

- Primary cam clinidan can
  - Confirm diagnosis

Primary PCI

- Explain PCI and shack access site
- Examine for AF, murmut, heart failure
- · Review medication, titrate dose
- Assess anxiety and depression

. Recommend lifestyle changes:

Early intervention

- · Quit amoking
- · Mediterrengen diet
- At least 2.5 hours a week of moderate physical activity

All safe after 7 days

- Question and concerns after uncomplicated PO:
  - · Car driving.
  - · Hying
  - . Sexual activity

### Discharge

 3 days after uncomplicated PD

EMInST elevation myscard at infarction, ECGne lectrocard agraphy. PCIncercutaneous correspy intervention, Alf-activi fibrillation, BP-blood pressure.

# **Longterm Management Of Patients After Myocardial Infarction**

**Xiang Xie** 

**Longterm Management Of Patients After Myocardial Infarction:** 

#### Longterm Management Of Patients After Myocardial Infarction Book Review: Unveiling the Power of Words

In some sort of driven by information and connectivity, the energy of words has are more evident than ever. They have the capability to inspire, provoke, and ignite change. Such is the essence of the book **Longterm Management Of Patients After Myocardial Infarction**, a literary masterpiece that delves deep in to the significance of words and their impact on our lives. Written by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book is key themes, examine its writing style, and analyze its overall affect readers.

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