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Radiation Protection. Dosimetry

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*Corresponding author Email: Boboqulova607@email.com Abstract: In the article, dosimetry of ionizing radiation considers the properties of ionizing radiation, physical quantities describing the field of radiation or the interaction of radiation with substances, as well as the principles and methods of their determination.

Dosimetry deals with the physical quantities associated with expected radiation exposure. These quantities are usually called dosimetric. The established relationship between the measured physical quantity and the expected radiation effect is the most important feature of dosimetric quantities. Without this connection, dosimetric measurements lose their meaning.

Key words: Ionizing radiation, radiation effect, dosimetry, nuclide activity in a radioactive source, exposure dose rate.

Introduction

The main cause of radiation exposure is the absorption of ionizing radiation energy by the irradiated object, and the dose as a measure of absorbed energy is the main dosimetric quantity.

Quantification of the radiation dose affecting a living organism is necessary, first of all, for the identification, assessment and prevention of possible radiation hazards for humans. If hygienists and radiobiologists need to answer the question of what are the maximum permissible levels of radiation from the point of view of biological risk, dosimeters must ensure the correct measurement (determination) of these levels.

The development of dosimetry was initially fully determined by the need to protect people from the harmful effects of ionizine radiation. Soon after the discovery of X-rays (1895), its harmful effects

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