

Decision-Making Steps



1. Does a decision need to be made?
2. Stop and think before you act. What do you need to know to make a healthy decision?
3. Do you need help with this decision? Who can help?
4. What choices do you have?
5. What are the possible outcomes for each of these choices?
6. What's the healthy choice for you? Why?
7. Are you happy with the results of your decision?

Making Healthy Decisions For Injury

JL Elias



Making Healthy Decisions For Injury:

Embark on a breathtaking journey through nature and adventure with Explore with is mesmerizing ebook, Natureis Adventure: **Making Healthy Decisions For Injury** . This immersive experience, available for download in a PDF format (*), transports you to the heart of natural marvels and thrilling escapades. Download now and let the adventure begin!

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