

Jaundice associated pruritis: A review of pathophysiology and treatment

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Abstract

To review the underlying pathophysiology and currently available treatments for pruritis associated with jaundice. English language literature was reviewed using MEDLINE, PubMed, EMBASE and clinicaltrials.gov for papers and trails addressing the pathophysiology and potential treatments for pruritis associated with jaundice. Recent advances in the understanding of the peripheral anatomy of itch transmission have defined a histamine stimulated pathway and a cowhage stimulated pathway with sensation conveyed centrally via the contralateral spinothalamic tract. Centrally, cowhage and

histamine stimulated neurons terminate widely within the thalamus and sensorimotor cortex. The causative factors for itch in jaundice have not been clarified although endogenous opioids, serotonin, steroid and lysophosphatidic acid all play a role. Current guidelines for the treatment of itching in jaundice recommend initial management with biliary drainage where possible and medical management with ursodeoxycholic acid, followed by cholestyramine, rifampicin, naltrexone and sertraline. Other than biliary drainage no single treatment has proved universally effective. Pruritis associated with jaundice is a common but poorly understood condition for which biliary drainage is the most effective therapy. Pharmacological therapy has advanced but remains variably effective.

Key words: Jaundice; Pruritis; Biliary drainage; Bile acids; Lysophosphatidic acid

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Care tip: The occurrence of pruritis in association with jaundice has been recognized for many years but its pathogenesis is poorly understood. Recent advances in understanding the neural pathways involved in itch have contributed to the clinical treatment of this important symptom.

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INTRODUCTION

Jaundice (from the French *jaune* meaning yellow), refers to the yellowish discolouration of the skin,

Pruritis In Clinical Medicine Pathology And Treatment

Michael Hoelscher



Pruritis In Clinical Medicine Pathology And Treatment:

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https://pinsupreme.com/files/publication/Documents/Scale_Dependence_And_Scale_Invariance_In_Hydrology.pdf

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