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# Redesign Your Body The 90 Day Real Body Makeover

**Kellyann Petrucci, Patrick Flynn**



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expose the hidden rules that make life as a woman unnecessarily hard and deconstructs them in a way that's bold, provocative and hilarious. Whether it's shaming women for having their periods, allowing them into STEM fields but never treating them like they truly belong, or dictating strict rules for how they should dress in every situation, Erin breaks down the organized chaos of old-fashioned sexism, intentional and otherwise, that systemically keeps women down. The Makeup Artist Handbook Gretchen Davis, Mindy Hall, 2017-06-26 Learn first-rate techniques and tips from some of the best makeup artists in the business in the new edition of The Makeup Artist Handbook. Renowned makeup pros Gretchen Davis and Mindy Hall bring an impressive set of experience in all areas to the book, including work on *Teenage Mutant Ninja Turtles*, *Steve Jobs*, *The Wolf of Wall Street*, *Blue Jasmine*, *Star Trek*, *Pearl Harbor*, HBO's *Looking*, and many other films and TV shows. This full-color comprehensive new edition offers brand-new photographs and on-the-job examples to demonstrate makeup techniques and fundamentals on topics such as beauty, time periods, black and white photography, and up-to-date information on cutting-edge techniques like computer-generated characters, makeup effects, mold making, airbrushing, and plenty of information on how to work effectively on set. **New York Magazine**, 1995-11-13 New York magazine was born in 1968 after a run as an insert of the New York Herald Tribune and quickly made a place for itself as the trusted resource for readers across the country. With award-winning writing and photography covering everything from politics and food to theater and fashion, the magazine's consistent mission has been to reflect back to its audience the energy and excitement of the city itself while celebrating New York as both a place and an idea. **Popular Mechanics**, 1928-12 Popular Mechanics inspires, instructs, and influences readers to help them master the modern world. Whether it's practical DIY home improvement tips, gadgets, and digital technology information on the newest cars or the latest breakthroughs in science, PM is the ultimate guide to our high-tech lifestyle. **Resources in education**, 1991 **The Commercial Motor**, 1910 **Working Mother**, 2000-10 The magazine that helps career moms balance their personal and professional lives. Flying Magazine, 2004-05 New York Magazine, 1997-02-03 New York magazine was born in 1968 after a run as an insert of the New York Herald Tribune and quickly made a place for itself as the trusted resource for readers across the country. With award-winning writing and photography covering everything from politics and food to theater and fashion, the magazine's consistent mission has been to reflect back to its audience the energy and excitement of the city itself while celebrating New York as both a place and an idea. Charisma and Christian Life, 2003 *TV Guide*, 2006

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