

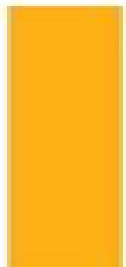
Henry Hobhouse



Seeds of Change

SIX PLANTS THAT
TRANSFORMED MANKIND

By the author of *Seeds of Wealth*



Seeds Of Change Six Plants That Transformed Mankind

Jeffrey John Deakin



Seeds Of Change Six Plants That Transformed Mankind:

Seeds of Change Henry Hobhouse, 1986 A fascinating account of how five plants quinine sugarcane tea cotton and the potato have impacted on humanity since the 16th century The significance of these plants has been felt socially industrially and economically in myriad ways A few examples give the flavor of this book By alleviating the debilitating effects of malaria quinine opened up the tropics making possible the development of the resources of Africa and Asia plus making available vast numbers of people for cheap labor Millions of black people were taken to the Caribbean to grow sugarcane for which there was an addictive demand A great demand also developed for tea in Europe because it was a stimulating nonalcoholic drink To pay for the tea the British exchanged opium which caused the decline of China Cotton prolonged the use of slavery a lucrative trade in itself and ultimately led to Civil War in the US even though slavery had already fallen into disfavor in other parts of the world By citing many primary sources Hobhouse graphically illustrates the changes in the course of human history that are attributable to plants rather than to the human factors usually cited New insights and perspectives on the impact of plants and nature gleaned from this book are compelling Highly recommended C S Dunn University of North Carolina at Wilmington Choice Reviews

Seeds of Change Henry Hobhouse, 2005-11-22 A personal and highly original take on the history of six commercial plants Seeds of Change illuminates how sugar tea cotton the potato quinine and the cocoa plant have shaped our past In this fascinating account the impassioned Henry Hobhouse explains the consequences of these plants with attention grabbing historical moments While most records of history focus on human influence Hobhouse emphasizes how plants too are a central and influential factor in the historical process Seeds of Change is a captivating and invaluable addition to our understanding of modern culture

Seeds of change Henry Hobhouse, 1985 **Organic Chemistry** Jeffrey John Deakin, 2024-05-23 Human benefit from the organic chemistry of plants is incalculable in terms of health food comfort and security Indeed the future well being of humanity rests in significant measure upon a responsible relationship with the plant kingdom in order to re establish balance in the Earth s natural environmental systems In a highly readable volume Organic Chemistry Miracles from Plants presents many fascinating points of entry to the organic chemistry of a wide range of crucially important naturally occurring chemical substances which are derived from plants Features Presents in a readable and accessible manner many fascinating points of entry to the organic chemistry of a wide range of crucially important naturally occurring chemical substances which are derived from plants Key concepts in and knowledge of organic chemistry are reinforced Highly relevant and contemporary context stimulates learning in organic chemistry Searching exercises and extension materials are provided at the end of every chapter each of which is amply illustrated In a single source this volume provides knowledge challenge and valuable learning opportunity in chemistry medicine nutrition and the environmental sciences Recipient of the 2025 American Botanical Council s James A Duke Excellence in Botanical Literature Award ABC has chosen Organic Chemistry Miracles from Plants due to its engaging and readable exploration into

the role plants play in human lives and as a result creates an accessible introduction to the field of organic chemistry

Fully Alive Tyler Gage, 2017-08 In the spirit of Adam Braun's *The Promise of a Pencil* and Blake Mycoskie's *Start Something That Matters* *Fully Alive* tells the story of an astoundingly successful young entrepreneur's immersion in Amazonian indigenous spirituality and how he integrated the lessons he learned to build a successful socially responsible company live a purposeful life and make a difference in the world In *Fully Alive* Tyler Gage shares his spiritual adventures and the business savvy that helped him create RUNA a tea and energy drink company that collaborates with the indigenous people of Ecuador to harvest the master plant guayusa revealing a centuries old guiding philosophy for building a sacred way of living that he discovered through Amazonian shamanism Following these teachings what began as a humble start up has now grown into a thriving multi million dollar company selling products in more than 10 000 stores across the United States and Canada With the help of collaborators like Channing Tatum Leonardo DiCaprio and Olivia Wilde RUNA has created a sustainable source of income for the 3 000 farming families in Ecuador who grow guayusa organically while also establishing a nonprofit organization dedicated to positively impacting the issues that affect these indigenous communities Packed with practical and inspiring lessons this book offers a comprehensive examination of how we too might become fully alive both in business and as individuals

Tomorrow's Table Pamela C. Ronald, Raoul W. Adamchak, 2018-03-12 *Tomorrow's Table* argues that a judicious blend of two important strands of agriculture genetic engineering and organic farming is key to helping feed the world's growing population in an ecologically balanced manner Pamela Ronald a geneticist and her husband Raoul Adamchak an organic farmer take the reader inside their lives for roughly a year allowing us to look over their shoulders so that we can see what geneticists and organic farmers actually do Readers see the problems that farmers face trying to provide larger yields without resorting to expensive or environmentally hazardous chemicals a problem that will loom larger and larger as the century progresses and they learn how organic farmers and geneticists address these problems The book is for consumers farmers and policy decision makers who want to make food choices and policy that will support ecologically responsible farming practices and for anyone who wants accurate information about organic farming genetic engineering and their potential impacts on human health and the environment The first edition was published in hardcover in 2008 and in paperback in 2009 This second edition reflects the many and varied changes the fields of farming and genetic engineering have seen since 2009 It includes a new preface and three new chapters one on politics and food related protests such as the Marin county anti vaccine movement and the subsequent outbreak of whooping cough one on farming and food security and one containing various recipes Existing chapters on the tools of genetic engineering organic vs conventional foods the tools of organic agriculture and food labeling and legislature have all been updated

Ancestral Diets and Nutrition Christopher Cumo, 2020-11-19 *Ancestral Diets and Nutrition* supplies dietary advice based on the study of prehuman and human populations worldwide over the last two million years This thorough accessible book uses prehistory

and history as a laboratory for testing the health effects of various foods It examines all food groups by drawing evidence from skeletons and their teeth middens and coprolites along with written records where they exist to determine peoples health and diet Fully illustrated and grounded in extensive research this book enhances knowledge about diet nutrition and health It appeals to practitioners in medicine nutrition anthropology biology chemistry economics and history and those seeking a clear explanation of what humans have eaten across the ages and what we should eat now Features Sixteen chapters examine fat sweeteners grains roots and tubers fruits vegetables and animal and plant sources of protein Integrates information about diet nutrition and health from ancient medieval modern and current sources drawing from the natural sciences social sciences and humanities Provides comprehensive coverage based on the study of several hundred sources and the provision of over 2 000 footnotes Presents practical information to help shape readers next meal through

recommendations of what to eat and what to avoid **Food Lit** Melissa Brackney Stoeger,2013-01-08 An essential tool for assisting leisure readers interested in topics surrounding food this unique book contains annotations and read alikes for hundreds of nonfiction titles about the joys of comestibles and cooking Food Lit A Reader s Guide to Epicurean Nonfiction provides a much needed resource for librarians assisting adult readers interested in the topic of food a group that is continuing to grow rapidly Containing annotations of hundreds of nonfiction titles about food that are arranged into genre and subject interest categories for easy reference the book addresses a diversity of reading experiences by covering everything from foodie memoirs and histories of food to extreme cuisine and food expos s Author Melissa Stoeger has organized and described hundreds of nonfiction titles centered on the themes of food and eating including life stories history science and investigative nonfiction The work emphasizes titles published in the past decade without overlooking significant benchmark and classic titles It also provides lists of suggested read alikes for those titles and includes several helpful appendices of fiction titles featuring food food magazines and food blogs Tea Paul Chrystal,2014-10-15 The tale of Britain

s greatest love affair begins with the arrival of tea here in the seventeenth century Since then it has shaped our lives our history our work and our culture So put the kettle on and read the amazing story of tea *The Age of Low Tech* Philippe Bihouix,2020-10-21 People often believe that we can overcome the profound environmental and climate crises we face by smart systems green innovations and more recycling However the quest for complex technological solutions which rely on increasingly exotic and scarce materials makes this unlikely A best seller in France this English language edition introduces readers to an alternative perspective on how we should be marshalling our resources to preserve the planet and secure our future Bihouix skilfully goes against the grain to argue that high technology will not solve global problems and envisages a different approach to build a more resilient and sustainable society **Ecological Sustainability for Non-timber Forest**

Products Charlie M. Shackleton,Ashok K. Pandey,Tamara Ticktin,2015-03-24 There is growing knowledge about and appreciation of the importance of Non timber Forest Products NTFPs to rural livelihoods in developing countries and to a

lesser extent developed countries However there is also an assumption on the part of policy makers that any harvesting of wild animal or plant products from the forests and other natural and modified ecosystems must be detrimental to the long term viability of target populations and species This book challenges this idea and shows that while examples of such negative impacts certainly exist there are also many examples of sustainable harvesting systems for NTFPs The chapters review and present coherent and scientifically sound information and case studies on the ecologically sustainable use of NTFPs They also outline a general interdisciplinary approach for assessing the sustainability of NTFP harvesting systems at different scales A wide range of case studies is included from Africa Asia and South America using plant and animal products for food crafts textiles medicines and cosmetics

Broken Scales Tom Diaz,2021-10-15 Humans are a species that classifies We arrange the flow of the things and events that we see and experience place them into categories and erect boundaries around those categories Among the boundaries that we erect are those that we put around groups of other human beings The evil side of human classification of other human beings is that we sometimes create false categories of other people as is often the case in racial ethnic and religious stereotypes This unmindful creation of empty categories of human characteristics is what happened during two periods crucial to the construction of race in America This is racism The United States is in a period of deep cultural flux and conflict much of it seen through the lens of race Tom Diaz proposes that the everyday actions of ordinary people in the context of extreme political and cultural polarization distort the criminal justice system and betray the lofty ideals expressed in American founding documents and centuries of Anglo American articulations of basic human rights These everyday actions range across a spectrum from the armed intervention of private citizens in the forms of individual action neighborhood watches and citizen s arrests to the expectations imposed on law enforcement in particular and the criminal justice system in general

Straw Dogs John Gray,2016-03-29 The British bestseller *Straw Dogs* is an exciting radical work of philosophy which sets out to challenge our most cherished assumptions about what it means to be human From Plato to Christianity from the Enlightenment to Nietzsche and Marx the Western tradition has been based on arrogant and erroneous beliefs about human beings and their place in the world Philosophies such as liberalism and Marxism think of humankind as a species whose destiny is to transcend natural limits and conquer the Earth John Gray argues that this belief in human difference is a dangerous illusion and explores how the world and human life look once humanism has been finally abandoned The result is an exhilarating sometimes disturbing book that leads the reader to question our deepest held beliefs Will Self in the *New Statesman* called *Straw Dogs* his book of the year I read it once I read it twice and took notes I thought it that good Nothing will get you thinking as much as this brilliant book Sunday Telegraph

Storia della storiografia ,2005 *Fragile Futures* Vito Tanzi,2022-05-19 This book revisits a distinction introduced in 1921 by economists Frank Knight and John Maynard Keynes that between statistically predictable future events risks and statistically unpredictable uncertain events uncertainties Governments have generally ignored the latter

perceiving phenomena such as pandemics natural disasters and climate change as uncontrollable Acts of God As a result there has been little if any preparation for future catastrophes Our modern society is more interconnected and more globalized than ever Dealing with uncertain future events requires a stronger and more globally coordinated government response This book suggests a larger more global government role in dealing with these disasters and keeping economic inequalities low Major institutional changes such as regulating the private sector for the common good and dealing with special harms risks and crises especially those concerning climate change and pandemics are necessary in order to achieve any semblance of future progress for humankind

Biological Diversity Paul E. Hatcher, Nick Battey, 2011-03-23 *Biological Diversity* takes a fresh innovative approach to the teaching of biodiversity Rather than detailing and cataloguing the major taxa and their evolutionary relationships the authors have selected 18 groups of organisms and used these as a framework in which to discuss the species and their interactions with man and each other There is a strong narrative theme throughout the exploited and the exploiters and in many cases there is emphasis on the historical context A wide range of organisms are covered from the unicellular to birds and mammals and with an equal consideration of plants and animals Species have been chosen for their ability to best illustrate particular biological principles and for their strong interaction with other species After an introduction the book is divided into two parts Exploited and Exploiters Each of the chapters although linked to each other forms a stand alone essay They are scientifically rigorous up to date and do not shy away from addressing some controversial issues Chapters have text boxes highlighting important issues and concepts lists of further reading and references In addition to tables and figures the book has a selection of original illustrations drawn by leading artist Steven Appleby This fresh approach will appeal to all those interested in the biological sciences and aims to be accessible to people with a diversity of backgrounds It will prove particularly useful to biology students enabling them to get to grips with important biological principles and concepts that underpin the diversity of life and the interrelationship of humans with other groups of organisms

The Micro-historian's Guide to Research, Evidence, & Conclusions Reginald W. Bacon, 2019-09-18 *The Micro Historian's Guide to Research Evidence Conclusions* imparts useful guidance to motivated historians genealogists special interest researchers and local history enthusiasts As long buried sources become available via the internet more regular folks without a Ph D in history are joining the fun of information gathering and shining new light on under explored history yet often with no foundation of method The author answers the call with this volume paying forward the guidance received from long ago mentors as well as from present day historians and archivists Topics include research planning execution evaluation of evidence formulation of conclusions and the crafting of a summary narrative Each topic is enriched by practical examples from the author's experience The aim is to help the new practitioner build a foundation of research skills that leads to evidence based conclusions The author's perspective of experience as a disciplined researcher but also with roots as a no nonsense old school newspaper reporter occasionally prompts a mild tease of the buttoned down

genealogy proof standard or conversely a deflating poke at flabby interpretation and moribund academic writing wherever it may fester The Micro Historian s Guide to Research Evidence Conclusions draws theory from dozens of history genealogy historiography and research giants through the ages The book also pays tribute to that long ago cigar chomping newspaper editor who admonished a young reporter Yer mother sez she loves ya You still gotta check it out *Global Environmental History* Ian G Simmons,2008-03-05 Courses which deal with environmental history have long lacked a comprehensive overview I G Simmons has made a significant contribution with a book that looks at the long term history of environment and humanity from 10 000 BC to AD 2000 This far reaching text considers the global picture and recognises the contributions of many disciplines including the natural sciences the social sciences and increasingly the humanities As a starting point this book takes the major phases of human technological evolution of the last 12 000 years and considers how these have affected the natural world It then considers the response to conditions such as climate change putting today s preoccupations into a long term perspective This is a book of history not prophecy and so makes no judgements on current anxieties

Brain-Robbers Frances R. Frankenburg MD,2014-03-28 A psychiatrist examines how the world s four most important mind altering substances alcohol cocaine nicotine and opiates have played a significant role throughout human history and explains how these powerful drugs affect the brain and cause addiction Alcohol cocaine nicotine and opiates have spurred some of the greatest human pleasure and pain across time Providing information that ranges as widely as from ancient Egypt to modern times this book comprehensively addresses the good the bad and the very ugliest aspects of these substances examining their history their effects on the brain and body and on civilization itself Frances R Frankenburg MD employs accessible everyday language to explain the neurology of addiction and describe how these brain robbing substances work to hijack the brain s pleasure systems to create powerful addictions The author also provides perspective into the intertwined inescapable and often uneasy relationship between these substances and human culture economics and politics for example how individuals become physically or psychologically addicted to alcohol cocaine nicotine and opiates while governments become financially addicted to the revenue such as taxes that can be collected from the sale and use of these substances

Shooting Up /Lukasz Kamie'nski,2017-08-31 From hallucinogenic mushrooms and LSD to coca and cocaine from Homeric warriors and the Assassins to the first Gulf War and today s global insurgents drugs have sustained warriors in the field and have been used as weapons of warfare either as non lethal psychochemical weapons or as a means of subversion Lukasz Kamie'nski explores why and how drugs have been issued to soldiers to increase their battlefield performance boost their courage and alleviate stress and fear as well as for medical purposes He also delves into the history of psychoactive substances that combatants self prescribe a practice which dates as far back as the Vikings Shooting Up is a comprehensive and original history of the relationship between fighting men and intoxicants from Antiquity till the present day and looks at how drugs will determine the wars of the future in unforeseen and remarkable ways

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